



# THE SUNRISE TIMES



Bulletin of Rotary Club of Secunderabad District

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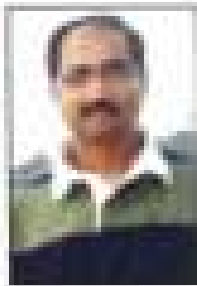
Volume 1, VII Issue No. 1 May 2009-2010	Mrs. John Kenny V.P. President	Mrs. C. Suresh V.P. Secretary	Mrs. M. Chandrasekhar President	Mrs. L.L. Col. Joseph George Secretary	www.rctsa.in
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## Editorial :

To Rotarians,

Warm greetings to you All !

All the outset, let me convey my profound and heartfelt thanks to all the Rotarian Members for their valuable contributions and their involvement in making the first issue of The Sunrise Times a laudable success. I would like to thank all the members to have shown tremendous interest in the quiz which was published in the first issue and the answer for the same is given in this issue. Since I am releasing this bulletin on Charter File, one page of this bulletin has been dedicated to all the Past Presidents of our club. It is a proud privilege for me to release this special issue keeping in view of the Charter file of our club and the District Governor's visit on the 28th December 2009. The months of October and November were very memorable and filled with educative and informative speaker meetings, vocational fellowships, District Meetings apart from Entertainment at its best. Enjoy reading this issue, Contribute for the next issue and enjoy every bit of Rotary.



— Mr. Srinivas Gurnidell



## President's Message :

Dear Rotarians,

As I set to write this message, I suddenly realize that we are completing the successful six months of RCSS year 2009-2010. This success would not have been possible without the support and co-operation of the dynamic Board of Directors, Committee Chairmen, Dedicated Members and the galaxy of Past Presidents. It was a very interesting and exiting journey as the President of this young and vibrant club. The first half was full of fun and frolic with Service above self by attending a Government School and are seriously planning to get in to a long term Service project in the area of health. I would like to congratulate Mr Srinivas Gurnidell for his stupendous work in getting this issue of The Sunrise Times released for Governor's Official Visit and Charter File at a very short notice.

— Mr. Chandrasekhar M

## Diwali Dhamaka



Cont... 2



Dwek Dhamoka Fellowship was held on 10th Oct 2009 at Gumideli Towers, Begunpat. The fellowship was filled with lot of fun and frolic involving almost everybody. It was a mixed bag of movies for kids, Family Games, Cards party, Cracker Show and above all delicious mouth watering snacks and dinner with cocktails. The highlight was a record 120 people attending the fellowship. The fellowship was hosted by the families of Rtn Srinivas Gumideli, Rtn Mudit and Rtn Vijay Rathi with support from Rtn. Lokesh Jain & Rtn. Sameer Gupta.



## Rtn. KALYAN BANERJEE IS CHOICE FOR 2011-12 RI PRESIDENT

Rtn. Kalyan Banerjee, a member of the Rotary Club of Vapi, Gujarat, India, since 1972, is President nominee of Rotary International for 2011-12.

Rtn. Banerjee said he would like to see Rotary blossom from being the world's most recognized service organization to being the most important NGO (Non Governmental Organization) in the world.

"Rotary, it is said, has the strength of a government and the tenderness of a parent," he added.

Rtn. Banerjee is a director of United Phosphorus Limited, the largest agrochemical manufacturer in India, and the chair of United Phosphorus (Bangladesh) Limited. He is a member of the Indian Institute of Chemical Engineers and the American Chemical Society, a past president of Vapi Industries Association, and former chair of the Gujarat chapter of the Confederation of Indian Industry. He earned a degree in chemical engineering from the Indian Institute

of Technology, Kharagpur, in 1964.

Rtn. Banerjee has served Rotary as a director, Rotary Foundation trustee, committee and task force chair, International Assembly group



discussion leader, president's representative, and district governor.

The chair of the Southeast Asia Regional PolioPlus Committee, Rtn. Banerjee has served as a member of the International PolioPlus Committee for many years and has attended

international meetings with the World Health Organization and UNICEF in that capacity.

Rtn. Banerjee is a Major Donor, Benefactor, and Bequest Society member, and has been awarded the Founder's Citation for Meritorious Service and its Distinguished Service Award.

Rtn. Banerjee also serves as a trustee of Rotary club-sponsored trusts that support many educational and community development programs in India, including a 250-bed hospital.

He noted that Rotary's strengths include its ability to attract leaders from different vocations around the world, as well as its role in promoting peace. "Rotary needs to become the preferred organization for today's generation to join and participate in, to make the world better and safer and happier," he said.

Rtn. Banerjee's wife, Binota, is a social worker and Inner Wheel club member. The couple have two children and four grandchildren.

## Pampering vs Love

Pampering weakens you. Love creates you. Pampering works with your ego. Love works on you. Pampering is a mere facade, wanting to appear nice. Love has the courage to risk being mistaken and hence will be a constructive critic. Pampering will selfishly leave you as you. Love will even dare to risk the friendship to create the friend.

Pampering is like boozing. It gives you a joyful evening, but nothing about you will change. Love is like meditation. It may seem as if nothing is happening, and yet everything about you will change.

Crave to be loved and created, and not to be pampered to stagnation.

## INTERESTING READ !! TAKE CARE . . .

Make a checklist, check whether the medicine is in your home or whether it has been recommended by your doctor... please DO NOT use it... Please Read Very Carefully - INFORM ALL YOUR FRIENDS & FAMILY MEMBERS India has become a dumping ground for banned drugs; also the business for production of banned drugs is booming. Plz make sure that u buy drugs ( only if prescribed by a doctor)Also, ask which company manufactures it, (this would help to ensure that u get what is prescribed at the Drug Store) and that also from a reputed drug store... Not many people know about these banned drugs and consume them causing a lot of damage to themselves. We forward Jokes and other junk all the time. This is far more important.

**DANGEROUS DRUGS HAVE BEEN GLOBALLY DISCARDED BUT ARE AVAILABLE IN INDIA . . .** The most common ones are Vicks Action 500 & Nimulid.

### **PHENYLPROPANOLAMINE :**

cold and cough. Reason for ban : stroke.  
Brand name : Vicks Action-500

### **ANALGIN:**

This is a pain-killer. Reason for ban: Bone marrow depression.  
Brand name: Novolgin

### **DISAPRIDE:**

Acidity, constipation. Reason for ban : irregular heartbeat.  
Brand name : Cox, Gyprite

### **DROPERIDOL:**

Anti-depressant. Reason for ban : Irregular heartbeat.  
Brand name : Droperid

### **FURAZOLIDONE:**

Antidiarrhoeal. Reason for ban : Cancer.  
Brand name : Furzone, Lomofan

### **IMESULIDE:**

Painkiller, fever. Reason for ban : Liver failure.  
Brand name : Nosa, Nimulid

### **NITROFURAZONE:**

Antibacterial cream. Reason for ban : Cancer.  
Brand name : Furacin

### **PHENOLPHTHALEIN:**

Laxative... Reason for ban : Cancer.  
Brand name : Agasil

### **OXYPHENBUTAZONE:**

Non-steroidal anti-inflammatory drug. Reason for ban : Bone marrow depression.  
Brand name : Sool

### **PIPERAZINE:**

Anti-worms. Reason for ban : Nerve damage.  
Brand name : Piposaline

### **QUINIOCHLOR:**

Anti-dandruff. Reason for ban : Damage to sight.  
Brand name: Entersquid



What did the gangster's son tell his dad when he failed his examination?

"Dad, they questioned me for 3 hours, but I never told them anything!"

What's the difference between people who pray in church and those who pray in casinos?  
The ones in the casinos are serious.

When I was young I used to pray for a bike, then I realized that God doesn't work that way, so I stole a bike and prayed for forgiveness.



A little boy went up to his father and asked:  
"Dad, where did all of my intelligence come from?"  
His father replied: "Well, son, you must have gotten it from your mother, because I still have mine."

John's teacher sent a note home to his mother, saying: "John seems to be a very bright boy, but spends too much of his time thinking about girls."  
The mother wrote back the next day:  
"If you find a solution, please advise. I have the same problem with his father!"

- Contributed by Rtn. Praveen Sharma

## Answer to Test your IQ

Q : Can you figure out what these words have in common?

- 1 Barons      2 Dresser      3 Grammar  
4 Potato      5 Revise      6 Unaven

A: Take out the first letter in each word and place it at the end. Now, read the word from the end, you will get the original word.

The closest answer was given by Rtn Jitender Agarwal. Congrats Jitu!

# RCSS IN ACTION @ 3150



Tain Cities Rotary Presidents with Governor at the Rotary Foundation



Felicitating Rotary International President Nominee  
Rtn. Rajat Banerji



RCSS Members at Rotary Foundation Seminar



RCSS Members with International President Nominee  
Rtn. Rajat Banerji



President and Societies Skit of the entertainment  
organized at International President Nominee Felicitation  
Programme



## RCSS congratulates **Rahul**



Rahul Sir, our president Rtn. M. Chandre Sakhare got  
engaged to Meghna at Rajshimondry

## Birthdays from 1st Jan - 28th Feb

Birthdays of	Date	Member Name
Shantana ( Spouse)	1st Jan	Mr. K.Prasanna Kumar
Tara Parmar (Spouse)	2nd Jan	Mr. Rajesh Parmar
Tiger(Son)	2nd Jan	Mr. Ajaykumar Gudei
M.Rahul (Son)	3rd Jan	Mr. M. Chandra Shekhar
Santa (Daughter)	3rd Jan	Mr. Sanjay Dohari
Mr. Mahi (Daughter)	4th Jan	Mr. F. A. Romayya
Ami (Spouse)	6th Jan	Mr. Anupam F.
Rohan Parmar (Son)	7th Jan	Mr. Rajesh Parmar
Anita Partha (Spouse)	11th Jan	Mr. C.P.Partha
S. Vignesh (Son)	14th Jan	Mr. Madhu Suman
S.S. Swetha (Daughter)	17th Jan	Mr. S.S. Uday Kumar
G.Nagini (Spouse)	17th Jan	Mr. Brianne Campbell
Rishi Sharma (Son)	21st Jan	Mr. Manish Sharma
Shiva (Daughter)	22nd Jan	Mr. K.R.P. Sanathya
Jan (Son)	23rd Jan	Mr. Sanjay Dohari
Mr. Shiv Karti Rathi	28th Jan	
Mr. K.Prasanna Kumar	28th Jan	
Ashwarya Sharma (Daughter)	28th Jan	Mr. Manish Sharma
Mr. Dr. Kallash Datta	30th Jan	
Rita (Spouse)	5th Feb	Mr. Urmil Dhata
Mr. Sarav Gupta	6th Feb	
TV Reddy	8th Feb	
Sampa (Spouse)	10th Feb	Mr. TV Reddy
Smriti Parmar (Daughter)	12th Feb	Mr. Rajesh Parmar
Yash (Son)	14th Feb	Mr. Subhas Chandhara
Mr. Rahul Manchanda	16th Feb	
S.R. Devika (Spouse)	18th Feb	Mr. S.S. Radhikranthi
Harsh (Son)	22nd Feb	Mr. Ajit Gandhi
Anshu Reddy (Son)	24th Feb	Mr. TV Reddy
Mr. Sanjay Dohari	25th Feb	
Mr. Manish Sharma	26th Feb	
S.Kameswar (Spouse)	28th Feb	Mr. S.S.Murthy

## Wedding Anniversaries from 1st Jan - 28th Feb

Member's Name	Spouse Name	Date
Mr. Madh Kumar	Madhu	18th Jan
Mr. Visha Srivastav	Roha Srivastav	17th Jan
Mr. Jaidev Prasad Vasandani	Mrs. Rajeswar	2nd Feb
Mr. K.R.P. Sanathya	Sandhya	7th Feb
Mr. G.V.N. Swetha Papp	G. Ramadevi	12th Feb
Mr. S.S. Uday Kumar	S. Rama	15th Feb
Mr. Manish Sharma	Indira Sharma	20th Feb
Mr. S.S.Murthy	S.Kameswar	22nd Feb
Mr. Subhas Chandhara	Asha	23th Feb
Mr. Shyam Gupta	Usha	25th Feb
Mr. Anil Pater Goyal	Soama Goyal	25th Feb

## WHACKY DEFINITIONS

**School:** A place where Papa pays and Son plays.

**Life Insurance:** A contract that keeps you poor all your life so that you can die rich.

**Nurse:** A person who wakes u up to give you sleeping pills.

**Marriage:** It's an agreement in which a man loses his bachelor degree and a woman gains her masters.

**Tears:** The hydraulic force by which masculine will power is defeated by feminine waterpower.

**Lecture:** An art of transferring information from the notes of the Lecturer to the notes of the students without passing through "the minds of either"

**Conference:** The confusion of one man multiplied by the number present.

**Compromise:** The art of dividing a cake in such a way that everybody believes he got the biggest piece.

**Dictionary:** A place where success comes before work.

**Conference Room:** A place where everybody talks, nobody listens and everybody disagrees later on.

**Father:** A banker provided by nature..

**Boss:** Someone who is early when you are late and late when you are early.

**Politician:** One who shakes your hand before elections and your Confidence after.

**Doctor:** A person who kills your ill by pills, and kills you by bills.

**Classic:** Books, which people praise, but do not read.

**Smile:** A curve that can set a lot of things straight.

**Office:** A place where you can relax after your strenuous home life.

**Yawn:** The only time some married men ever get to open their mouth.

**Etc.:** A sign to make others believe that you know more than you actually do.

**Committee:** Individuals who can do nothing individually and all to decide that nothing can be done together.

**Experience:** The name men give to their mistakes.

**Atom Bomb:** An invention to end all inventions.

**Philosopher:** A fool who torments himself during life, to be wise after death.

- Contributed by **Mr. Sarvesh Gupta**

## Quick Fire from Past Presidents

2019-2020 Dr. Sabina Goss	2018-2019 Dr. James P. Lee	2017-2018 Dr. April Blandin	2016-2017 Dr. James P. Lee	2015-2016 Dr. Susan Verna	2014-2015 Dr. Angela Poynter	2013-2014 Dr. Robert Smith	2012-2013 Dr. Barbara
2011-2012 Dr. Martha Burch	2010-2011 Dr. Robert Smith	2009-2010 Dr. Steven Mason	2008-2009 Dr. Robert Smith	2007-2008 Dr. Wally Hall	2006-2007 Dr. James P. Lee	2005-2006 Dr. Robert Smith	2004-2005 Dr. Robert Smith
2003-2004 Patricia	2002-2003 Barbara	2001-2002 Meredith, Mar	2000-2001 Dr. Robert Smith	1999-2000 Joseph	1998-1999 Barbara	1997-1998 Barbara	1996-1997 President Robert
2000-2001 Dr. Patricia Burch	1999-2000 Patricia	1998-1999 Dr. James P. Lee	1997-1998 Dr. Robert Smith	1996-1997 Joseph	1995-1996 Dr. James P. Lee	1994-1995 Dr. Robert Smith	1993-1994 President Robert
College	Western State of Ohio	OSU	St. Joseph's College	Edinboro	Western College (OH)	Western College	Western College
Previous Role	Assistant Director	Ohio Adjunct	Speech major	Army Surgeon	Army Surgeon	Army Surgeon	Army Surgeon
Previous School	University of	Western State	Western State	Edinboro	Edinboro	Edinboro	Edinboro
Previous Organization	University	Edinboro	Edinboro	Edinboro	Edinboro	Edinboro	Edinboro
Current Org.	Private	Private	Private	Private	Private	Private	Private
Favorite Movie	Beauty	Beauty	Beauty	Beauty	Beauty	Beauty	Beauty
Favorite Sport	Football	Football	Football	Football	Football	Football	Football
Favorite Hobby	Reading	Reading	Reading	Reading	Reading	Reading	Reading
Fun Game	Big Game	Big Game	Big Game	Big Game	Big Game	Big Game	Big Game
Favorite Color	Blue	Blue	Blue	Blue	Blue	Blue	Blue
Life's Motto	1	1	1	1	1	1	1
Fun Fact/Event as President	Never thought I'd be President	Never thought I'd be President	Never thought I'd be President	Never thought I'd be President	Never thought I'd be President	Never thought I'd be President	Never thought I'd be President
Advice to Presidents	Be kind to the body team	Be kind to the body team	Be kind to the body team	Be kind to the body team	Be kind to the body team	Be kind to the body team	Be kind to the body team

## ROSHNI ROSHNI

Volunteers from Roshni have addressed our club at Hotel Ramat Lingapur on 14<sup>th</sup> Nov 2008.



Roshni is a suicide helpline that offers free, unconditional support to the depressed and the suicidal. Roshni is an effort to counter the accelerating suicide rates in a country where over 90,000 people kill themselves every year. They are guided by the belief that "Suicide is not a wish to die, but a cry for help."

Roshni is affiliated to Befriendor's International - operating in 40 countries over the world, and with the support of over 40,000 volunteers.

35 rigorously trained volunteers at Roshni, Hyderabad are there to lend an ear to any mental problems - whether due to the get-next-door, physical abuse, health problems or even if you start to realize that you actually prefer the boy-next-door and not his sister. If you don't have an issue with anonymity, you can even drop in at their center for a personal session.

## MOVIE FELLOWSHIP

A movie fellowship of "Kab Prem ki Gaddi Kahar" was organized at Cinema on 17<sup>th</sup> Nov 2008, 7pm. More than 100 members from Rotary family of RCSS attended the movie show and enjoy the fellowship and the movie. Thanks to Rtn Phaneendra Kumar and family for hosting this very successful fellowship.



## COFFEE WITH MANISH

On 31<sup>st</sup> October we had a vocational fellowship at our member Rtn Manish Sharma's Nokia Showroom, Begumpet at 6.30 am. The meeting was moderated by Rtn Sameer Gupta and during the course of the meeting the members gained more information on the vocation and family life of Rtn Manish Sharma. The meeting was very interactive and informative. The meeting was followed by a sumptuous breakfast.



## EDUCATION ABROAD



Our member Rtn Sameer Gupta who is a pioneer in international education has addressed our club on 3<sup>rd</sup> Oct 2009 and explained the advantages of studying in US,

UK and Australia. He has highlighted the education methodology adopted in these countries, spoke about the financial implications, procedures and formalities for obtaining a student visa, prospects of earning while studying etc. He also cleared lot of doubts about the ongoing media hyped student harassment in Australia. All in all it was a very interesting and informative session to our members, since quite a few of our members are planning to send their children abroad for higher education. This meeting was held at Hotel Marriott followed by breakfast.

## SWETHA UDAY @ COPENHAGEN



Eighteen-year-old Swetha Sobha Shashyan Didi, our Rtn. Uday, follows in actions, not talks. So at one of the greatest talk shops of this year, she is an active volunteer, participating every day in at least two or three 'actions'—a reference to the numerous rallies, sits, demonstrations and other attention-seeking events that are carried out by youth delegates from around the world to highlight the dangers of climate change.

Swetha, who comes from Hyderabad is one of nearly 2,000 young members who have gathered at the Bella Centre in Copenhagen, the conference venue, and who have added colour and life to the drab, technical and often-confrontational negotiations here. They carry out marches with placards and slogans, break into a song highlighting the need to preserve nature, enact a drama, or just 'tweet' for sometime, as they did on Friday.

"The idea is to convey the message. We want to attract the attention of the negotiators and tell them what the youth from all over the world expect from them," says Swetha, who incidentally financed part of her trip to Copenhagen by collecting waste from schools, colleges and her neighbourhood in Hyderabad and selling it to a waste management company.

Volunteers like Swetha and Aaysha are in great demand by different non-governmental organisations wanting to send out a message to the negotiators inside the conference rooms and have been spending 15-16 hours everyday at work.

The volunteers concede that there is little that they have achieved in moulding the negotiations in a particular direction but feel good about being acknowledged for the good work that they are doing.

"On the first day, when we had an action planned at (UNFCCC Executive Secretary) Yvo de Boer's press conference, de Boer actually came up to me and said 'Good job. Keep at it,'" Swetha says.

# THE ART OF GIVING

Rivers do not drink their own water,  
nor do trees eat their own fruit...  
nor do rain clouds eat the grains reaped by them.  
The wealth of the world is used solely for the benefit of others?  
Even after accepting that giving is good and  
that one must learn to give,  
several questions need to be answered.

The first question is **when should one give?**  
Yudhishthir asks a beggar seeking alms to come the next day.  
On this, Bhishm replies, that Yudhishthir his brother,  
has conquered death!  
For he is sure that he will be around tomorrow  
to give. Yudhishthir gets the message.  
One does not know really whether one will be there  
tomorrow to give!  
The time to give therefore is NOW!

The next question is **how much to give?**  
One recalls the famous incident from history.  
Rana Pratap was weeping after defeat from the Moghals.  
He had lost his army, he had lost his wealth,  
and most important he had lost hope, his will to fight.  
At that time in his darkest hour, his erstwhile minister  
Bhanasaha came seeking him and placed his entire fortune  
at the disposal of Rana Pratap.  
With this, Rana Pratap raised an army  
and loved to fight another day.  
The answer to this question how much to give, is  
"Give as much as you can!"

The next question is **what to give?**  
It is not only money that can be given.  
It could be a flower or even a smile.  
It is not how much one gives but how one gives  
that really matters.  
When you give a smile to a stranger  
that may be the only good thing  
noticed by him in days and weeks!  
"You can give anything but  
you must give with your heart!"

One also needs answer to this question **whom to give?**  
Many times we avoid giving by finding fault with the person

who is seeking. However, being judgmental and rejecting  
a person on the presumption that he may not be the most  
deserving is not justified.

"Give without being judgmental!"

Next we have to answer **How to give?**  
Coming to the manner of giving, one has to ensure  
that the receiver does not feel humiliated;  
nor the giver feels proud by giving.  
"Let not your left hand know what your right hand gives!"  
Charity without publicity and fanfare,  
is the highest form of charity. "Give quietly!"  
While giving let not the recipient feel small or humiliated.  
After all what we give never really belonged to us.  
We come to this world with nothing and will go with nothing.  
The thing gifted was only with us for a temporary period.  
Why then take pride in giving away something  
which really did not belong to us?  
Give with grace and with a feeling of gratitude.

**What should one feel after giving?**

We all know the story of Eklavya.  
When Dronacharya asked him for his right thumb  
as "Guru Dakshina", He unhesitatingly cut off the thumb and  
gave it to Dronacharya.  
There is a little known sequel to this story.  
Eklavya was asked whether he ever regretted the act of  
giving away his thumb when he was dying.  
His reply was "Yes! I regretted this only once in my life.  
It was when Pandavas were coming in to kill Dronacharya  
who was broken hearted on the false news of death of  
his son Ashwathama and had stopped fighting.  
It was then that I regretted the loss of my thumb.  
If the thumb was there, no one could have dared hurt my Guru!"  
The message to us is clear.  
Give and never regret giving!

And the last question is **How much should we prosper for our  
fears?**

Ask yourself, "Are we taking away from from the  
"gift of work" – a source of happiness?"  
The answer is given by Warren Buffett: "Leave your kids enough  
to do anything, but not enough to do nothing!"  
I would conclude by saying let us learn the Art of Giving,  
and quoting Saint Kabir:  
"When the wealth in the house increased  
When water fills a boat, Throw them out with both hands!  
This is the essence of giving friends."

- Contributed by Rtn. Lt Col Joseph P George

This issue sponsored by

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