



A 100% Paul Harris Fellow Club

THE SUNRISE TIMES

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Rotary Club of Secunderabad Sunrise

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RI President 04-05

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Secretary

Rotary
International
News

Know Your
Rotarian
Couple

Sunrise
News

Infotainment
Programs and
Announcements

Spare a Thought

- We are born with two eyes in front because we must always look behind, but see what lies ahead beyond ourselves.
- We are born to have two ears-one left, one right so we can hear both sides collect both the compliments and criticisms, to see which are right.
- We are with a brain concealed in a skull.. Then no matter how poor we are, we are still rich, for no one can steal what our brain contains, packing in more jewels and rings than you can think.
- We are born with two eyes, two ears, but one mouth ... For the mouth is a sharp weapon It can hurt, flirt, and kill Remember our motto: talk less, listen and see more.
- We are born with only heart.. Deep in our ribs, it reminds us to appreciate and give love from deep with in.

Our Club meets every Saturday at Taj
Tristar over Breakfast at 8:30 am.

The Four-Way Test

“Of the things we think, say or do

- Is it the Truth?
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned?”



Book Post
To

This Edition is sponsored By
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Australian government honors Rotarian for volunteer efforts

The government of Australia has honored Danny Low, a past governor of District 9680 (New South Wales), for his contribution toward assisting developing countries to reduce poverty and achieve sustainable development. On 14 September, Health Minister Tony Abbott presented Low with a certificate of recognition that carries his signature alongside those of Prime Minister John Howard and Foreign Affairs Minister Alexander Downer.

"I am happy and honored" to be recognized, particularly for the excellent work done by all Rotarians," says Low.



Australian health Minister Tony Abbott (right) presents PDG Danny Low with a certificate of recognition on 14 September

A member of the Rotary Club of Mosman, Low was especially recognized for initiating and carrying out, with the support of his fellow club members, medical missions in Myanmar (formerly Burma) and Vietnam over the last 16 years. Since Low's first visit to Vietnam in 1992, the Mosman club has sponsored several teams of surgeons traveling to different cities in that country, to perform much-needed hand and heart surgeries and transfer skills to their Vietnamese counterparts.

The club was granted a permit to operate as a non governmental organization, or NGO, by Vietnam's People Aid Coordinating Committee in 1996.

"This means that we are a recognized entity," says Low. "Our local partners are generally the hospitals in Vietnam, orphanages, and any Vietnamese organization we choose to work with." The club's NGO status has also helped raised awareness of Rotary. "The Vietnamese government is fully aware of the contributions of Rotary International," he says. Currently, a team of heart surgeons supported by Sydney's Adventist Hospital and a number of Australian Rotary clubs (including Mosman) is working in Ho Chi Minh City, Vietnam. During a 4-6 October trip, Low will present 126 new wheelchairs to some of the city's poor and disabled. A team of hand surgeons is scheduled to visit Yangon, Myanmar, in November.

"We are able to help anyone interested in undertaking projects in Vietnam and will consider joint projects with other Rotary clubs," says Low.

Rotarians in India and the Philippines forge new ties

When four Indians traveled to the Philippines on their maiden Rotary Friendship Exchange tour this year, they joined a growing number of Rotarians forging new interclub or inter-district relationships. For six days in early February, the Rotary Club of Metro Baguio, Philippines, in District 3790, hosted a team of visitors representing four clubs in District 3130 (part of Maharashtra, India). "This was the first-ever [Friendship] Exchange from my district," says team leader Vyankatesh S. Metan, a member of the Rotary Club of Solapur East and chair of the District 3130 Rotary Friendship Exchange Committee.

The Indian team made presentations on the Friendship Exchange program and opportunities for joint projects at the weekly meetings of area Rotary clubs and a special gathering of several club and district officials.

All members of the Metro Baguio club participated in the exchange program, including lunches, dinners, karaoke, a meeting with the city mayor, recreational and cultural events, trips to shopping malls and local tourist destinations, and a tour of government institutions, businesses, and other places of professional interest to the Indian Rotarians.

Highlights of the exchange included a meeting with Baguio Mayor Bernardo Vergara, who presented the visitors with the keys to the city, and a half-hour television interview about India and the Friendship Exchange program. According to Metan, who is a medical doctor, one of the most touching moments of the exchange was a visit to the home of an ailing Rotarian.

We had a nice lunch in his home where all Rotarians and [their spouses] had prepared food for us. It was a very good example of unity and cohesiveness."



Rotarians from the Philippines host a group from India

"We are really thankful to our wonderful Rotary organization for this excellent program that brings Rotarians of different countries together," says Metan, who adds that all the team members are "quite pleased" with the exchange. "We got international friends, my club and the Rotary Club of Metro Baguio now have a sister club relationship, and we will be doing projects in the Philippines."

In addition to Metan, the exchange team members were Sunil Dawda (Rotary Club of Solapur North), Laxmikant Kabra (Barshi), and Upendrakumar Maharana (Solapur North East). District 3790 Rotarians are now planning a reciprocal visit.

President's Column

My aim, as President for Rotary Centennial Year and with the theme, Celebrate Rotary, started with a bang on installation night, with Chief Guest PDG V. Jawahar giving a very inspirational speech on the endeavors of our Club.



The main programs were spelt out that night and the last quarter saw most of them implemented successfully and a few are in process. These include, handing over the Medical Equipment to the Mother & Child Department of the Andhra Mahila Sabha, inaugurated by Hon. Finance Minister of AP. Shri K Rosiah, identifying a permanent service project, starting an interact club, vocational visits, Club PR

programs, many fun filled evenings, picnics, planning fund raising programs, and many more interesting activities.

Prominent speakers were called for regular meetings on Saturday Mornings at Hotel Taj Tristar. These included speakers like Dr. V. Venkataraman, on Customer Relationship Management from Central University, Mr. N.P. Chandrashekar on Brand Building in Today's Business Paradigm, Mr. Ralph Sunil, GM Prasads IMAX, on Body Language, and Dr. Chandak on Genetic Disorders.

Our Club has started greeting and gifting Members & their Families on Birthdays and Anniversaries in every meeting & we are sending greeting cards by post. This is being taken care by our Club Service Director, Rtn. G. Srinivas and myself.

As promised, we had organized one fun filled family get together every month. This started with a Speaker Fellowship Meet on Etiquettes, hosted by two members on their birthdays, Rtn. Pawan Tibrewala and Rtn. Shyam Gupta. We then had a Vocational Visit to Koyellagudem, a village famous for Ikkat Weaving, hosted by PP Rtn. Vaman Rao and Rtn. Jitender Agarwal, followed by a movie at Prasads IMAX, hosted by Rtn. S.K. Verma and Rtn. Satish. I thank all the hosts for the fellowship programs.

In the coming few weeks we have planned for an Inter-Club Antakshri Program. This will be a good chance for our club to meet Rotarians from other clubs and make new friends. We would be having our first Poilo Plus Booth this month. Fund raising programs are being planned for November & December. This month our Club would be visiting the Vizag on a three day vocational trip, and I am happy to see the response of all the members.

SUNRISE TIMES is being released every month in a different & elegant style thanks to the efforts of Rtn. Shravan Malani and Rtn. Asha Pai.

My aim is to make our club 100% Paul Harris fellow Club and in this effort already 70% of the club have contributed in this regard. Members are charged up with excellent support to the Centennial Team & I look forward for the same support in the coming days.

* * * * *

Rotary Club of Secunderabad Sunrise is happy to award the following member for maintaining 80% and above attendance in the July-September Quarter. The award was announced on installation nite.

- 1 Narender Gauri
- 2 Lokesh Jain
- 3 Vaman Rao
- 4 Ajit Gandhi
- 5 Chandrashekar M
- 6 Ravindranath
- 7 Suresh Verma
- 8 Rajesh Pamnani
- 9 KRP Sarathy
- 10 Pawan Tibrewal
- 11 Shyam Gupta
- 12 Rakesh Reddy
- 13 Subas Dandhanian
- 14 Jitender Agarwal
- 15 Sandeep Jhawar

These awards will be sponsored by President Lokesh Jain.

The Month Gone By...

We herald the month of September, which brings with it conflicting emotions. We celebrate, on the one hand, the birthday of the world's most ardent lover, Lord Krishna and the ever popular Lord Ganesha; and on the other, observe human frailty and strengths arising out of the September 11 attacks, which brings into sharp focus the ability of mankind to rise above all calamities.

However, the Ganesh-utsav seems to lose its luster as the devout forget the sanctity of the festival, and make a mockery of it, by glorifying a cricket Ganesha or a Spiderman Ganesha; or have the idols competing with the twin towers in a show of superiority. We should not forget that the attack on the towers was an act of terrorism and should keep the sanctity of each in its place.

On this note, let me get back to our club activities On September 4th, we had a talk on Body Language by Mr. Ralph Sunil, General Manager of Prasad's Multiplex, It was a very interactive talk which was well received, by all those present. .



The following Saturday, the 11th our Club matadors attended the Joint Polio Conference, inaugurated by none other than our own Chief Minister, Mr. Y.S Rajashekar Reddy. From all accounts, this disease has been successfully eradicated in India, and before the end of this decade, we are confident, it will be consigned to history books. We were all looking forward to the family outing on September 18th, and it couldn't have come a day sooner. It was a movie at Prasads Imax, 'Ek Se Badhkar Ek'. The hosts RTN S.K. Verma and RTN Satish Manohar did a capital job of it. However, it can't be argued that the after-movie treat was the highlight of the day.



We wrapped up the month's activities by a talk by Mr. Krishna Swamy on September 25th on Consumer Protection, Problems and Solutions. Though the attendance was low, the talk was well received by all those who attended the meeting.



Twin clubs touch lives of more than 5,000 South African Children

Thousands of children in South Africa are discovering through a twin club initiative that math is a lifeline rather than the dreaded subject it's reputed to be. Officially known as Number Skills, the effort is also the Centennial Community Project of the Rotary Club of Tzaneen, in Limpopo Province.

According to club president Gwenn van Schalkwyk, the club considers its support of numeracy initiatives a top priority because educational research has identified both the lack of number skills and the resulting inability to develop problem-solving and reasoning skills as major shortcomings in learners of all ages.



Through play, Number Skills provides children with a fulfilled way to acquire number skills

The Project granered international support after van Schalkwyk met Fran of Stanthorpe, Queensland, Australia, at a local AIDS Orphanage and invited her to a club meeting in September 2003. On a volunteer mission

In South Africa the time, the Australian Rotarian and educator quickly fell in love with Number Skills and got her club interested in twinning with the Tzaneen club and becoming a cosponsor.

The project received a US\$4,019 Matching Grant from The Rotary Foundation to purchase math workbooks specially written for students with learning disabilities or social disadvantages that hinder their education.

The Tzaneen club has raised nearly 500,000 rand (more than \$76,000) from local District 9250 and nonprofit organizations to fund Number Skills. More than half the total came from the Shuttleworth Foundation, established by dot-com entrepreneur Mark Shuttleworth, South Africa's first space traveler, to support math and science projects. Currently, more than 5,000 students and over 100 teachers from Limpopo' and Western Cape provinces are participating in Number Skills. Contingent on the availability of additional funding, the club plans to maintain support for the schools that are already involved with the project while looking to expand into new areas.

Six Sigma - Mumbai Dabawalas

They make one Error on every 16 million transactions. The world renowned Forbes magazine has selected them as a colossal example of six sigma's success...

Logistics at its best.

The Mumbai Tiffinwall as are international figures now thanks to Forbes Global. The Forbes story details the efficiency which with they delivers the Tiffins of their customers. Around 5000 Tiffinwallas deliver 175,000 lunches everyday and take the empty Tiffin back.

They make One Mistake in 2 months. This means there is one Error on every 16 million transaction. This thus as a 6 Sigma performance (a term used in quality assurance in the percentage of correctness in 99.9999999)- the performance which has made companies like Motorola world famous for their quality.

Following is the comp

These are the men who deliver 175,000 lunches (or "Tiffin") each day to offices and schools throughout Mumbai, the business capital of India. Lunch is in a tin container consisting of a number of bowls, each containing a separate dish, held together in a frame. The meals are prepared in the homes of the people who commute into Mumbai each morning and delivered in their own Tiffin carriers. After lunch, the process is reversed. And what a process-in its complexity, the 5,000 tiffinwallahs make a mistake only about once every two months, according to Ragunath Medge, 42 president of the Mumbai Tiffinmen's Association.

That's one error in every 8 million deliveries, or 16 million if you include the return trip. "If we made 10 mistakes a month, no one would use our service," says the cragily handsome Medge.

How do they do it? The meals are picked up from commuters' homes on suburbs around central Mumbai long after commuters have left for work, delivered to them on time, then picked up and delivered home before the commuters return.

Each Tiffin carrier has, painted on its top, a number of symbols which identify where the carrier was picked up, the originating and destination stations and the address to which it is to be delivered. After the Tiffin carriers are picked up, they are taken to the nearest railway station, where they are sorted according to the destination station. Between 10: 15 a.m. and 10:45 a.m. they are loaded in crates onto the baggage cars of trains. At the destination station they are unloaded by other Tiffinwallahs and resorted, this time according to street address and floor. The 100-kilogram crates of carriers, carried on tiffinwallahs' heads, hand-wagons and cycles are delivered at 12:30 p.m. picked up at 1: 30 p.m. and returned where they came from.

The charge for this extraordinary service is just 150 rupees (\$ 3.33) per month, enough for the tiffinwallahs, who are mostly self-employed, to make a good living. After paying Rs.60 per crate and Rs.120 per man per month to the Western Railway for transport, the average Tiffinwallahs clears about Rs. 3,250. Of that sum, Rs.10 goes to the Tiffinmen's Association.

After minimal expenses, the rest of the Rs. 50,000 a month that the Association collects go to a chari table trust that feeds the poor. Superb service and charity too. Can anyone ask for more?
Comments:

What is wonderful about this system is that it extends the design and uses the tiffinwallahs, the end user and their cognitive and memory structure as well. Since one Tiffinwallahs is not going to pick more than 10-20 tiffin, he can easily sort recognize at the originating station and deliver it to the owner. Also within a building, the tiffinwala knows which floor to deliver. Winth in a floor a owner can amongst others.

Thus these Tiffins carry only* A symbol (not name) of the originating station. *A symbol for the destination station * A symbol for the building where the addressee is.

And what is more amazing is that this is run by people, most of whom are not that literate.
Salaam (salute) to the Sprit of Mumbai!!

Compiled by Rtn. Ajit gandhi

A middle aged woman had a heart attach and was taken to the hospital. While on the operating table she had a near death experience. Seeing God she asked " Is my time up?" God said. "No, you have another 43 years. 2 months and 8 days to live."

Upon recovery, the woman decided to stay in the hospital and have a Facelift, liposuction, and a tummy tuck. She even had someone come in and change her hair color. Since she had so much more time to live, she figured she might as well make the most of it. After her last operation, she was released from the hospital.

While crossing the street on her way Home, she was killed by an ambulance. Arriving in front of God, she demanded, " I thought you said i had another 40 years?"

Why didn't you pull me from out of the path of the ambulance ? "

God replied"I didn't recognize you."

Know Your Rotarian Couple

Your name: *Narender Gauri*

How are you called? *Vicky*

Anns name: *Ashu*

How do you call her? *Ash (generally), Shu (When Annoyed), A GaG (for special requests)*

Something about your wife? *24/7 Gussa 4 me.*

What upsets her and how do you make her happy?

Almost all about-me. Make her happy by replying HA JI for all what she says.

Your best moment in life?

Narender: *Pre wedding*

Rohini : *Post Gunjan and Suesha (daughters)*

When did you first meet Ashu and what were her reactions?

Met her at her house at Delhi where she wanted to flert and be done with it. This was love at first sight for me fixed for life then and there...not to loose the great opportunity... told her and her family..... Ashu had cold hands and feet.....

Place of Honeymoon?

Booked for XYZ places which were cancelled due to ill health of both Honeymoon was then a year later for two months to Europe... would advise all for an early wedding and a late honeymoon.

Your favorite pastime

Narender: *No time to Passtime.*

Ashu: *Watching TV, Shopping and spending time with kids.*

How do you spend time with your family? *Playing games, watching movies, socializing, fighting, etc.,*

How will you spend one lakh in a day? *Where multiplication can happen.*

What have you learned from Rotary and your experiences as a PP? *As a team ONE can make WONDERS happen.*

Programs for October				Team 04-05
Saturday	2th Oct 8:30 am	Hotel Taj Tristar	Business Meeting	Rtn Lokesh Jain <i>President</i>
Saturday	10th Oct 6:00 pm 8.00 am	Hotel Nakshatra	Inter Club Antakshari Hosted by RC of See' bad Sunrise Polio Program at I-health Centre Adigutta, East Marredpally.	Rtn. B.S. Ravindranath <i>Secretary</i> Rtn. Rajesh Pamnani <i>Vice President</i> Rtn. S.K. Verma <i>President Elect</i>
Saturday	16th Oct 8:30 am	Hotel Taj Tristar	Speaker Meeting Talk by Mr. SriramHAju GM Dept. of Non-Conventional Energy, Govt. of A.P.	Rtn. Subhas Dhandhanian <i>Treasurer</i> Rtn. G. Srinivas Rtn. N. Chandrashekhar
Friday To Monday	22nd Oct to 25th Oct	Vizag	Vocational Visit to the Vizag Steel Plant and Dassera Celebrations.	Rtn. Dr. Kailash Gupta Rtn. K.R.P. Sarathy Rtn. Sandeep Jhavar
Saturday	30th Sep 8:30 am	Hotel Taj Tristar	Speaker Meeting Talk by Mrs. Karuna Gopal Customer Care	Rtn. Monica Gossain Rtn. Ranjeet Chowdhary <i>Directors</i>
Sunrise Wishes				Rtn. Jeetender Agarwal <i>Sergent-at-Arms</i>
Birthdays		Anniversaries		Rtn. Vaman Rao <i>Centennial celebration Chairman</i>
2nd Rtn. Ranjit Choudhary 11th Rtn. Ram 23rd Rtn. Srinivas G. 26th Rtn. K.R.P. Sarathy 27th Rtn. S.B. Uday Kumar		9th Rtn. Dr. Kailash Gupta 14th Rtn. Vikrant Mohan		

Below is the updated calendar of events for 2004-05. This is also available on our district website
[http://www.rotary3150.org/events/district events.htm.](http://www.rotary3150.org/events/district%20events.htm)

Dates (s)	Events	29th Jan'05	District Conference
2nd-3rd Oct'04	Zonal Seminar on Membership Devel.	30th Jan'05	
8th-9th Oct'04	Zonal seminar on RF Stewardship chennai TRF	20th Feb'05	Polio National Immunization Day
10th Oct'04	Polio National Immunization Day	23rd Feb'05	Centenary celebrations
30th Oct'04	RYLA Nagarjuna Sagar	27th Feb'05	District Leadership Seminar
1st Nov'04		22nd Mar'05	Multi Dist. Meet on Water Day Celebrations
7th Nov'04	District Seminar on the Rotary Foundation Hyderabad	10th Apr-	Outgoing GSE Team from RID
21st Nov'04	Polio National Immunization Day	5th May'05	3150 Korea
28th Nov'04	District Seminar on Public relations	18th May'05	RI convention Chicago
3rd - 5th Dec'04	RI Institute	June'05	
10th-11th Dec'04	RI Presidential Celebration on Literacy	30th June'05	District Awards Night Hyderabad
18th-19th Dec'04	Sports & Cultural meet for Andhra		
18th-19th Dec'04	Sports & Cultural meet for Telegana		
18th-19th Dec'04	Sports & Cultural meet for city		
9th Jan'04	Polio National Immunization Day		
10th Jan-	Incoming GSE Team RID 3720		
5th Feb-05	(Korea)		

Please participate in all the above in full strength.