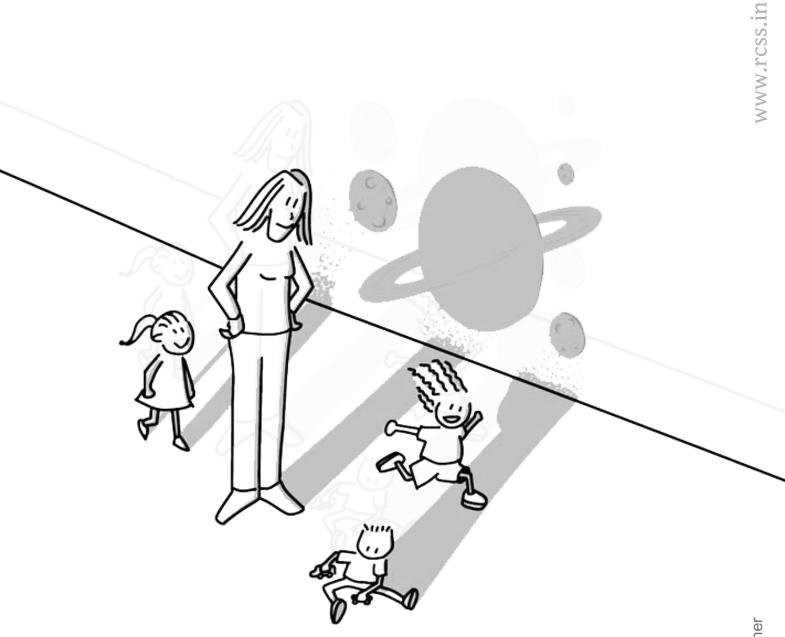


May 2025

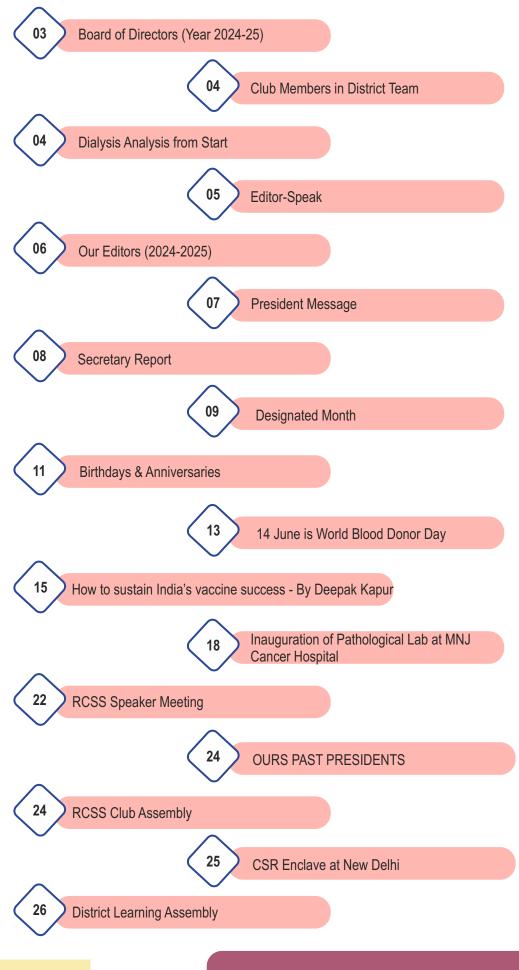


Dist. Gov. : Rtn. Sharath Choudari

Rtn. Anil Ratan Goyal CLUB PRESIDENT (2024-25) Editorial : Rajesh Pamnani

Rtn. Samir Gupta

CONTENTS



Designed by Lija Das



Rotary Club of Secunderabad Sunrise Board of Directors (Year 2024-25)





Rtn.Anil Goyal Club President



Rtn.Samir Gupta Club Secretary



Rtn.Pawan Tiberewala Club Treasurer



Rtn. Krishna Narella IPP



Rtn. Ajit Gandhi **Executive Secretary**



Rtn. Ramesh Notani Seargent at Arms



Rtn. Rajhans Banka Club Trainer



Rtn. Manish Sharma Vice President



Rtn. Sanjay Kabra **Community Service**



Rtn. Praveen Sharma Youth Services



Rtn. Rajesh Pamnani Public Image, International & Magazine



Rtn. Ranjay Goel Membership



Rtn. Lokesh Jain Director Club Admin



Rtn. Sandeep Jhawar Foundation



Rtn. K. A. Ramayya Dist. Co ordinator



Rtn. Srinivas Gummidelli Rtn. M. Chandrashekar **Director CSR**



Vocational Services



Rtn. LR Surrender Vocational Services



Club Members in District Team



Club Members in the District 3150 Team for 2024-25

RI Club Excellence/ District Awards - (District Co Chairman & City) **Rtn. K.A. Ramayya** 9391132959 ramayya_ka@yahoo.com Secunderabad Sunrise

Sports District Chairman **Rtn. Shravan Malani** Secunderabad Sunrise

Assistant Governor **Rtn. Rajhans Banka** Secunderabad Sunrise



A Child's Psychological Development:

Ellos Orbitan. Da igual a dónde se traslade el planeta que sus satélites van con él. Ya sea el baño, la compra o la cama, una fuerza invisible los atrae irremediablemente. Orbitan tus hijos a tu alrededor?

Does your children orbit around you? Pic@yo_runner

Dialysis Analysis from Start

April 2022 - Total Dialysis 80		
(15 days) May 2022 - Total Dialysis 184		
June 2022 - Total Dialysis 234		
July 2022 - Total Dialysis 281	Jul 2023 - Total Dialysis 506	July 2024 - Total Dialysis 570
Aug 2022 - Total Dialysis 297	Aug 2023 - Total Dialysis 517	Aug 2024 - Total Dialysis 535
Sep 2022 - Total Dialysis 295	Sep 2023 - Total Dialysis 525	Sep 2024 - Total Dialysis 461
Oct 2022 - Total Dialysis 303	Oct 2023 - Total Dialysis 558	Oct 2024 - Total Dialysis 464
Nov 2022 - Total Dialysis 329	Nov 2023 - Total Dialysis 564	Nov 2024 - Total Dialysis 409
Dec 2022 - Total Dialysis 341	Dec 2023 - Total Dialysis 576	Dec 2024 - Total Dialysis 441
Jan 2023 - Total Dialysis 391	Jan 2024 - Total Dialysis 583	Jan 2025 - Total Dialysis 495
Feb 2023 - Total Dialysis 421	Feb 2024 - Total Dialysis 543	Feb 2025 - Total Dialysis 433
Mar 2023 - Total Dialysis 527	Mar 2024 - Total Dialysis 539	Mar 2025 - Total Dialysis 492
Apr 2023 - Total Dialysis 467	Apr 2024 - Total Dialysis 578	Apr 2025 - Total Dialysis 488
May 2023 - Total Dialysis 500	May 2024 - Total Dialysis 634	May 2025 - Total Dialysis 514
Jun 2023 - Total Dialysis 491	Jun 2024 - Total Dialysis 572	
50 Patients		





Rtn. Rajesh Pamnani International Services (2024-25)





As we step into the final month of the Rotary year, the world around us reminds us of the power of unity, resilience, and service. The first half of 2025 has been momentous: from escalating climate challenges across continents to the continuing advancement of AI-driven technologies reshaping our industries, education systems, and daily lives. The global community has seen both inspiration and hardship, prompting urgent calls for sustainable development and international cooperation.

Closer to home, the brief but intense conflict between India and Pakistan this May drew global attention and concern. Though short-lived, the confrontation served as a sharp reminder of the fragile nature of peace in our region. The swift return to diplomatic dialogue—encouraged by civil society and international partners—underscored the importance of communication and goodwill. As Rotarians, we recognize our responsibility to promote peace and understanding not just across borders, but within our communities.

June also marks the end of the Rotary year—a time for reflection, gratitude, and renewed purpose. This year, we've seen our club embody the Rotary spirit through service projects, youth programs, and partnerships that have made a tangible impact. It is with great pride that we host this year's District Awards Night, bringing together clubs from across the region to celebrate the achievements of Rotarians who have gone above and beyond in service of humanity.

Let us move forward with the same energy and empathy that have defined this year. As one Rotary year closes, another begins—with fresh goals, new leadership, and enduring commitment to "Service Above Self"



Rotary Club of Secunderabad Sunrise Our Editors (2024-2025)





Ann Kanak Kabra

W/o Rtn. Sanjay Kabra Qualified Company Secretary, Sujok therapist, certified Angel Practitioner Executive Director (finance, HR and legal compliances) in Avishkar Industries Private Limited.

Ann Rituu Guptha

W/o Rtn. Samir Gupta BA degree and Masters in Computers, I have kept myself engaged professionally in our consultancy firm for foreign education - providing solutions to students for education abroad. Professional consultant for Vastu, Crystal Healer and Numerologist.





Ann Mamta Jhawar

W/o Rtn. Sandeep Jhawar Qualification B.com Hons in Accountancy from Kolkata University, but that was not an end to my learning, I aspire to learn something new everyday.

Ann Lopa Mehta

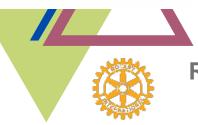
W/o Rtn. Vikram Mehta I am an educator by profession and a people's person by heart. I enjoy my work and make sure to do my best each time.





Ann Shreya

W/o Rtn. Shravan Malani I am Graduate, Diploma in Travel & Tourism. Also interested Cooking, Travelling, Shopping, Fitness & Nutrition watching comedy shows & movies.



President Message

Dear RCSS Family,

As this message goes into publication, all of you - our RCSS Family - would have been contacted by our sub committee for 'EXTRAMILERS' - the District Awards Night that we are hosting on 29.06.2025.

We intend to give this event the RCSS stamp of hosting to the next level. Your participation in helping us reach there has been solicited..... and we can see that quite a few of our members are helping us in this endeavour. We request the rest of the members to also assist us in this regard.

We request each member to tap in to secure a direct sponsor to the event..... and if not that, then at least a few adverts in the 'Magic of 3150' Yearbook (Souvenir) that we are releasing. Although the dates have lapsed on 31.05.2025, we have extended the same by a few more days to 06.06.2025. Please take this opportunity to try and get on board as many sponsors/ adverts as possible.

We are utilising this opportunity to make this event a fund raiser for the club/ trust. If we are able to raise funds then we can do larger projects for the society.

The few extra yards that we travel together in our endeavour for raising funds will make us proud of belonging to this family of RCSS even more. Thus, my sincere request to one and all to please push your selfs for the final few yards and make this event a grand RCSS success!

KUDOS TO THE RCSS EFFORT...... THREE CHEERS!!!!



Rtn. Anil Ratan Goyal President (2024-25)



Secretary Report

Dear Friends,

As we move into the final month of the Rotary year 2024-25, its my request to kindly attend all events like you always do - WITH FERVOR.

For the past month we have have had:

* The inauguration of the Histopathological Lab at MNJ Cancer Hospital on 03.05.2025..... in which about 15 RCSS members donated.

* On 17.05.2025, we had a speaker meet on Indian Missile Technology by Senior Retired Scientist of DRDO/ DRDL Dr. Rakesh Kumar Sharma. He gave a scintillating talk on how India has developed in this field and how it is rapidly growing in it with initiatives like 'Make in India' and 'Atmanirbhar Bharat'.

In the coming month of June, we should be having :

* One family fellowship meeting on 1st June, the hosts of which will be Mamta - Sandeep Jhawar, Kavita - Vijay Rathi, Geetanjali - Tarun Rungta, Beena - Ram Narayan & Rakhee - Rajkumar Kanodia.

*A club assembly on 14th June with both incoming and outgoing boards attending.

* 'EXTRA MILERS' - The District Awards Night that we are hosting on 29th June. We hope to make this a showstopper event for the year - where in we require the complete support of the entire RCSS Family.

* We shall also be having one inauguration for the medical equipment that was donated to NIMS, dates to be finalized as yet.

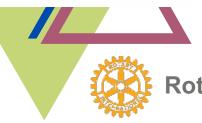
* The second inauguration will be for the various equipment donated at the two schools at Ramachandrapuram. The dates for this are also to be finalised.

* The third inauguration of the medical equipment given at Baroda is also to be done, which is pending for dates confirmations from BHEL GE and the donee.

Incoming President Rtn. Ranjay Goel had shared the itinerary for an outstation Fellowship to Vietnam in the month of October for which the deadline was given as 20.05.2025. An amount was also necessary to be paid by then. Hence 17 members and their families, who were interested to join added their names in the list in the official Whatsapp group and should enjoy the trip together.



Rtn. Samir Gupta Secretary (2024-25) +91 9391044747



DESIGNATED MONTH





June – Rotary Fellowship

- Rotary Fellowships Month, Rotary clubs indulge in fellowship activities, thanks giving and like.
- Inter Club Meetings
- Circulate 'Rotary Fellowship' literature Promote RFE – Invite Speakers to share their experiences



July – New Leadership Month

- Start of new Rotary officers' year of service.
- Tree Plantation.
- Reduce, Re-Use, Re-Cycle Waste.





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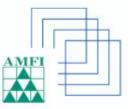
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BIRTHDAYS & WEDDING ANNIVERSARIES -







BIRTHDAY

ANNIVERSARY

01/06 - Rtn. Madhu Lingampally 01/06 - Ann. Rekha Lunawath 05/06 - Ann. Bijal Shah 05/06 - Ann. Sheetal Dhumale 05/06 - Ann. Asha Tebrewala 06/06 - Ann. Manju Agarwal 14/06 - Rtn. Chandrasekhar Musthalia 16/06 - Ann. Kavitha Rathi 22/06 - Ann. Geethanjali Rungta

29/06 - Rtn. Rajkumar Kanodia

04/06 - Rtn. Soma & Rajini Pradyumna 06/06 - Rtn. Suresh & Dr. Mridula Verma 18/06 - Rtn. Sanjay & Kanak Kabra 27/06 - Rtn. Vijay & Kavita Rathi 28/06 - Rtn. Shravan & Shreya Malani

28/06 - Rtn. Rajesh & Jyoti Surana

PROGRAMME

01.06.2025 - Family fellowship 14.06.2025 - Club assembly 29.06.2025 - ' EXTRA MILERS ' - The District Awards Night

RCSS Members who are part of the incoming 3150 Rotary District Team for the year 2025-26.



Rtn. Pawan Tibrewala (City Zone - 6 Service Projects)



Rtn. Gumidelli Srinivas (District Chairman CSR)



Rtn. K A Ramayya (District Chairman Water & Sanitation)

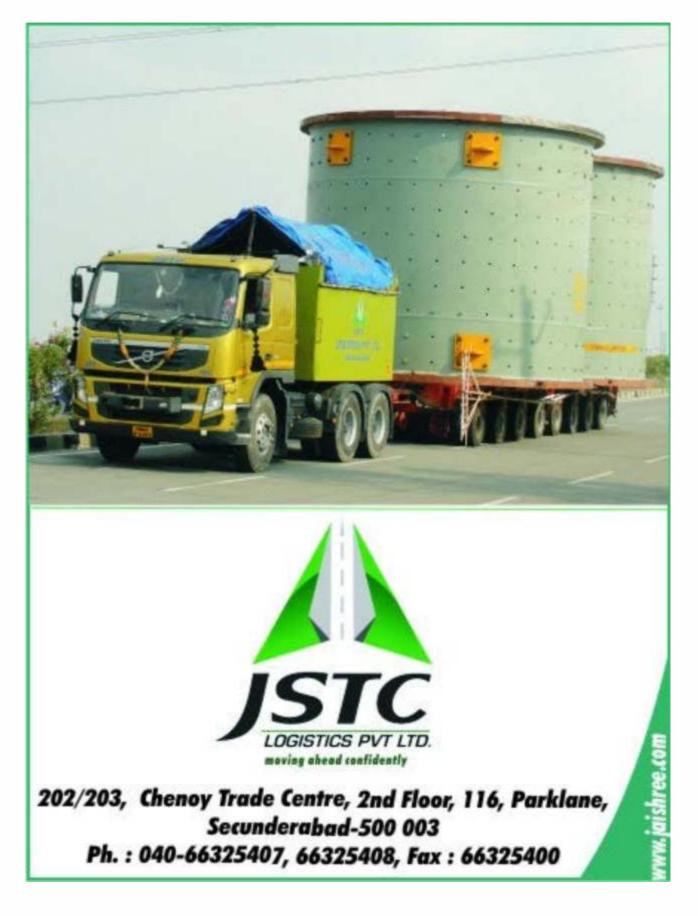


Rtn. Ravi Ladia (City Zone 7 Special Aide















Every year countries around the world celebrate World Blood Donor Day (WBDD). The event serves to raise awareness of the need for safe blood and blood products and to thank voluntary, unpaid blood donors for their life-saving gifts of blood.

A blood service that gives patients access to safe blood and blood products in sufficient quantity is a key component of an effective health system. The global theme of World Blood Donor Day changes each year in recognition of the selfless individuals who donate their blood for people unknown to them.

20 years of celebrating giving: thank you blood donors!

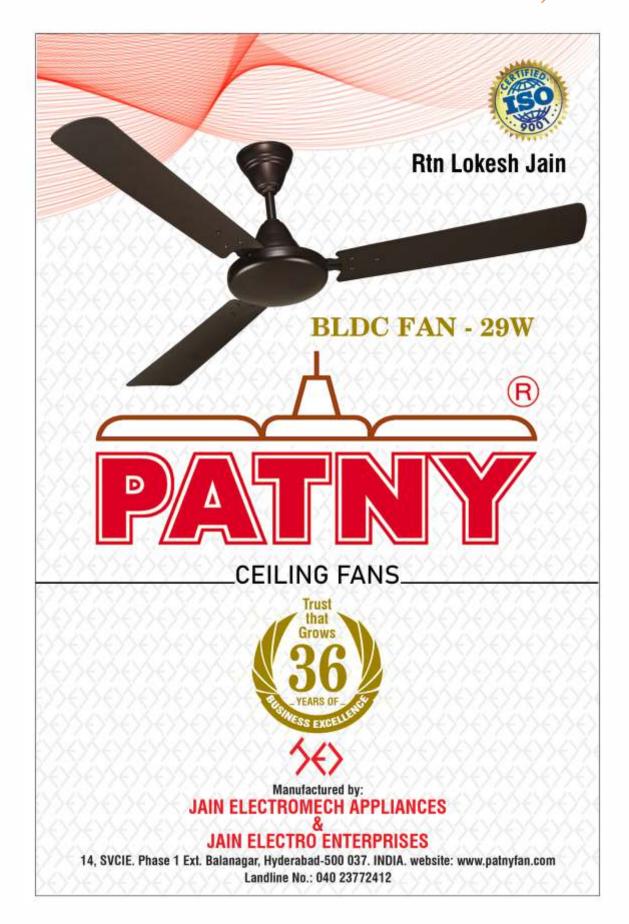
The 20th anniversary of World Blood Donor Day is an excellent and timely opportunity to thank blood donors across the world for their life-saving donations over the years and honour the profound impact on both patients and donors. It is also a timely moment to address continued challenges, and accelerate progress towards a future where safe blood transfusion is universally accessible.

The objectives of the campaign:

- thank and recognize the millions of voluntary blood donors who have contributed to the health and well-being of millions of people around the world.
- showcase the achievements and challenges of national blood programmes and share best practices and lessons learned.
- highlight the continuous need for regular, unpaid blood donation to achieve universal access to safe blood transfusion.
- promote a culture of regular blood donation among young people and the general public and increase the diversity and sustainability of the blood donor pool.









This article is authored by Deepak Kapur, chairman, Rotary International India's National PolioPlus Committee (RI-INPPC).



It would involve commitment to technological innovation, community empowerment, and collaborative action Vaccines are one of the most effective tools in modern medicine and one of humanity's greatest achievements. India's immunisation journey began over two centuries ago when the country's first smallpox vaccine was administered in Mumbai in 1802, laying the foundation for public preventive healthcare. More than a century later, preventive immunisation began in earnest in 1948 with the adoption of the International Tuberculosis Campaign, an initiative designed to stop the potentially deadly bacterial disease that mainly affects the lungs and killed an estimated 500,000 people a year in India in the late 1940s.

Yet it wasn't until 1978 that India reached a turning point in its vaccine delivery framework and ability to deliver broader protective healthcare at scale. That year, the country launched the Expanded Programme on Immunisation (EPI) — later renamed the Universal Immunisation Programme (UIP) — providing free vaccines against 12 vaccine-preventable diseases, including tuberculosis, polio, measles, and hepatitis B for mothers and children.

Today, it stands as one of the world's largest public health programmes, and as one of the world's largest national immunisation programmes, the UIP reaches over 2.67 crore newborns and 2.9 crore pregnant women annually.



Polio eradication

Notably, under the aegis of UIP polio eradication became one of the earliest and most prominent successes for Indian healthcare. Despite the country's success in stopping polio, high population density, poor sanitation, the prevalence of marginalised and/or inaccessible communities, and vaccine hesitancy remained. These public health challenges led our government to launch Mission Indradhanush (MI) in December 2014.

MI focuses on vaccinating women and children against a host of diseases, including diphtheria, pertussis, tetanus, polio, and tuberculosis, meningitis and pneumonia. The initiative has completed twelve phases so far, covering 554 districts across the country, and will continue to provide immunisation coverage to those in need.

In 2023-24, India reached full, national immunisation coverage — a milestone made possible through the consistent and extensive efforts of programmes like UIP and MI.

Alongside domestic progress, India is also ensuring global progress towards equitable access to vaccines as the largest vaccine producer in the world. Covering 60 per cent of the global vaccine supply, India is remarkably one of the biggest suppliers of low-cost vaccines in the world.

Now, AI-integrated innovations such as the Electronic Vaccine Intelligence Network (eVIN) app will help further modernise healthcare delivery.

The key to India's continued vaccine success lies in our unwavering commitment to technological innovation, community empowerment, and collaborative action.

The writer is Chairman of Rotary International India's National PolioPlus Committee.



EDIBLE CUPS



Edible chocolate coated wafer cup

Coffee Cup

These wafer cups can be chocolate coated for drinks like coffee and milkshakes.

Plain baked wafers are ready to fill with sweet or savory ingredients — try hummus, chaat, pudding, dips, tiramisu and other bite size desserts or fresh fruit — the possibilities are limitless.

It can be also used as service cups for sauces and jams at breakfast table.



Chaat cup

Dessert cup



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Inauguration of Pathological Lab at MNJ Cancer Hospital on 03-05-25











Inauguration of Pathological Lab at MNJ Cancer Hospital on 03-05-25

















THE MAGIC











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RCSS Speaker Meeting- on Indian Missile Technology at Diamod Half, Marriott, Tank Bund, Secunderabad on 17-05-25



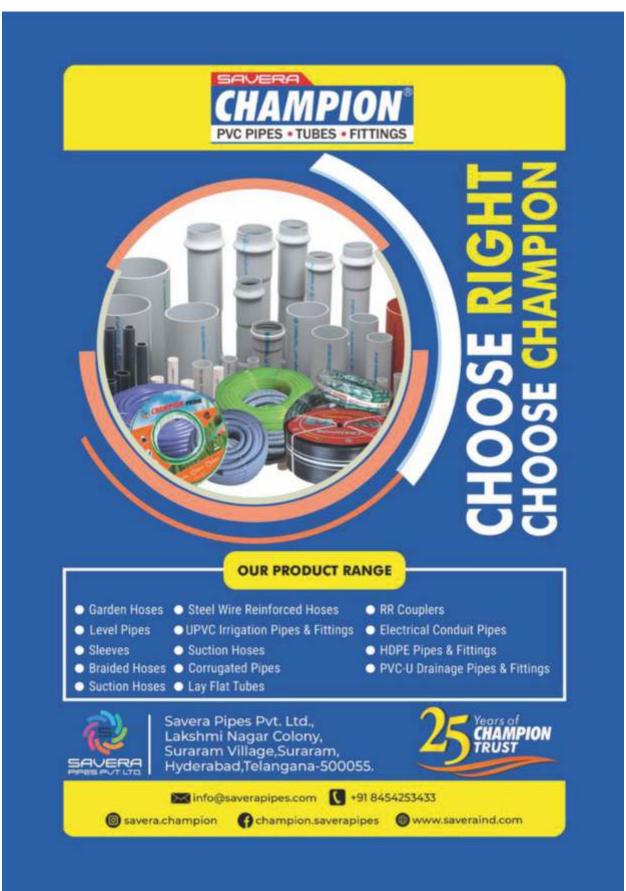


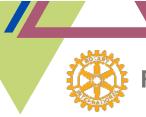














RCSS Club Assembly at Capitol Hall, Taj Tristar, SD Road Secunderabad on 24-05-25











CSR Enclave at New Delhi on 28th May 2025







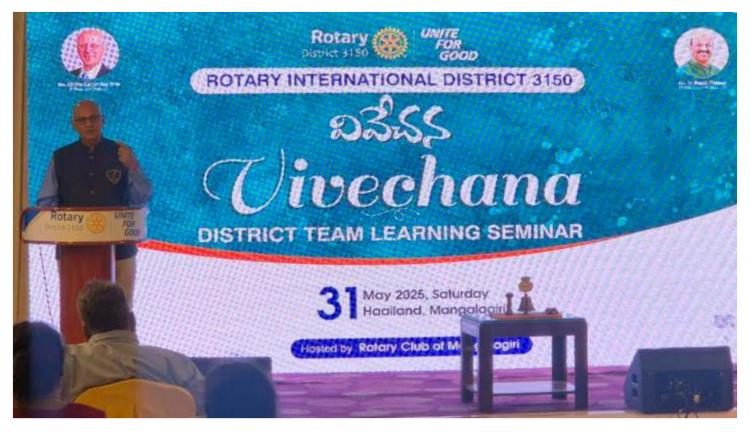
A Major Gifts and CSR Enclave for Zones 4,5,6 and 7 was held on 28th May 2025 at New Delhi. All the Regional and District Leaders were invited to participate in this Conclave for Knowledge sharing, Deliberations for improvement and Networking. Being the DCSRC for Dist. 3150, Rtn Srinivas Gumidelli representing Rotary Club of Secunderabad Sunrise had actively participated in the Conclave. The other participants from District 3150 include

RRFC PDG AKS Dr Sharat Babu DRFC :PDG K Prabhakar DGE : Ramprasad DGN Uday Pilani DGND Hari Hara prasad EMGA : Saluja Chiranjeev



District Team Learning Seminar & District Grants Management Seminar at Mangalagiri on 31st May 2025





Our District 3150 under the Chairmanship of DGE Rtn Ram Prasad is organising DTLS (District Team Learning Seminar), DGMS (District Grants Management Seminar) and DLA (District Learning Assembly) at Haailand Resorts, Mangalagiri and KL University, Tadepalli on 31st May and 1st June. This event is hosted by Rotary Club of Mangalagiri. Our Director CSR / DCSRC Rtn Srinivas Gumidelli has been invited to deliver a talk on "Tapping CSR Funds" during the District Grants Management Seminar.



OURS PAST PRESIDENTS



Rtn. Narender Gauri - 2001-2002



Rtn. Vaman Rao - 2002-2003



Rtn. Ajit Gandhi - 2003-2004



Rtn. Lokesh Jain - 2004-2005



Rtn. S.K. Verma - 2005-2006

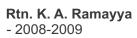


Rtn. Rajesh Pamnani - 2006-2007



Rtn. B.S. Ravindranth - 2007-2008







Rtn. M. Chandra Sekhar - 2009-2010



Rtn. Dr.LR Surender - 2010-2011



Rtn. Shravan Malani - 2011-2012







Rtn. Phanindra Kumar - 2013-2014



Rtn. Bimal V Goradia - 2014-2015



Rtn. Sandeep Jhawar - 2015-2016



Rtn. Srinivas Gumidelli - 2016-2017



Rtn. Samir Gupta - 2017-2018



Rtn. Praveen Sharma - 2018-2019



Rtn. Pawan Kumar Tibrewala - 2019-2020



Rtn. Vijay Rathi - 2020-2021



Rtn. Ravi Ladia



Rtn. Rajhans Banka - 2022-2023



Rtn. Krishna Narella - 2023-2024







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