



Rotary Club of Secunderabad Sunrise
RI DISTRICT : 3150
January - 2024



**CREATE HOPE
in the WORLD**



Dist. Gov. : Rtn.Dr. Busireddy Shankar Reddy

Editorial : Rajesh Pamnani

Rtn. Krishna Narela

CLUB PRESIDENT (2023-24)

Rtn. Vikram Mehta

CLUB SECRETARY (2023-24)



Rotary Club of Secunderabad Sunrise

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Cover page - Puppetry has ancient origins, dating back thousands of years. It is believed to have originated in ancient civilizations such as Egypt, Greece, and China. The exact timeline is challenging to pinpoint, but puppetry has played a role in various cultures globally. It evolved independently in different regions, contributing to diverse puppetry traditions worldwide.

Image Credit - Rajesh Pamnani - Location - Kathmandu (Nepal)



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Rotary Club of Secunderabad Sunrise

Board of Directors (Year 2023-24)



Rtn. Krishna Narella
Club President



Rtn. Vikram Mehta
Club Secretary



Rtn. Pankaj Agarwal
Club Treasurer



Rtn. Anil Goyal
President Elect



Rtn. Sandeep Jhanwar
Club Trainer



Rtn. Lokesh Jain
Director Club Admin



Rtn. KA Rammaya
Director Community Service



Rtn. Samir Gupta
Sergeant at Arms



Rtn. Satish Gaddam
Director Vocational Services



Rtn. M. Chandrashekar
Director Membership



Rtn. LR Surrender
Chairman Polio



Rtn. Madhu Lingampally
Director Youth Services



Rtn. Rajesh Pamnani
Director Rotary International
& Magazine



Rtn. Srinivas Gummidelli
Director CSR



Rtn. Ramesh Notani
Director Rotary Foundation



Rtn. Pavan Tibrewal
District Coordinator



Rotary Club of Secunderabad Sunrise

Club Members in District Team



Zone 5 Chairman - Club Administration

Rtn. Pawan Tibrewala

Secunderabad Sunrise

District Chairman - RI Presidential Citation

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District Chairman -

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District Chairman - C S R Committee

Rtn. Srinivas Gumidelli

Secunderabad Sunrise

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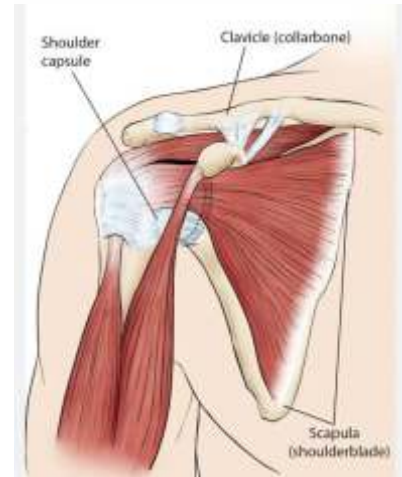
gumidelli.srinivas@gmail.com

Dialysis Analysis from Start

April 2022 - Total Dialysis 80 (15 days)	Jan 2023 - Total Dialysis 391	Jan 2024 - Total Dialysis 583
May 2022 - Total Dialysis 184	Feb 2023 - Total Dialysis 421	
June 2022 - Total Dialysis 234	Mar 2023 - Total Dialysis 527	
July 2022 - Total Dialysis 281	April 2023 - Total Dialysis 467	
Aug 2022 - Total Dialysis 297	Aug 2022 - Total Dialysis 297	
Sep 2022 - Total Dialysis 295	May 2023 - Total Dialysis 500	
Oct 2022 - Total Dialysis 303	June 2023 - Total Dialysis 491	
Nov 2022 - Total Dialysis 329	50 Patients	
Dec 2022 - Total Dialysis 341	July 2023 - Total Dialysis 506	
	August - Total Dialysis 517	
	September - Total Dialysis 525	
	October - Total Dialysis 558	
	November - Total Dialysis 564	
	December - Total Dialysis 576	



Frozen Shoulder - Are you at risk?



Frozen shoulder, medically known as adhesive capsulitis, is a condition characterized by stiffness and pain in the shoulder joint. It typically progresses through stages, starting with pain and discomfort, followed by increasing restriction of movement. The exact cause remains unclear, but factors such as age, gender, and certain medical conditions may contribute. Treatment often involves physical therapy, pain management, and in severe cases, surgical intervention.

Living with frozen shoulder can be challenging, affecting daily activities and quality of life. Early diagnosis and appropriate interventions play a crucial role in managing and alleviating symptoms.

The exact reasons for developing a frozen shoulder are not fully understood, but several factors may contribute to its onset. Aging is a significant factor, as the condition commonly affects individuals over 40.

Gender plays a role, with women more prone to developing frozen shoulder. Certain medical conditions such as diabetes, cardiovascular diseases, and thyroid disorders are associated with an increased risk. Shoulder injury or surgery, as well as prolonged immobility due to other health issues, can also trigger adhesive capsulitis.

Although the precise mechanisms remain elusive, these factors collectively contribute to the development of a frozen shoulder.

Have you experienced a frozen shoulder yourself or in your family recently ?
Do you know how to avoid or recover from a frozen shoulder. (see next month editorial)

Rtn. Rajesh Pamnani
Editor & Director of International Services (2023-24)
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(Images & Editorial collected from the internet).



Rotary Club of Secunderabad Sunrise

Our Editors (2023-2024)



Ann Seema Jain

W/o Rtn. Lokesh Jain

Qualification Mcom from Rajasthan university & Home maker.

Ann Mamta Jhavar

W/o Rtn. Sandeep Jhavar

Qualification B.com Hons in Accountancy from Kolkata University, but that was not an end to my learning, I aspire to learn something new everyday.



Ann Ritu Gupta

W/o Rtn. Samir Gupta

BA degree and Masters in Computers, I have kept myself engaged professionally in our consultancy firm for foreign education - providing solutions to students for education abroad.

Ann Kanak Kabra

W/o Rtn. Sanjay Kabra

Qualified Company Secretary, Sujok therapist, certified Angel Practitioner Executive Director (finance, HR and legal compliances) in Avishkar Industries Private Limited.



Ann Lopa Mehta

W/o Rtn. Vikram Mehta

I am an educator by profession and a people's person by heart. I enjoy my work and make sure to do my best each time.

Ann Shreya

W/o Rtn. Shravan Malani

I am Graduate, Diploma in Travel & Tourism. Also interested Cooking , Travelling, Shopping , Fitness & Nutrition watching comedy shows & movies.





Rotary Club of Secunderabad Sunrise RI News - Clean Rivers are central to life



UN environment body looks to Rotary's reach to protect freshwater ecosystems - **By Diana Schoberg**

When Salvador Rico was a boy, his dad leased a farm near the town of Buenavista in the Mexican state of Jalisco. The Ameca River ran nearby, and his older siblings would often stop for a swim when they'd deliver lunch to their dad in the fields. When his sister Agueda contracted polio and died in the 1960s, his family believed the sewage-tainted waters where she swam were to blame. Sitting on his mom's lap and watching her cry over the loss night after night left an indelible imprint. "I promised myself I would do something to help," he says.

A path to making good on that promise opened after Rico joined Rotary in the United States in 2007. Two years later, his club, the Rotary Club of South Ukiah, California, partnered with a local environmental group to clean up the Russian River, a vital waterway north of San Francisco. "It brought memories of Mexico, of how the creeks and rivers are so polluted," Rico says. "I saw that we were doing the cleanup here, and we could probably empower people in Mexico to do the same."

Rico connected with Rotary members in Mexico at a 2013 project fair in the country. They stayed up late into the night mapping out an ambitious plan, looking at everything from cities where Rotary clubs were located to which communities had no sewage treatment to the biggest industries contributing to water pollution. The river the Mexican Rotarians proposed starting with? None other than the Ameca. "I said, 'That touches home,'" Rico recalls.



Eunice Kamau participated in a cleanup of Lake Naivasha through the Rotaract Club of Naivasha, Kenya. "If we don't take care of this lake, then the whole of society of Naivasha will crumble," she says. "I'm taking care of my people."

Image credit: Andrea Dekrout



Rotary Club of Secunderabad Sunrise



Over several years, Rotarians along the Ameca initiated cleanups, advocated with governments to modernize sewage systems, and convinced a sugar mill to use a composting system for its waste. In the city of Puerto Vallarta at the mouth of the river along the Pacific coast, Rotary members launched a massive cleanup that was backed by government officials. Neighborhood associations took on the project and have continued the work. "That was what we saw was huge with Rotary clubs — their influence in the community," Rico says. "It's going and planting the seed, finding leaders, and letting them run with it."

It's this local reach and influence that Rotary and the United Nations Environment Programme are banking on for their new collaborative initiative, Community Action for Fresh Water. The two organizations are partnering to empower members of Rotary, Rotaract, and Interact clubs to adopt a body of water, with guidance from UNEP's experts, step-by-step instructions, and other resources. The strategic partnership was announced in January at Rotary's International Assembly in Orlando, Florida. "This partnership will help Rotary spur collective action and raise our profile in our newest area of focus, and make the most of existing assets at Rotary and The Rotary Foundation," RI President-elect Stephanie Urchick says.

Freshwater systems are under threat from climate change, habitat and biodiversity loss, and pollution. Billions of people around the world are at risk because they don't know how safe surface and groundwater sources are.

UNEP's goal is to protect ecosystems, and the key is working with the communities living near those systems. That's where Rotary and its global network come in. "UNEP is excited by this partnership with Rotary and its ability to work directly with local communities on a global scale," says Gavin Reynolds, an expert with UNEP's freshwater ecosystems unit. "Rotary, with its global reach, close connection to communities, and action-focused engagement ensuring projects create change and have impact, is an excellent partner for UNEP."

The initiative will give Rotary clubs a coordinated way to work on protecting the environment, The Rotary Foundation's seventh area of focus. Clubs will be able to apply for district funds and global grants for Community Action for Fresh Water projects. Activities could include river cleanups, habitat restoration, native plantings, biodiversity projects, wastewater treatment, and lake monitoring.

Rotary's history with the United Nations dates to the UN's founding in 1945. For many years, Rotary celebrated Rotary Day at the United Nations. In 2018, that event was held at UNEP headquarters in Nairobi, Kenya, spurring talks about how the two organizations could advance their collaboration. Joe Otin, then Rotary's representative to UNEP, worked with the agency's staff to develop the adopt-a-river concept. As Otin was about to become the 2019-20 governor of Rotary District 9212 (Eritrea, Ethiopia, Kenya, and South Sudan), the team worked to launch a pilot there.



Rotary Club of Secunderabad Sunrise



In the past, flooding had swept contaminants into Kenya's Lake Naivasha, and there was an outbreak of cholera, says Eunice Kamau (left).

Image credit: Andrea Dekrout

Otin recalls a stream, a tributary of the Nairobi River, running through the backyard of his family's home when he was growing up in Nairobi. There were frogs, crayfish, and fish that they would try to catch and keep as pets. "It was an amazing education for me and my siblings, seeing this whole ecosystem come together," he says. But over time, development strained the waterway. The river became dirtier and dirtier, blackened with human, industrial, and agricultural waste, with a terrible stench, he recalls. The river was dead. "When you look at it on Google Maps, it looks like somebody has taken a black marker and drawn a line over the rivers," he says.

Otin and his team started researching what success looks like, and for that, they turned to the River Thames, which runs through London and across southern England. Surveys of the polluted river in the 1950s led scientists to declare much of it biologically dead. Thanks to conservation efforts that identified the sources and types of pollutants, incorporated stakeholders, and improved sewage infrastructure, the river today boasts more than 120 fish species.

Rotary members in District 9212, working with UNEP, took that example to heart. They selected nine rivers to focus on, involving 20 Rotary clubs. They focused not just on collecting garbage but cataloging information about the pollution and its impact to drive the development of a long-range plan. This type of data collection is known as citizen science.



Rotary Club of Secunderabad Sunrise



"I felt from the beginning that we had to get the concept right," Otin says. "If we didn't get the concept right, we'd be doing the same things we've been doing from time immemorial."

UNEP is relying on Rotary clubs to eventually conduct their own citizen science initiatives, with the data they collect contributing toward a global picture for policymakers and donors of the health of the world's freshwater ecosystems.

While the Rotary-UNEP pilot was developing in Africa, Rico continued his work to clean rivers in Mexico and beyond, partnering with Rotary Action Groups, including those for water, sanitation, and hygiene and for environmental sustainability, to spread the project globally. Rotary clubs have been involved in river cleanups in countries including Ecuador, Colombia, India, Egypt, Serbia, Turkey, Venezuela, and more.

In September, Rotary clubs, nonprofit organizations, companies, and the government of Guatemala signed an agreement to create an alliance to clean up the Motagua River. The waterway, one of the world's most polluted rivers, carries at least 8,500 metric tons of waste to the Caribbean every year. A few days later, Rico traveled to Honduras, part of the Motagua River basin, to attend a signing ceremony for participating Rotary clubs in both countries.

"I went to the beach. You cannot walk barefoot on the beach, there are so many needles, all kinds of plastics," he says. "I wanted to do a cleanup, but we cleaned up about 50 meters. You could probably fill a truck, it was that bad."

Still, he's motivated to keep going. "It's a promise I made to my mom," he says, "so I cannot stop until it's done."





Rotary Club of Secunderabad Sunrise

DESIGNATED MONTH



January - Vocational Services

Vocational Service Month During this period, clubs highlight the importance of the business and professional life of each Rotarian. Special activities promote the vocational avenue of service.

- Distribute Four way Test
- Distribute Vocational Awards to outstanding individuals, Arrange Vocational Visits
- Awareness seminar on career guidance, Organise / Arrange in Plant Training
- Start Vocational Education / Skill Guidance Centre. Start Part Time Consultancy centre
- Helping Physically Challenged people to gets jobs



February - World Understanding Month

Vocational Service Month During this period, clubs highlight the importance of the business and professional life of each Rotarian. Special activities promote the vocational avenue of service.

- Organise 'MUNA' (Modal United Nations Assembly) at College Level
- Engage in reconciliation of broken families, restoring relationship
- Help How people can live in peace with their families and their neighbours
- Assist Young Single mothors whoare victims of sexually abused through training them with self-help projects. e.g. Opening small business that may help them with their children



Rotary Club of Secunderabad Sunrise



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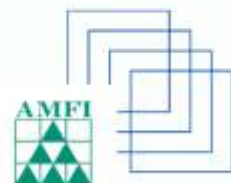
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Rotary Club of Secunderabad Sunrise RCSS/Archives / 2008...



WEEKLY MEETINGS FROM JULY 2008-09		
JULY	NOVEMBER	MARCH
AUGUST	DECEMBER	APRIL
SEPTEMBER	JANUARY	MAY
OCTOBER	FEBRUARY	JUNE

Rtn.K.A.Ramayya (President 08-09)
Rtn.Urmil Dharja (Secretary 08-09)

RCSS - Year	2002-03	2003-04	2004-05	2005-06	2006-07	2007-08	2008-09	2009-10	2010-11
2011-12	2012-13	2013-14	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21

Weekly Meetings Details From July-2008-09.

Date	Subject	Avenue Of Service	Speaker/Guest/Location
4 July	Rotary Club of Shanghai, China	International Service	Mr. Rajesh Pamnani
5 July	Installation Nite – at Family World	Club Service	Chief Guest Mr. A. K. Purohit
12 July	Club Assembly	Club Service	Director & Chairman brief and discuss about current years goals & ways to implement
19 July	Speaker Meet – Right to Walk		Ms. Kanthimathi Kannan
26 July	Medical Camp	Community Service	Centenary school, Picket, Secbad
27 July	District Membership Development Seminar		FAPCCI Hall

Weekly Meetings Details From August-2008.

Date	Subject	Avenue Of Service	Speaker/Guest/Location
2 Aug	Alternative Therapy - Accupunture	Club Service	Mrs. Sunila Tibrewala
9 Aug	Vastu Sastra	Club Service	Mr. S. S. Teja
16 Aug	Sustainability for small Business	Club Service	Mr. Bal Subramanyam



Rotary Club of Secunderabad Sunrise

Speaker Meeting on Saturday, 13th January 2024

Dr. RAJARAM PRASAD as our distinguished speaker on
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Rotary Club of Secunderabad Sunrise



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Rotary Club of Secunderabad Sunrise Our Republic Day 26th Jan 24, Activity & Events



Assemble at school. GBP School Lallaguda Addagutta, Secunderabad.





Rotary Club of Secunderabad Sunrise

Our Republic Day 26th Jan 24, Activity & Events

National Flag Hoist



Plantation





Rotary Club of Secunderabad Sunrise

Our Republic Day 26th Jan 24, Activity & Events

Snack Distribution





Rotary Club of Secunderabad Sunrise



CREATE HOPE
In the WORLD



CREATE HOPE
in the WORLD



OUR ASSOCIATION

Some keep their Association strong,
While others join just to belong.
Some volunteer to do their share,
While some there are, who barely care.
On meeting days, some always show,
While some there are, who never go.
Some always have their dues ahead
Some fall behind for months instead.
Some do their best, some build, some make
Some never do, just sit and take.
Some lag behind, just let things go
And never help their Association to grow.
Some drag, some pull, some don't, some do...
Consider!

Which one of these are you?



Rotary
Membership &
Member Commitment
Are the backbone of any Association



Rotary Club of Secunderabad Sunrise



Reusable sanitary napkins were distributed to staff and mothers of children of Anganwadi Plates ,glasses and slates were distributed to children of Anganwadi



Rotary Club of Secunderabad Sunrise RCSS CSR Project



CSR Sub Committee Meeting





Rotary Club of Secunderabad Sunrise RCSS CSR Project



The President and Members of
**ROTARY CLUB OF SECUNDERABAD
SUNRISE**

R.I. Dist. 3150, Secunderabad, India

&

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to

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on Monday, the 29th January 2024 at 11:30 AM

at Niloufer Hospital, Red Hills, Hyd.

Our CSR Partners



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Mr. Srichandan Babu

MD & CEO - Unicorn Industries Pvt Ltd

GUEST OF HONOUR

Prof. Dr. T. Usha Rani

M.D. (Paediatrics) Medical Superintendent

Rtn. Krishna Nerella

Club President

Rtn. Vikram Mehta

Club Secretary

Rtn. Pankaj Agarwal

Club Treasurer

Rtn. Pawan Tibrewala

Trust Chairman

Rtn. Sameer Gupta

Trust Secretary

Rtn. Anil Goyal

Trust Treasurer

Rtn. Srinivas Gumidelli

Director - CSR Committee



Rotary Club of Secunderabad Sunrise RCSS CSR Project



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&

ROTARY SUNRISE SERVICE TRUST

cordially request your gracious presence at

DONATION OF FISHER & PAYKEL HUMIDIFIERS BY SHRISTI GROUP

to

NILOUFER HOSPITAL FOR WOMEN & CHILDREN

on Monday, the 29th January 2024 at 11:30 AM

at Niloufer Hospital, Red Hills, Hyd.

Our CSR Partners



SHRISTI GROUP

CHIEF GUEST

Shri Suresh Tibrewala

Shristi Group - Chairman

GUEST OF HONOUR

Prof. Dr. T. Usha Rani

M.D. (Paediatrics) Medical Superintendent

Rtn. Krishna Nerella
Club President

Rtn. Vikram Mehta
Club Secretary

Rtn. Pankaj Agarwal
Club Treasurer

Rtn. Pawan Tibrewala
Trust Chairman

Rtn. Sameer Gupta
Trust Secretary

Rtn. Anil Goyal
Trust Treasurer

Rtn. Srinivas Gumidelli
Director - CSR Committee



Rotary Club of Secunderabad Sunrise RCSS CSR Project





Rotary Club of Secunderabad Sunrise RCSS CSR Project



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Thank you Team RCSS for successful inauguration of 2 projects costing around Rs.10 lakhs to Niloufer Hospital. Special appreciation to our members Rtn Pawanji, Rtn Shekar for identifying and convincing our CSR sponsors M/s Shrishti Group and Unicorn Industries for their generous contributions. I would also appreciate our President Rtn Krishna Nerella, Rtn Rajhans Banka, Rtn Anil and Rtn Vineet Giria for attending the Inauguration and making it a grand Success. I would thank Dr. Usha Rani, Dr Swapna and Dr Aluvelu for giving us an opportunity to serve and for their continued support. I would thank Mr Suresh Tibrewala of Shristi Group and Mr Chandan Babu, Mr Mohan from Unicorn for gracing the occasion. I would thank all the CSR sub Committee members, BOD, Trust for their valuable inputs and support.

Rtn Srinivas Gumidelli
Director CSR



Rotary Club of Secunderabad Sunrise



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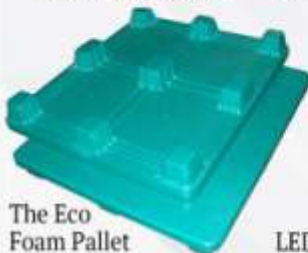
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Rotary Club of Secunderabad Sunrise Top Festivals around the world - February



New Feature in this year

"Festivals Around The World."

Whether celebrating life or death, wildlife, religious deities, rowing, or even ice sculpting, festivals add another dimension to your travels. Streets thrum with music and kaleidoscopic parades, you might see traditional rituals that aren't performed at any other time, and you're fully embraced in local life as everyone joins in with the celebrations.

we shall share our pick of festivals around the globe that we feel are worth experiencing as part of a wider trip.

1. Rio Carnival, Brazil



Possibly the world's most famous festival, the Carnival lures in millions of people every day. The streets of Rio de Janeiro are flooded for five sleepless days, colourful parades, costumes and over-the-top parties making it the 'greatest show on Earth'.

The flamboyant festival arose out of tradition, where everyone removed the temptation to wine and dine during Lent. As you can imagine, this means a hedonistic party where everything goes – including feathered headpieces and exuberant Brazilian dances.



Rotary Club of Secunderabad Sunrise Top Festivals around the world - February



2. Chinese New Year, China



Chinese New Year makes it onto yet another list, as well as the best festivals in January: the best festivals in February that the world has to offer. The exact dates are decided by the lunar calendar, landing as early as mid-January and as late as end-February.

Many families have their own rituals and traditional activities scheduled throughout the week, but even walking through your city's Chinatown is an amazing experience during Chinese New Year! I know I've gorged on my share of dumplings, Chinese sweet cakes and other occasion delicacies – especially when I lived in London.

3. Tapati Rapa Nui, Chile

Easter Island is known for the monolithic heads and potential for deep magic, but for two weeks in early February, our attention is drawn to a unique cultural festival. What Tapati Rapa Nui offers isn't unlimited drinks or heart-thumping music – but authentic, islander culture.

Visitors are encouraged to participate, even in events hosted at the crater of an extinct volcano! Spearfishing, sliding down steep slopes on banana trunks, dance competitions and more will fill your days with laughter. The highlight? When two families battle it out on the dance floor to crown the Queen of Tapati.



Rotary Club of Secunderabad Sunrise Top Festivals around the world - February



4. Carnival of Venice, Italy



Similar to the Rio Carnival of Brazil, Italy's version – the Carnival of Venice – also takes place before Lent. Where the Brazilians are about indulging before a long fast, this Carnival is about throwing away class differences and knowing only revelry.

Twirling skirts, painted faces, jester hats and peacock masks will lead you in a merry chase across Venice's countless bridges. It's like falling into an alternate universe; your own Alice in Wonderland experience for this February festival. It's known as one of the best February celebrations in Europe and the best festivals in the world.

5. Taj Mahotsav, India





Rotary Club of Secunderabad Sunrise Top Festivals around the world - February



With India being such a diverse quilt of states, Taj Mahotsav is a chance for people to understand how culture, food, craft, dance and music vary across the country. It's one of the most important festivals in February.

Located in Agra, the festival brings a flood of colour, noise and visitors. Featuring furniture from Saharanpur, carpets from Bhadohi, pottery from Khurja, other arts and cuisines from all over India – it's the ultimate sampler plate.

6. Jaisalmer Desert Festival, India



Another Indian festival and international event in February not to be missed is the Jaisalmer Desert Festival. Often a monthly affair, the festivities draw plenty of tourists to Rajasthan where it is held.

You can imagine all kinds of quirky contests and still be surprised at the innovation behind them. From camel racing to turban tying and even ranking the longest moustaches in attendance, visitors can watch and participate in various activities.



Rotary Club of Secunderabad Sunrise Top Festivals around the world - February



7. Bergen International Literary Festival, Norway



Literature lovers welcomed a new literary festival in 2019: Norway's Bergen International Literary Festival. Celebrating both non-fiction and fiction, it hosted writers from 25 countries in 2020. Apart from readings, author talks and open mikes, there are also youth programs to encourage young writers.

While the festival is still young, it's definitely helping us understand how literature has evolved over the decades.

8. Envision, Costa Rica

Costa Rica is telling you to envision a week full of hippie goodness. After all, music heals the soul – and it might just heal earth too. With an overarching theme of environmental awareness and holistic healing, Envision Festival is all about having fun while doing good.

The heavy beats and eclectic music might give off night club vibes, but your day-to-day is a whole lot wholesome! Think yoga sessions, guided herb walks, drum circles and collaborative art projects. Through martial arts, dance and spoken workshops, you'll find a community to vibe with.



Rotary Club of Secunderabad Sunrise Top Festivals around the world - February



9. Quebec Winter Carnival, Canada



The largest winter carnival in the world takes place in frosty Quebec, this February festival leans into the winter spirit. In a city besieged with harsh winters, festivities and community really warm the heart. It's one of the best winter festivals around the world.

The first step is, of course, bundling up! I wouldn't go without the whole scarf, gloves, hat and winter boot ensemble. Make sure to snap some photos of the ice and snow sculptures, and also of the colorful parade cars. The music shows will keep you toasty all night through.



Rotary Club of Secunderabad Sunrise Top Festivals around the world - February



10. Sauti za Busara, Zanzibar



Yet another February festival with cultural leanings, Sauti za Busara translates into 'sounds of wisdom'. These very sounds echo around Stone Town's Old Fort; traditional African music mingle with modern genres to keep you dancing between film screenings, comedy shows and other riveting performances.

11. Charleston Wine + Food, USA





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South Carolina is known for its hospitality and Charleston for its connoisseurs of everything tasty. Yes, this is a festival dedicated to food.

Hundreds of chefs gather at Culinary Village to offer tastings, samples, chef demos and other amazing food-themed activities. Eat your way through multi-course dinners or Signature Events; make oyster roast the highlight of your day.

12. Saidaiji Eyo Hadaka Matsuri, Japan



Nearly naked men might not be your idea of a festival, but Okayama's annual fest (in the winter no less) is all about luck and happiness. Priests toss lucky objects for thousands of men to fight over, a ritual that started over 500 years ago. Dressed in simple loincloths and tabi socks, these brave souls spend an hour or two running around the temple to 'purify the body and soul'.

Pay your respects to the patron goddess of mercy at the temple where it takes place. It's actually the first stop of the Chugoku Pilgrimage, an extremely meaningful journey for worshippers.



Rotary Club of Secunderabad Sunrise Top Festivals around the world - February



13. Taiwan Lantern Festival, Taiwan



If your birthday wish hasn't come true, try your luck at the Taiwan Lantern Festival! Piggybacking off age-old Pingxi Sky Lantern Festival and Yanshui Fireworks Festival, this combination festival is spread out over the country. You know the famous flying lantern scene in Disney's Tangled? Well, you can watch the beautiful drift of lights in person. The lanterns once signaled safety but now, they carry our deepest wishes and hopes into the sky.

14. Lemon Festival, France

Can you believe there's a festival dedicated to lemons, of all fruits? Definitely one of the weirder food festivals in the world! Located in the French Alps is a town known for its high quality lemons: Menton. This innovative community took celebrating local produce to a whole new level in 1934, resulting in a popular and colorful festival. Yellow colors everything, from floats, displays, sculptures and other evening shows. Don't forget to take home some of these famous citrus as well!



Rotary Club of Secunderabad Sunrise Top Festivals around the world - February



15. Noise Pop Festival, San Francisco



Although the name of the festival denotes that it's all about pop, it's actually a great music festival in February to go to if you like indie, rock, hip-hop and electronic music too. It takes place in one of the most vibrant cities in the world: San Francisco.

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16. Almond Blossom Festival, Agrigento, Italy



The Almond Blossom Festival, or Sagra del Mandorlo in Fiore in Italian, takes place in Agrigento in Sicily. It's a celebration of the arrival of spring, where all the almond trees begin to blossom. It's one of the most wholesome events in February, where visitors from everywhere come to enjoy nature and the turning of the season.

The festival includes a variety of events such as folk dance performances, traditional Sicilian puppet shows, music concerts, and culinary events showcasing almond-based foods and sweets.

One of the highlights is the parade of folk groups, featuring participants from various countries who present their national dances and songs, making the Almond Blossom Festival not just a local Sicilian event, but a celebration of international cultures. There's also craft fairs, where you can find lots of almond-based products like marzipan, almond milk, and sweets. Electronic music too. It takes place in one of the most vibrant cities in the world: San Francisco.

With these amazing festivals in February around the world, winter no longer seems so long and dreary. Booking something fun to do in February is a great way of getting over the winter blues – especially if it means travelling to Brazil or New Orleans where the atmosphere is just electric.



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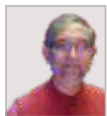
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