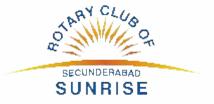
Rotary Club of Secunderabad Sunrise. India

September 2022



Dist. Gov.: Rtn. Rajasekhar Reddy Talla | President: Rtn. Rajhans Banka | Secretary: Rtn. Ranjay Goel | Editor: Rajesh Pamnani









Board of Directors





President **Rtn. Rajhans Banka**



Secretary Rtn. Ranjay Goel



Treasurer
Rtn. Pawan Tibrewala



Vice President Rtn. Anil Ratan Goyal



IPP
Rtn Ravi Ladia



Club Trainer Rtn. Srinivas Gumidelli



Rotary Foundation Rtn. Vineet Giria



Sergeant at Arms Rtn. Madhu Lingampally



Club Admin **Rtn. Sandip Gupta**



Membership **Rtn. Sanjay Kabra**



Youth Services Rtn. Praveen Sharma



Public Image Rtn. Rajesh Pamnani



Community Service Projects Rtn Praveen Lunawath

Index

Details		Page
Board of Directors	-	2
Editor's Note	-	4
Introducing our Editors	-	5
Rotary International	-	6
President Message	-	7
Birthdays & Wedding Anniversaries	-	10
Club Meetings	_	13
Onam Festival Celebratation	-	15
Rcss Fellowship	_	20
WHO - Cervical Cancer Prevention	-	24
Designated Month	-	27
Holidays & Festival month of October	-	28
International Awareness Days	-	34
Nine days of Navratri	_	40



Cover Page

Five-year-old Rokiatou learns mathematics in Côte d'Ivoire, in 2022. During the COVID-19 pandemic, millions of school children across the globe were cut off from in-person learning. Some are still affected by prolonged school closures. Girls are less likely than boys to return to school after the pandemic.24 March 2022

https://www.unicef.org/blog/why-i-champion-gender-equity



Scan our QR code & Visit our Website



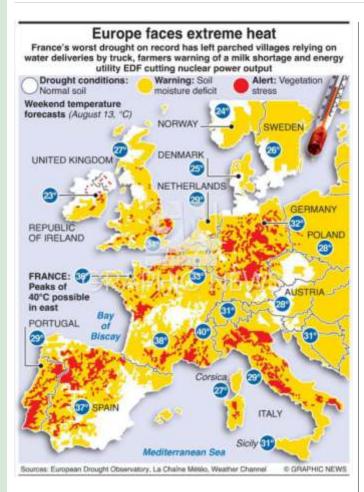
Scan our QR code & Visit our Magazines

EDITOR'S NOTE





Are we doing enough?



This has been in the news recently. It is a wake up call for all

Our Indian National Agenda for addressing the Climate Changes

National Action Plan for Climate Change (NAPCC) is a Government of India's programme launched in 2008 to mitigate and adapt to the adverse impact of climate change. The action plan was launched in 2008 with 8 sub-missions.

[1] The plan aims at fulfilling India's developmental objectives with focus on reducing emission intensity of its economy. The plan will rely on the support from the developed countries with the prime focus of keeping its carbon emissions below the developed economies at any point of time.

[2] The 8 missions under NAPCC are as follows:

- * National Solar Mission
- * National Mission for Enhanced Energy Efficiency
- * National Mission on Sustainable Habitat
- * National Water Mission
- * National Mission for Sustaining Himalayan Ecosystem
- * Green India Mission
- * National Mission for Sustainable Agriculture
- * National Mission on Strategic Knowledge for Climate Change Further reading

https://en.wikipedia.org/wiki/National Action Plan for Climate Change

Point to PonderThis puts a great possibility...How can we in Rotary Club take this as a yearly agenda in our programme that we conduct - to address sustainable eco-systems

More in the next edition

Rajesh Pamnani

Editor - RCSS

Introducing our Editors (2022-2023)



Ann Seema Jain W/o Rtn. Lokesh Jain Qualification Mcom from Rajasthan university & Home maker.

Ann Mamta Jhawar W/o Rtn. Sandeep Jhawar Qualification B.com Hons in Accountancy from Kolkata University, but that was not an end to my learning, I aspire to learn something new everyday.





Ann Ritu Gupta
W/o Rtn. Samir Gupta
BA degree and Masters in Computers, I have kept myself engaged professionally in our consultancy firm for foreign education - providing solutions to students for education abroad.

Ann Beena Ramnarayan W/o Rtn. Kappana Ramnarayan Graduation in commerce from SV University. I worked with a corporate for a while and had to give up my career to be a full time mom.





Ann Kanak Kabra
W/o Rtn. Sanjay Kabra
Qualified Company Secretary, Sujok therapist,
certified Angel Practitioner Executive Director
(finance, HR and legal compliances) in Avishkar
Industries Private Limited.

Ann Lopa Mehta
W/o Rtn. Vikram Mehta
I am an educator by profession and a people's person by heart. I enjoy my work and make sure to do my best each time.



Rotary International



The recent detection of the vaccine-derived poliovirus type 2 case in New York, USA, and isolates in several environmental samples collected in London are stark reminders that as long as polio exists anywhere, it is a threat everywhere. It also highlights the importance of vaccination as the only form of protection against polio and other vaccine-preventable diseases and the work that needs to be done in our communities to encourage the uptake of vaccines. Also, as the world gets closer to zero wild poliovirus cases, it is increasingly important to track all forms of the virus wherever they may appear, including in polio-free regions.

The U.S. is still considered low risk for paralytic outbreaks of polio due to the high level of vaccine coverage across the population. If a child has received the entire course of vaccines, the risk of becoming paralyzed by polio is negligible. According to the Centers for Disease Control and Prevention, 92.6% of children aged 24 months are fully vaccinated against polio, slightly below the 95% World Health Organization target. The best things countries can do to protect themselves from polio until the disease is eradicated from the world are to: maintain high vaccination coverage and robust disease surveillance and be ready to respond in the event of an outbreak to minimize the risk and consequences of polio re-introduction or re-

The world currently has a unique opportunity to stop virus transmission for good. Still, all parties, including donors and country governments, must re-commit to polio eradication by fully supporting the Global Polio Eradication Initiative (GPEI) 2022-2026 strategy. This focuses on adopting an emergency posture while generating greater accountability and ownership from country governments to eradicate wild polio and end variant poliovirus (cVDPV) outbreaks.

Rotary, a global service organization with over 1.4 million members, has been at the center of the worldwide effort to eradicate polio for over three decades. Every year, through our funding partnership with the Bill & Melinda Gates Foundation, Rotary commits \$150 million to the global effort to eradicate polio. We have contributed more than \$2.6 billion and countless volunteer hours to end polio forever. Together with our partners, we engage communities everywhere to encourage high vaccination rates, immunizing over 400 million children annually. More than 20 million people are walking today who otherwise would have been paralyzed because of our efforts and those of our partners in the GPEI.

The time for urgent action is now. A new vaccine has been deployed – novel oral polio vaccine 2 (nOPV2) – which is more genetically stable to stop outbreaks of circulating vaccine-derived poliovirus effectively. With sustained political and financial commitments, the GPEI is confident that we can achieve a world in which no child is paralyzed by polio again.

emergence anywhere.

President's Message





My dear Rotarians and Anns,

Rotary has an important role to play to ensure that the club environment and experience is welcoming, inclusive and enjoyable for all members and participants. We know that comfort and care is the single greatest driver of satisfaction and our most powerful tool for retention. This begins with listening to and understanding what members and participants want out of their Rotary involvement.

I sincerely hope that working along the above lines, the fellowship programme conducted recently at the Hard Rock Cafe at Hitech city would have been a a great source of motivation and satisfaction for all the members, especially the new ones who had joined recently and had this very first experience of our club fellowship that we are known for. I thank all the hosts for organising such a mesmerising evening for the members. Thank you Rtn Sandeep Jhawar, Rtn Madhu Lingampally, Rtn Sanjay Dolwani, Rtn Anil Ratan Goyal and Rtn Praveen Lunawat for a great fellowship.

I had an opportunity to attend the installation program of our Rotract club-Rotract club of Sunrise on 3rd September. I congratulate President elect Rotractor Bharat Teja and his team for this new year and wish them all the best.

We had a speaker meeting organised for members on 10th September and the speaker gave her insights on the topic "Art of perseverance."

24th October is commemorated as the world polio day. Although polio has been eradicated from our country but there is still is threat from neighbouring nations making the world polio day as important as ever. On this day Rotary and its partners will recognise the progress we have made against polio. As Rotarians let us continue to raise awareness of the importance of polio eradication and Rotary's critical role in this effort.

We plan to have a speaker meeting early this month along with Anns. We also have a district designated activity coming up: Career guidance for students of high school level by a very prominent faculty.

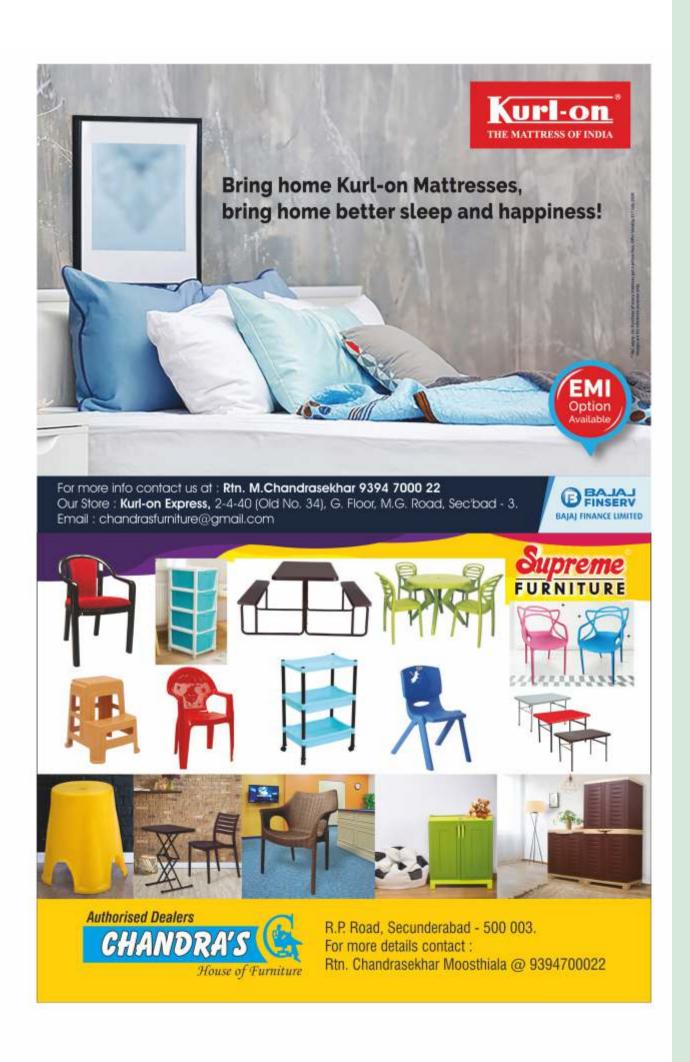
We are also planning a vocational trip for members and Anns which should hopefully be very useful and interesting.

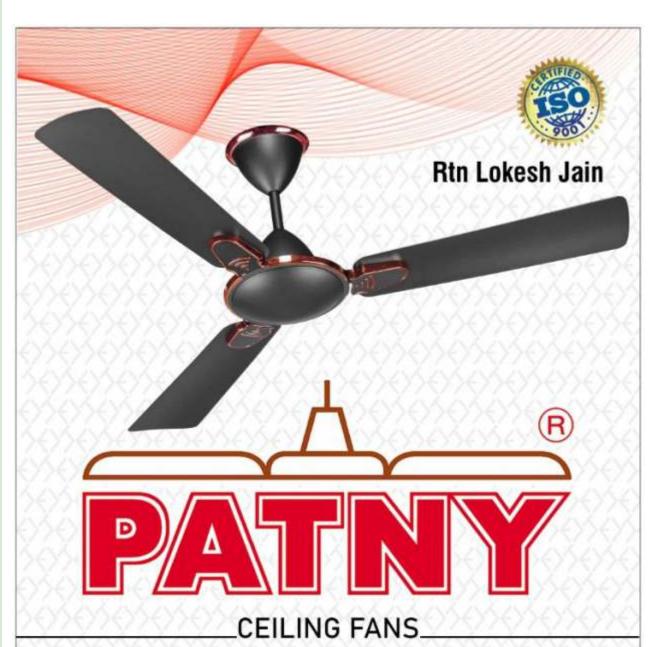
In my last column last month I had shared with you that we are planning to have a colour Doppler ultrasound machine installed at MNJ Cancer Hospital. In gives me great happiness and satisfaction to inform that much headway has been done in this direction through valiant efforts of past president Rtn Srinivas Gumidelli and we hope to get the same installed very shortly.

Friends, as I sign off for this month, as Rotarians let us pledge to work together to achieve the goals set by us. "Together, we see a world where people unite and take action to create lasting change across the globe, in our communities, and in ourselves."

Thank you.

Rtn. Rajhans Banka President (2022-23).







*

Manufactured by:

JAIN ELECTROMECH APPLIANCES

JAIN ELECTRO ENTERPRISES

14, SVCIE. Phase 1 Ext. Balanagar, Hyderabad-500 037. INDIA. website: www.patnyfan.com Landline No.: 040 23772412







BIRTHDAY

05/10 - Rtn. Vineet Giria 06/10 - Ann Beena

W/o Rtn. Ramnarayana

12/10 - Ann Anuradha Goel W/o Rtn. Ranjay Goel

18/10 - Ann Vijaylaxmi

W/o Rtn Chandra Sekhar

23/10 - Srinivas Gumidelli

Ann Rama Devi W/o Rtn.Sreedhar

30/10 - Ann Sujata (W/o Rtn.Ramayya)

31/10 - Dr Surender

ANNIVERSARY

30/10 - Rtn. Ramnarayan & Beena

PROGRAMME

Speaker Meeting - 09th October

Dialysis Count

For September 2022 Regular : 284+11=295 ESI : 792+32=824 GRAND TOTAL *1119

20 Reasons to Join Rotary Club

- 1. The Oppertunity to Serve
- 2. Friendship
- 3. Business Development
- 4. Personal Growth
- 5. Leadership Development
- 6. Community
- 7. Continuing Education
- 8. Fun
- 9. Public Speaking Skills
- 10. Citizenship in the World

- 11. Travel Assistance
- 12. Entertainment
- 13. Devlop Social Skills
- 14. Next Generation Programs
- 15. Vocational Skills
- 16. Ethics Reinforcement
- 17. Cultural Awareness
- 18. Prestige
- 19. Nice People
- 20. No 'official creed'













Manufacturers of Conveyors (belt/screw/slat), Idlers, Pulleys and Bucket Elevators



IMPACT ROLLERS



CARRYING ROLLERS



BELT CONVEYORS



Sanjay Kabra



+91-9348444877



www.avishkarindustries.com



info@avishkarindustries.com

AVISHKAR INDUSTRIES PRIVATE LIMITED

(ISO 9001:2015 Certified)

Regd. Office:

Survey no. 42/A, Alinagar Hamlet, Chetlapotharam, Gaddapotharam Gram Panchayat, Jinnaram (M), Medak Dist. (502 319) Telangana. India.

RCSS Speaker Meeting on 10th September at Hotel Marigold, Begumpet



Speaker : Mrs Angelina







OUR SERVICES



Customisable Truck Load

We support Full Truck Load (FTL) and Part Load Truck (PTL) road freight Transport, from any pickup location to any destination across India and neighbouring countries.



Container Trucks

We provide container vehicles as per your requirement that allows the benefit of reduced cargo handling, greater cargo protection, and reduced shipping cost



Trailers & ODC Project Cargo

For all your consignments that do not fit in the standard dimensions, we accommodate them this way. No shipment is too tough for us to handle.

WHY CHOOSE US?

I would be honoured to have a one on one meeting with you in the near future and would request an opportunity to service your company with the most competitive rates and the state of the Art services.

- Goods Delivered: Our company transports over
 +200K metric tons of goods every year.
- Large Network: 25 company branches that cover the major cities in the country
- LR Tracking: Check the status of your consignment with the click of a button.

ABOUT OUR COMPANY

Network Carrying Company Pvt. Ltd. is a leading logistics provider that has professionalized the Indian cargo industry. In the 25+ years that we have been operational.

504,Encon Lake Melody 6-3-1099/14 & 15 Rajbhavan Road, Somajiguda, Hyderabad, Telangana 500082 satyug@nccpl.com www.nccpl.com

Onam Festival Celebrate at Rtn. Ramnarayana 's home













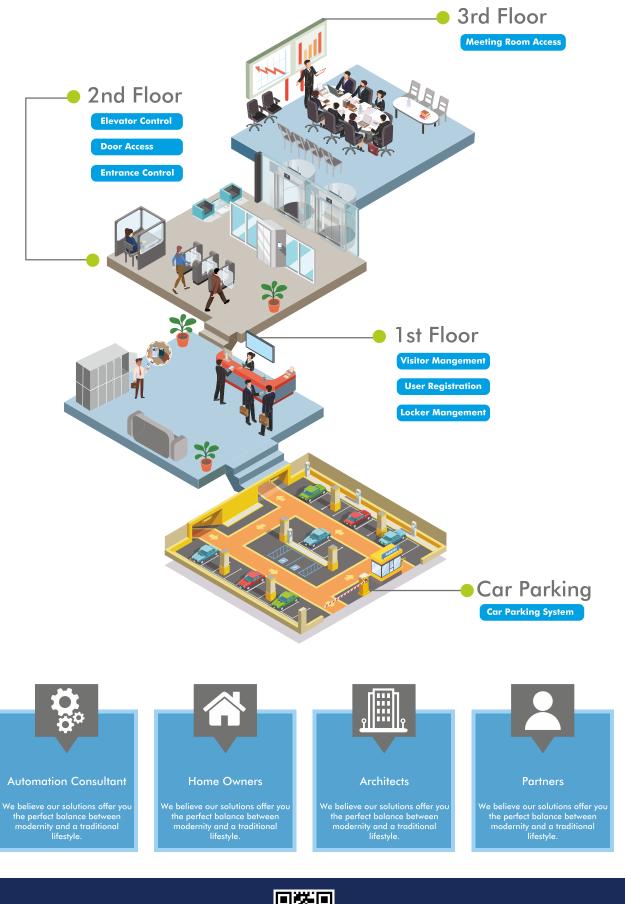






One Card Integrated Solution















□ - contact@accqtrax.in○ - 9949621007

Onam Festival Celebrate at Rtn. Ramnarayana's home

















202/203, Chenoy Trade Centre, 2nd Floor, 116, Parklane, Secunderabad-500 003

Ph.: 040-66325407, 66325408, Fax: 66325400

RCSS Fellowship at Hard Rock Cafe, Hi-Tech City Sunday on 18th September 2022.

















Introducing EcoServe, the WATERLESS replacement to chafing dishes!











For more information or to book a demo, contact LAXMI VENTURES: sales.ecoburnerindia@gmail.com or call 9398184150

RCSS Fellowship at Hard Rock Cafe, Hi-Tech City Sunday on 18th September 2022.





















OUR HIGHLIGHT **SERVICES**

PERSONAL TAX PLANNING

We provide smart tax planning solutions and help you understand how it is an integral part of an overall financial plan of individual. We also help you maximize benefits while staying compliant at the same time.

VIRTUAL CFO

We provide innovative solutions

to your business needs that can change the outlook of your business to the right direction of growth.

HR & PAYROLL SOLUTIONS

AUDIT & ADVISORY

Audits add value in solving the

effectiveness of governance, risk management, internal control

GOODS & SERVICE TAX (GST)

We ensure that your business is

equipped to cope up with the requirements of the ever-evolving GST law and thus avoid any losses which may occur later due to

non-compliance related issues.

issues faced by businesses by

providing insight on the

processes.

We help businesses of all sizes manage all HR processes efficiently. We offer carefully structured and designed solutions that can be customized to meet your organizational requirement and preferences.

BUSINESS START-UP ADVISORY

Our team of professionals iswell equipped to review your business plan, measure your strategy against your business goals & make necessary suggestions to increase chances of success for your business.

🤍 +91 - 9398026431

Get in touch with us! of info@pennyworthconsultants.com (www.pennyworthconsultants.com (www.pennyworthconsultants.com





WHO - Cervical Cancer Prevention and Control Costing (C4P) Tool



The Department of Immunization, Vaccines and Biologicals (IVB) in WHO has developed a generic costing and planning tool for cervical cancer prevention and control. The WHO Cervical Cancer Prevention and Control Costing (C4P) tool has been developed specifically to assist low- and middle-income countries in planning and costing cervical cancer control strategies. The tool has been built in Microsoft Excel and consists of two independent modules.

HPV vaccination module (C4P-HPV tool)

Cervical cancer screening and treatment module (C4P-ST tool)

Both modules generate financial and economic cost estimates for programmes, either to project future costs or to retrospectively evaluate programme spending. The costs are broken down by cost activity components.

The C4P-HPV tool is used for estimating the additional resources required to introduce HPV vaccine into an existing immunization programme for a five-year scale-up. The cost output is displayed in terms of total costs and costs per fully immunized person. Both introduction and recurrent costs are available to assist programme planning.

The C4P-ST tool estimates additional resources required to add cervical cancer screening and treatment to an existing health programme, and provides estimates of cost per screening or treatment service over a five-year period.

The WHO C4P tool provides access to transparent underlying calculations and assumptions. The C4P-HPV tool is currently available in English and French by selecting preferred language within the tool; and the C4P-ST tool is currently available in English.

Potential target audiences of the WHO C4P tool include: mediators (i.e., international consultants, technical assistants and trainers) of costing and planning activities, supervisors, sponsors, and managers of costing and planning activities, developers of costing and planning tools, subject matter experts in cervical cancer prevention and control programming, and subject matter experts in costing and planning.



WHO - Cervical Cancer Prevention and Control Costing (C4P) Tool

Human papillomavirus (HPV) vaccination module (C4P-HPV tool):

The C4P-HPV tool is one of the modules of the WHO Cervical Cancer Prevention and Control Costing (C4P) tool which has been developed specifically to assist low- and middle-income countries in planning and costing cervical cancer control strategies.

This C4P-HPV tool is used for estimating the additional resources required to introduce HPV vaccine into an existing immunization programme for a five-year scale-up. The cost output is displayed in terms of total costs and costs per fully immunized person. Both introduction and recurrent costs are available to assist programme planning.

WHO Cervical Cancer Prevention and Control Costing tool: cervical cancer screening and treatment module (C4P-ST tool)

The C4P-ST tool is one of the modules of the WHO Cervical Cancer Prevention and Control Costing (C4P) tool which has been developed specifically to assist low- and middle-income countries in planning and costing cervical cancer control strategies. This C4P-ST tool estimates additional resources required to add cervical cancer screening and treatment to an existing health programme, and provides estimates of cost per screening or treatment service over a five-year period.

Improving data for decision-making: a toolkit for cervical cancer prevention and control programmes

This publication, Improving data for decision-making: a toolkit for cervical cancer prevention and control programmes, expands the support provided to low- and middle-income countries in current global normative guidance. The toolkit presents an aligned package of operational resources for improving the availability and use of high-quality data for decision-making in cervical cancer programmes. The standardised tools and guiding information are designed to be adapted to country and programmatic context. This package aims to assist ministries of health and other stakeholders in generating the information necessary to plan, implement, monitor, evaluate, and scale cervical cancer prevention and control programmes.



EDIBLE CUPS



Edco Biscuit Tea Cup Our innovation for circular economy



15g / 60ml ₹7.5++ each



25g / 110ml ₹13++ each

- Flavours availabel Choco-Biscuit Cup Biscuit Cocoa
 - Double chocolate (with chocolate coating)
 - Real Cardamom Biscuit cup
 - White chocolate (Flavoured with Mango, Rose, Strawberry)

Can withstand hot liquid for up to 15 minutes

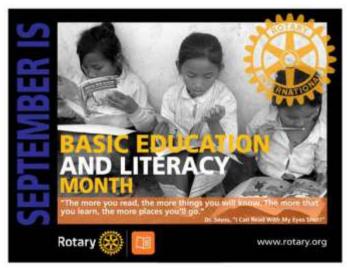
You can order these by mail / whatsapp for trials, no MOQ needed

Edco India, Hyderabad, India

Website : www.edco-india.com : info@edco-india.com Whatsapp: +91 7995957007



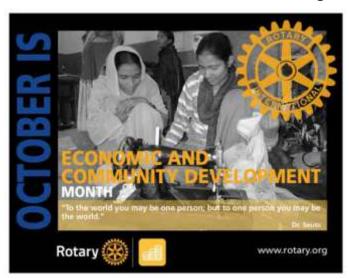
DESIGNATED MONTH



September - Basic Education & Literacy

Area of Focus: Basic Education and Literacy Month, Promote Liteacy and It's a time when Rotary clubs and districts highlight Rotaract by joining in projects with their Rotaract clubs.

- Initiate Adult Education class
- Involve Youngsters / College Students as Teachers
- Initiate E-Learning / Happy School Projects
- Distribute Libraries
- Develop Traffic park for Children
- Arrange Traffic Awareness Lectures in Schools & Colleges



October - Economic and Community development

Area of Focus: Economic and Community Development Month. This month also includes: International Day for the Eradication of Poverty on the 17th and World Polio Day on the 24th of October.

- Develop Micro Credit system
- Organise Awareness Seminar on Self-Employment at Colleges/Universities
- Organise Trade Exhibitions
- Organise Buyers-Sellers meet
- Take up Entrepreneurship Development Program
- Organise Consumer Forum, a Public Meeting



India is a country with diverse religions where the people a lot of festivals. The country celebrates each and every festival with zeal and enthusiasm.

The Indian calendar, which is the Shaka Calendar, is based on the luni-solar system and has local variation. Indian calendar follows the 12 months and 365 days rule but the names of the month are different from the English calendar. The first month of Indian calendar is known as Chaitra while the last one is called Phalguna.

2 October 2022, Sunday - Gandhi Jayanti



Gandhi Jayanti is an event celebrated in India to mark the birthday of Mahatma Gandhi. It is celebrated annually on 2 October, and is one of the three national holidays of India. The UN General Assembly announced on 15 June 2007 that it adopted a resolution which declared that 2 October will be celebrated as the International Day of Non-Violence as he was a non-violent freedom fighter. He is also known as the "Father of The Nation" and this title was given to him by Netaji Subhash Chandra Bose for his relentless struggles for independence.

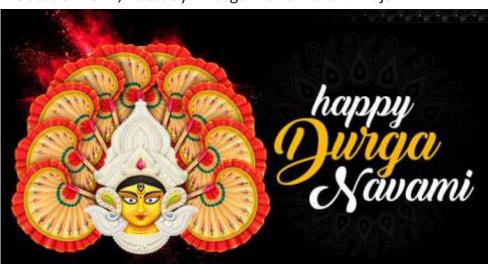
3 October 2022, Monday - Durga Puja Ashtami



Durga Ashtami celebrates the victory of Goddess Durga over the evil buffalo demon, Mahishasura. Legend has it that owing to a boon bestowed upon it by Lord Brahma, Mahisasura could only be defeated by a female warrior.

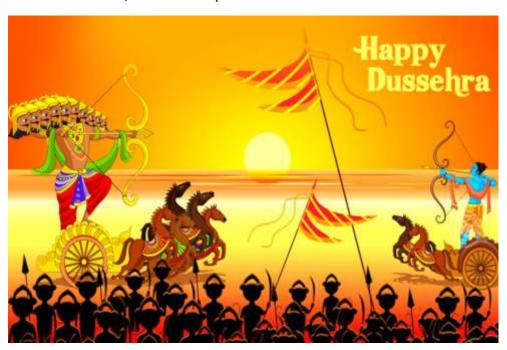


4 October 2022, Tuesday - Durga Maha Navami Puja



Mahanavami, also known as Durga Navami, marks the ninth day of Navratri festival and is considered highly auspicious in the Hindu religion. Maha Navami literary means - the great ninth day. Maha Navami is also celebrated as the victory of good over evil.

5 October 2022, Wednesday - Dussehra



Dussehra, also called Dasara or Vijayadashami, in Hinduism, holiday marking the triumph of Rama, an avatar of Vishnu, over the 10-headed demon king Ravana, who abducted Rama's wife, Sita. The festival's name is derived from the Sanskrit words dasha ("ten") and hara ("defeat").



13 October 2022, Thursday - Karva Chauth



Karva Chauth is a one-day festival celebrated annually by married Hindu women in which they observe a fast from sunrise to moonrise and pray for the well-being and longevity of their husbands. The festival is also observed by unmarried women who pray in the hope of securing a desired life partner.

23 October 2022, Sunday - Dhanteras



The word Dhanteras is made of two words - Dhan which means wealth, and Teras which means 13th day. According to Hindu calendar, Dhanteras falls on the 13th lunar day of Krishna Paksha (dark fortnight) in the month of Ashwin. The day of Dhanteras is also known as Dhanatrayodashi or Dhanvantari Trayodashi.



24 October 2022, Monday - Diwali, Narak Chaturdashi



Diwali: Festival of Lights. In India, one of the most significant festivals is Diwali, or the Festival of Lights. It's a five-day celebration that includes good food, fireworks, colored sand, and special candles and lamps. Hindus interpret the Diwali story based upon where they live.

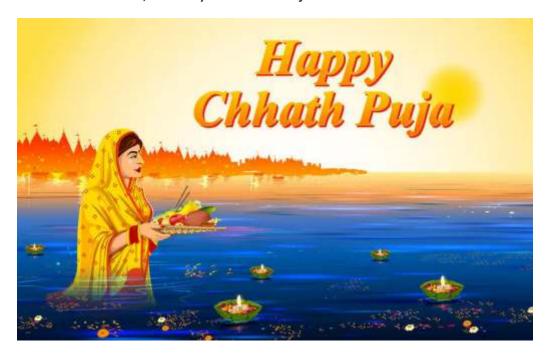
26 October 2022, Wednesday, Monday, Wednesday - Bhai Dooj, Govardhan Puja



Bhai Dooj, Bhaubeej, Bhai Tika or Bhai Phonta is a festival celebrated by Hindus on the second lunar day of Shukla Paksha (bright fortnight) in the Vikram Samvat Hindu calendar or of Shalivahan Shaka calendar month of Kartika. It is celebrated during the Diwali or Tihar festival and Holi festival. The celebrations of this day are similar to the festival of Raksha Bandhan. On this day, brothers give gifts to their sisters



30 October 2022, Sunday - Chhath Puja



Chhath is an ancient Hindu festival historically native to Nepalis and Biharis of the Indian subcontinent, more specifically, the Indian state of Bihar along with West Bengal, Uttar Pradesh, Jharkhand, and the southern parts of Nepal.[1][2][3] It has become popular with the Nepali hilly community in the recent years, thanks to the influence of southern Nepalis. Prayers during Chhath puja are dedicated to the solar deity, Surya, to show gratitude and thankfulness for bestowing the bounties of life on earth and to request that certain wishes be granted.



HP Range of Products





- □ Laptop Computers
- □ Desktop Computers
- □ Servers
- □ Laser Printers
- □ Inkjet Printers
- □ Plotters
- □ Scanners
- □ Routers / Switches
 and more









CACHE PERIPHERALS PVT. LTD.

8C, 8th Floor, Gumidelli Towers, Begumpet Main Road, Hyderabad - 500 016. Tel: 040-4849 8888 • Email : srinivas_ceo@cacheperipherals.com Log in: www.cacheperipherals.com | www.cachetechnology.in

Courtesy: Rtn Srinivas Gumidelli @ 9848005110



International Awareness Days List 2022

Social Media #Hashtag Calendar

Our international awareness days list.

It includeds all the fixed UN observance days and all the fixed international awareness days that could be found.

We believe every day should be special, of global interest and a few fun days.

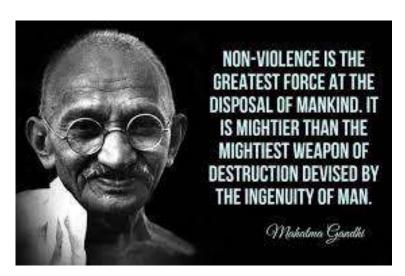
October 2022



1 October International Day of Older Persons

Celebrate the contributions older people make to society and raise awareness of issues that affect their lives. UN October awareness days.

#UNIDOP or #UNIDOP2022



2 October International Day of Non-Violence / Gandhi Jayanti

On this day in 1869 Mahatma Gandhi was born in India. His contribution to non-violent change, based on the "Ahimsa" philosophy, led to independence for India in 1947. In his own words "Non-violence is the greatest force at the disposal of mankind. It is mightier than the mightiest weapon of destruction devised by the ingenuity of man". UN October awareness days.

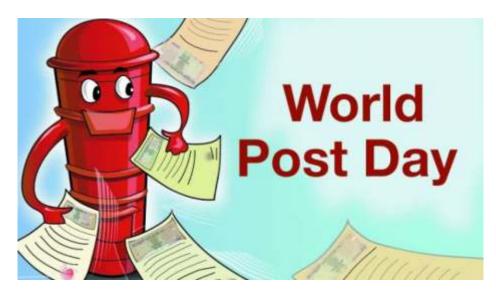
#Nonviolence



3 October World Habitat Day

World Habitat Day is held on the first Monday of October and launches Urban October. The day centres around the global observance, which is held in a different country each year with keynote speakers and roundtable discussions focused on a specific theme. World Habitat Day was first celebrated in 1986 in Nairobi, Kenya, with the theme 'Shelter is my right'. In 2022, the World Habitat Day, under the theme Mind the Gap. Leave No One and Place Behind, will look at the problem of growing inequality and challenges in cities and human settlements.

#WorldHabitatDay



9 October World Post Day

The anniversary of the Universal Postal Union formed in 1874 to provide a structure for worldwide international mail which support the UN's sustainable development goals. UN October awareness days.

#WorldPostDay





10 October World Mental Health Day
A day to openly discuss mental health illnesses and issues and take action to support mental health services and providers worldwide.
#WorldMentalHealthDay



11 October International Day of the Girl Child
A day to highlight and address the needs and challenges girls face in an unequal world and to promote girls' empowerment, energy and creativity to fulfill their human rights. UN October awareness days.
#DayOfTheGirl #FreedomForGirls





12 October World Arthritis Day

A day to raise awareness of arthritis, rheumatic and musculosketal diseases (RMDs) and campaign to improve diagnosis, treatment, care and support. #WorldArthritisDay #ConnectToday



13 October International Day for Disaster Reduction

A day to encourage people, communities and governments to build more disaster resilient communities. UN October awareness days. #IDDR or #IDDR2022



16 October World Food Day

The Food and Agriculture Organization (FAO) was founded on this day in 1945 and campaigns to action for end hunger by 2013 and ensure food security and nutritious diets for all. UN October awareness days.

#WorldFoodDay





17 October International Day for the Eradication of Poverty
Raise awareness of the need to eradicate poverty and destitution worldwide campaigning on a different theme each year. UN October awareness days.
#EndPoverty #StopPoverty



24 October United Nations Day
On this day in 1945 the UN Charter came into force and has been celebrated as United Nations Day since 1948. UN October awareness days.
#UNDay



31 October World Cities Day

A day to campaign for cooperation among inhabitants, urban communities and countries to make cities inclusive, safe, resilient and sustainable urban development. Better City, Better Life. UN October awareness days.

#WorldCitiesDay #CitiesDay #TheCityWeNeed



ENERGY DEVICES

Dedicated to Clean & Green India

SOLAR

Rooftop on grid systems (Make: Tata Power Solar / Rathi Solar)









Rooftop off grid system(Make: Tata Power Solar)
Water heating systems(Make: Rathi Solar)
Street lighting system(Make: Systellar)

ELECTRICAL

LED Lighting (Make: Opple, Stanjo)



MNRE approved manufacturing Wood saver for rural cooking -Checks deforestation





CAST IRON CASTINGS

Manufacturing of unmachined general C.I. Castings







Solar Division: 7-2-1/A/22, Balkampet, Hyderabad.

Foundry Division: C-12, Chandulal Baradari, Industrial Estate, Bahadurpura, Hyderabad www.energydevices1991.in

Contact: Vijay Rathi Call: +91 9848020046 Email: energydevices@gmail.com

Nine Days of Navratri



Nine Days of Navratri - 'Navratri' is one of the oldest and most pious Hindu festivals in the country. This festival dates back to prehistoric era, much before the vedic period was established. The powerful effect of worshipping Adi Shakti was well recognized from early times. It is also mentioned in the Vedas that Ma Shakti was venerated for 'sadhana' or dedicated meditation. Rishis and advanced spiritual seekers practiced 'japa' of the powerful 'Gayatri' mantra during this period. Today, as one of the most celebrated festivals Navratri is a religious and cultural binding force in the composite milieu of India. The nine days Navratri celebration in a very significant way brings our country's rich folk tradition alive.



The serene yet powerful puja during the nine days of Navratri is complemented by rich and vibrant festivities. 'Navratri' is a most opportune time when all parts of the country gears up for the festival. Maa Shakti represents the creative energy of the divine. Pilgrims visit the Shakti peethas for prayers and wish-fulfillment in this Navratri nine days festival. It is believed that nine days of Navratri assures protection and healing from any destructive force. With proper fasting, puja and self-disciplining habits, the devotee's wishes can be fulfilled.

Navratri glorifies the power, intellect and wealth aspect of Ma Durga. Hence, the nine days are segregated into three-day sets to honour Ma Durga, Ma Lakshmi and Maa Saraswati, respectively. The significance of Navratri nine days festival is based upon the science of 'gunas' and the ultimate goal of attaining 'satvik' guna. Since Goddess Durga represents the amalgamation of all powers, her invocation allows the devotee to get rid of 'tamasic' quality or tendencies towards attachment and delusion. On the next three days, she is worshipped as Goddess Lakshmi for eliminating the 'rajo guna' or energies of passion and anger, with blessings of spiritual wealth or riches. During the last three days, Goddess Saraswati is venerated for knowledge, spiritual wisdom and intelligence. Once this knowledge descends on the devotees, he/she is able to overcome ignorance and develop pure 'sattvik' thoughts and intellect.

In her nine manifestations during the nine days of Navratri, Ma Shakti is worshipped as Shailputri, Brahmacharini, Chandraghanta, Kushmanda, Skanda Mata, Katyayani, Kalratri, Maha Gauri and Siddhidatri. This Nava Durga aspect is mentioned in 'Durga Stotra' in the Vedas. It is also described in 'Chandipath', a sacred text dedicated to Ma Shakti. Invoking Nava Durga during the Navratri nine days festival eases the difficulties for the devotee on the path of spiritual upliftment. The names of the Goddesses are invoked with proper puja rituals, japas, hymns and 'arti'.

40

Nine Days of Goddess Durga

By : Ann. Ritu Gupta

First Day Puja

First day puja is dedicated to Shailputri Devi, daughter of the Himalayas. She combines the power of Brahma, Vishnu and Shiva, rides a bull and stands for inspiration.

Second Day Puja

The second day is devoted to Brahmacharini Devi, who epitomizes celibacy and penance. She symbolizes the arduous journey towards 'Moksha' or salvation. She grants devotees pursuing the spiritual path peace and divine bliss.

Third Day Puja

The third day is for invoking Chandraghanta Devi who is depicted as bearing a 'chandra' or moon on her head. Brandishing weapons and riding a lion, she epitomizes bravery and instills strength to her devotees.

Fourth Day Puja

Kushmanda Devi is the fourth form who created the universe with her laughter and dispelled darkness. She has eight or ten hands and stands for austerity that purifies the soul. Devotees seek her blessings for darkness-dispelling light in their lives.

Fifth Day Puja

In her fifth form as Skanda Mata Devi, the mother of the heroic warrior Skanda, she symbolises Divinity. Skanda Mata Devi is depicted as holding baby Skanda and offering her blessings.

Sixth Day Puja

The sixth day is dedicated to Katyayani Devi, born to sage Kata as a fulfillment of his wishes after a long penance. She is depicted as seated on a lion with three eyes and four hands.

Seventh Day Puja

In her seventh form, Kalratri Devi is depicted as a fierce and dark-complexioned Goddess holding a dagger to combat evil. She protects her devotees from evil and helps them overcome egoism.

Eighth Day Puja

Mahagauri or the wife of Lord Shiva is depicted as extremely fair-complexioned, wearing white clothes and holding a trident and 'damru'. She represents peace, intelligence and wisdom.

Ninth Day Puja

In her ninth form as Siddhiratri Devi, she bestows supernatural powers. It is believed she bestows all the eight siddhis to rishis, sadhaks and yogis who please her. Lord Shiva attained his 'Ardhnarishwar' (half male, half female) form by doing penance to acquire all eight siddhis. She is depicted as seated on a lotus in a state of bliss.





WE ARE BRINGING THE CHANGE WE WANT TO SEE IN THIS WORLD!

AD MANUFACTURERS

Turning Waste To Wealth







A stock broker who cares only for your smiles



Open your demat and trading account today and start earning with most awarded research team

SWASTIKA'S OFFERINGS

EQUITY | COMMODITY | CURRENCY | MUTUAL FUND | LOAN |
INVESTMENT BANKING | INSURANCE | ALGO TRADING

Swastika Investmart Limited

Group: Registered with SEBI, RBI, IRDA, NSE, BSE, MCX, NCDEX, CDSL, NSDL

Seema Nyati 99088 14724, Gaurav Nyati 93472 61767 gauravnyati@gmail.com Hyderabad Off.: 102, Imperial House, opp. Hotel Green Park, Ameerpet, Hyderabad,

Regd. Off.: Flat No. 18, North Wing, Madhaveshwar Co-op. Hsg. Society, S.V. Road, Andheri (W), Mumbai - 400058 Corp. Off.: 48, Jaora Compound, MYH Road, Indore - 452001
0120-4400789
www.swastika.co.in

SEB / RBA (REDA NOS. : HAS USE ONSE: INZUDENZA MCK/HCDEX : NIZUDENZASE CONLINED L (H-CP-115-2015, MERCHANT BANKING : RMC0001231), INVESTMENT ADVISORY : NAD00001943, RBFC : 8-03-00174, RBA : 15

100+ Own Branches 25+ States Presence **2600+**Business
Associates

200000+ Satisfied Clients 1000+ Team Members



We provide financial services as per your financial needs



- What Is Peer-to-Peer (P2P) Lending?
- Peer to Peer (P2P)Lending is a new alternate Debt Asset Class for Investors. It is the practice of lending money from one person to another person through an online portal for a pre-defined Purpose, Period, and Interest Rate.
- P2P is a short-term Debt Instrument that provides superior returns to Fixed Deposits, Liquid Mutual Funds, and Debt Mutual Funds coupled with lower risk.

To be continue...



www.myfundinsights.com



contact@myfundinsights.com



9989244859

Disclaimer





SAARTHAK ENTERPRISES

Proprietor: Rajhans Banka Cell no. +91 9391015562

Stretch films, LD Shrink films,
POF Shrink films,
BOPP self adhesive tapes,
All type of poly covers and sheets,
BOPP seal king bags,
EC grade PET film etc.



11-31, Fathenagar, Hyderabad - 500 018



ACCURA



The Locker Experts

Protect your lifetime savings & Jewellery with Accura Safety Locker & CCTV

Over 35 safety locker models on display @ our stores



Exchange your old **CC Cameras** with ACCURA **4MP Cameras**



Customized safety locker - 6ft (Double door - Electronic + Key)



We undertake customized orders of strong room door upto 6ft



ACR 6145 N



ASK 09 Manual Key with Dual Locking



ASK 07 Bio (3 in 1)



ASK 06 Hundi Roller



Vasthu





ACR 2535 N











Dome Camera

Cash Counting Machine LCD With take note Detection



PTZ Camera









Ask for a FREE live demo @ your doorstep...

Our Brand Stores

KONDAPUR Sarath City Capital Mall

MALAKPET **Besides Chermas**

SAINIKPURI Opp. Vayupuri **Bus Stop**

KUKATPALLY Near Sujana Forum Mall

Value Add Counting Machine With take note Detection

WEST MARREDPALLY Behind Police Station

PUNJAGUTTA Next Galleria Mall (Opening Shortly)

Call: 9248004444 | www.accuranetwork.com | info@accuranetwork.com

We value your suggestion



Your opinion matters.

Like anything in this world, Rotary Club of Secunderabad Sunrise needs to remain agile and adapt to the changing needs of our tribe and community. How can we expect to continue doing 'good' in a World we can't properly understand or relate to?

For this reason, we'd love to hear your suggestions on how we could make our club better and/or help guide Rotary International in a more modern direction. Do drop a line at

Editor / Webmaster

rajesh_pamnani@hotmail.com webmaster@rndwafers.com



ROTARY CLUB OF SECUNDERABAD SUNRISE www.rcss.in



Disclaimer

All have been attributed to the rightful authors, to the best of our knowledge. If we have omitted something please contact us. The views and opinions expressed in the articles are those of the author(s) and do not necessarily reflect the views or opinions of the editors.