



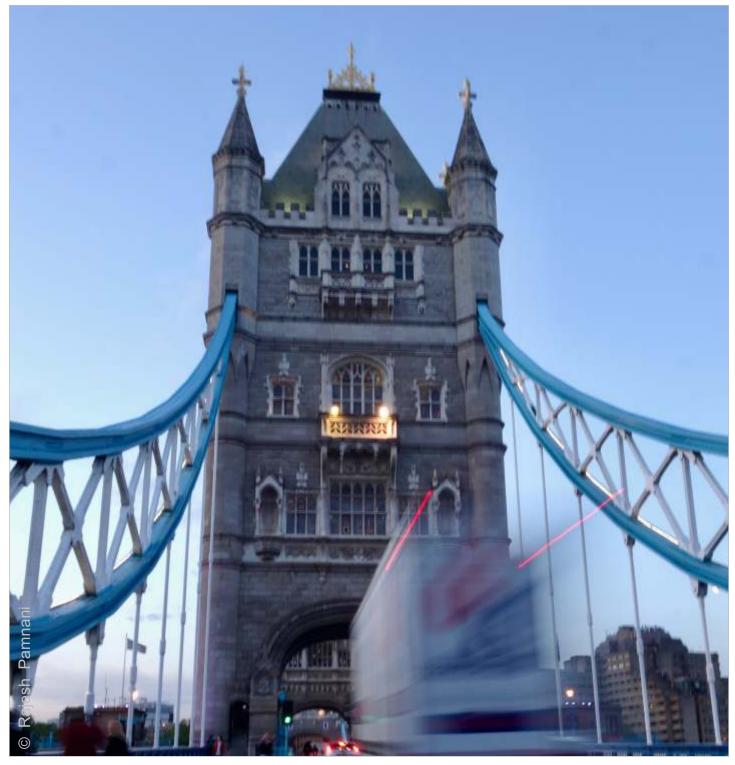




A Bulletin of Rotary Club of Secunderabad Sunrise District 3150. India

Dist. Gov.: Rtn. K Prabhakar | President: Rtn. Ravi Ladia | Secretary: Rtn. Vineet Giria | Editor: Rajesh Pamnani

(This Magazine is for Private Circulation Only.)



Team Rotary Club of Secunderabad Sunrise for 2021-22

President - Rtn. Ravi Ladia
Secretary - Rtn. Vineet Giria
Treasurer - Rtn. Vikram Mehta

Club Trainer - Rtn. Sandeep Jhawar

IPP - Rtn. Vijay Rathi Vice President - Rtn. Anil Goel

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Director

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Club Program - Rtn. Mehul Shah ebulletin & Website - Rtn. Rajesh Pamnani Member Retention - Rtn. Krishna Narella New Member - Rtn. Gaurav Niyati

Vocational Trainning - Rtn. Gaddam Sathish Manohar

Speaker Meeting Rtn. Ajit Gandhi **Existing Projects** Rtn. Vaman Rao **Fund Raiser** Rtn. Shravan Malani Polio Rtn. Dr. Surender Finance Rtn. Sandeep Gupta **New Projects** Rtn. Sameer Gupta Know your Member Rtn. Krishna Narella Long term Projects Rtn. Praveen Lunawath





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Theme for 2022-23...



2022-23: Imagine Rotary

RI President-elect Jennifer Jones imagines a Rotary where members act to make their dreams become reality and they make the most of their club experiences. She urges members to engage more with each other and use these connections to build partnerships that change the world.



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FROM THE EDITOR'S DESK



New Year-New Beginnings

The beginning of the new year is the right time to set yourself for some new goals. Every year the youth make some resolution.

We need courage and confidence to fulfil these resolutions. The beginning of the new year is a great opportunity to make a change and gain new experiences by which you may create the history of your life. The new year brings a different perspective.

Self-examination is the best way to make the new year better than last year. Self-examination allows you to review the previous year and answer questions such as:

What did you do better?

Where did you succeed beyond your expectations?

What did you do wrong and what can you learn from it?

Where did you fail? Where do you stand in terms of making your goals and dreams come true? And so on!

These are important questions where you can see the track of your progress. The biggest and most important adventure of our life is to find out who we really are. And what do we want to be? The most important skill is to discover your true self (Strength finder).

Everyone is unique but most of the youth waste time and opportunity in making themselves like others.

When you know yourself, you will find success faster than ever. We must all seek our own personal purpose. It means separating our own perspective from other people's expectations.

The New Year is a great opportunity to turn a difficulty into a challenge. Yesterday's dream is today's hope and tomorrow's reality.

Do not wrap yourself in the page of failure, instead make that page the cover page of your success book.

Each day is a new beginning and the new year is a new journey of life. don't let obstacles stop you from fulfilling your hopes and dreams.

The new year gives us an opportunity to clean our slate and write a new chapter on it. resolve to make the New Year the best journey of your life.

Rajesh Pamnani Editor (2021-2022).

Introducing our Editors (2021-2022)



Ann Seema Jain W/o Rtn. Lokesh Jain Qualification Mcom from Rajasthan university & Home maker.

Ann Mamta Jhawar
W/o Rtn. Sandeep Jhawar
Qualification B.com Hons in Accountancy from
Kolkata University, but that was not an end to my
learning, I aspire to learn something new
everyday.





Ann Ritu Gupta
W/o Rtn. Samir Gupta
BA degree and Masters in Computers, I have kept myself engaged professionally in our consultancy firm for foreign education - providing solutions to students for education abroad.

Ann Beena Ramnarayan W/o Rtn. Kappana Ramnarayan Graduation in commerce from SV University. I worked with a corporate for a while and had to give up my career to be a full time mom.





Ann Kanak Kabra
W/o Rtn. Sanjay Kabra
Qualified Company Secretary, Sujok therapist,
certified Angel Practitioner Executive Director
(finance, HR and legal compliances) in Avishkar
Industries Private Limited.

Ann Lopa Mehta
W/o Rtn. Vikram Mehta
I am an educator by profession and a people's person by heart. I enjoy my work and make sure to do my best each time.



THE PRESIDENT SPEAKS





Dear RCSS Family

It has been a roller coaster start to the year. It's hard to believe that it's been only one month since this year started. Specially considering that the year already saw COVID raise like a tsunami and yet people have been brave enough to carry on business as usual. Everyone seems to have an anxiety about going to work place, public place or attending any social gathering and yet from what I can gather, businesses have not seen any downside as of now. We can just hope and pray that the third wave subsides without claiming any major casualties. COVID has already caused remediless damage to human lives, health and economy and the world can surely do without any further of it.

This month we lost a legendary social worker in Late Sindhutai Sapkal. Her entire life symbolises the spirit of Rotary. The spirit of working for a cause. She lived all her life raising orphans and was rightly called "The Mother Teresa of India". These are people who have the mettle to change the society with their selfless contribution despite of all the adverse conditions in their personal life. I pay my utmost respect and pray that the noble soul rests in peace.

This month also brought with itself the sad news of the blazing of the Secunderabad Club. The Club was like a second home to many of our members and the loss of such a heritage building is surely going to haunt us.

COVID has laid to rest any social gatherings and hence, the speaker meetings and fellowships have not really taken off in the last month or so. However, the entire RCSS family has come together for an extremely noble cause. Everyone on the team deserves a praise for the selfless hours they are putting in for the construction of the Dialysis Centre. The team deserves all the praise one can shower. The coordination among the members and the zeal with which the project is being executed makes me pinch myself sometimes to reassure my self that its actually happening. The project once completed would be a legacy for our club, a dream come true for many and for sure a life saviour in its own.

I would also like to praise the editorial team who are arranging wonderful competitions for the kids who are woefully trapped in their homes and bringing out this journal month on month. I am strongly of the opinion that kids need a better world than what COVID is forcing them to lve in. As Mr Raghuram Rajan rightly pointed out, "we will lose an entire generation, if we can not find a way to reopen schools at the earliest."

I once again close by emphasizing on the power of giving. The art of giving has immense potential to make your own self happy and I hope each one can try to find the same in the smallest acts of giving. Hopefully by the time I sit to pen down my next article, we would be closer to bidding good bye to the third COVID wave and be closer to the pre pandemic world – a world where people were able to move around freely and meet each other without any fear of being infected. "More the Merrier" was the Mantra and more numbers had the possibility of only one infection – infection of joy and fun. The best thing about the time is that it does not last. If those great days did not remain, I am sure these challenging days will also not be there for long. This too shall pass.

Thank You Rtn. Ravi Ladia President (2021-2022).



SERVICE PROJECT UPDATE

Project Brief on Old Age Home at Miyapur, Hyderabad

An Old Age Home / orphanage located at Miyapur, Hyderabad had approached Rotary Club of Secunderabad Sunrise for requirement of Toilets and a water trench to be constructed to arrest waterlogging at the Old Age Home.

To assess the actual requirements at the Old Age Home / orphanage, President Rtn Ravi Ladia and Rtn Srinivas Gumidelli have visited the OAH on 4th Oct 2021 and met the Incharge Ms Shaheen Afroze. She had informed that there are 60 inmates and personally shown the OAH/orphanage and explained about the problem of water logging during the rains and how the water is entering the buildings. The inmates also explained that during heavy rains, the water logging is a major problem and about 2-3 feet of water gets accumulated inside the buildings. The other requirement of the OAH/orphanage was shortage of toilets and the inmates have to stand in queue for using the toilets.









SERVICE PROJECT UPDATE

Project Brief on Old Age Home at Miyapur, Hyderabad

To address these problems an architect and contractor were identified and they have visited the site to assess the needs and submitted a quote for the same. The estimation to address both these problems was to the tune of Rs. 8 Lakhs approx. We approached the RCSS Board for this requirement and Board suggested to approach our CSR partner BHEL GE Gas Turbines Services Pvt Ltd (BGGTS) for getting funds to execute these projects.

Subsequently we approached our CSR partner M/s BGGTS and explained the requirements of the OAH/orphanage along with quotation. M/s BGGTS was quite convinced about the project and gave approval to go ahead with the project and they committed to fund the project fully through their CSR funds.

M/s BGGTS have released 50% as advance to Rotary Sunrise Service Trust on 17th Jan 2022. On receipt of the advance amount, the Trust Chairman Rtn Rajesh Pamnani and Trust Treasurer Rtn Pawan Tibrewala have released the PO and advance to the vendor immediately. The work at the OAH/orphanage started on 27th Jan 2022. Some Pictures of the work in progress are shared.

Rtn Srinivas Gumidelli



ROTARY - INTERNATIONAL



Rotary 2022 International Convention to be held in Houston

The event will bring more than 20,000 participants from around the world and deliver \$30 million in local economic impact

HOUSTON (July 22, 2021) – During a joint news conference held at George R. Brown Convention Center today, Rotary and Houston First Corporation representatives announced that more than 20,000 service-minded people from around the world will gather in Houston for Rotary's 113th annual international convention on June 4-8, 2022.

The coveted international event is returning to Houston for the third time, marking the 50th anniversary of the 1972 international convention. The Bayou City also hosted the 5th Rotary convention in 1914. The event is expected to deliver \$30 million in economic impact for the city's hotels, restaurants, retailers and attractions.

"As a global membership organization that brings people from all continents and cultures together to share, learn and take action to bring positive and lasting change to communities around the world, we are thrilled that our first in-person international convention since 2019 will take place in Houston," said Rotary's International President Shekhar Mehta. "And for the first time ever, our annual event will be open to members of the public who want to connect, learn and be a part of our work to grow and change lives."

Rotary's 2022 international convention will transform the George R. Brown Convention Center into an energized hub and cultural mosaic as the organization's global network of volunteers gather to share information about all the ways they are taking action to address issues in their communities, to learn from notable experts, gain inspiration from world-class speakers, and connect with lifelong friends shaped through service.

Previous convention speakers include philanthropist Bill Gates; actor and philanthropist Ashton Kutcher; Prime Minister Justin Trudeau; actor, producer, host, entrepreneur, WWE Superstar and Rotary polio ambassador, John Cena; renowned primatologist Jane Goodall; and former United States Ambassador to the United Nations, Andrew Young.

Organized by Rotary International in conjunction with the Houston Host Organization Committee of local Rotary members, registrants of the convention will also experience Houston's hospitality with visits to local destinations like Space Center Houston, Kemah Boardwalk and one of Houston's premiere shopping destinations, The Galleria. Click here to register for Rotary's International Convention.

"Houston and Houston First Corporation are thrilled to host Rotary's International Convention next summer," said Jorge Franz, Senior Vice President Tourism and Industry Relations at Houston First Corporation & Greater Houston Convention & Visitors Bureau's president.

ROTARY - INTERNATIONAL



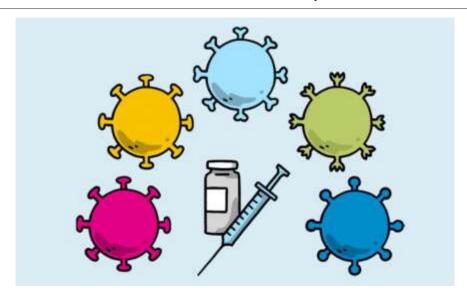
Rotary 2022 International Convention to be held in Houston

"We look forward to welcoming the thousands of awesome Rotary members who through their volunteerism and commitment to problem-solving make our communities better from continent to continent. This global exposure to 1.2 million Rotarians worldwide will further elevate Houston as a travel destination, and the anticipated \$30 million economic impact from the convention will be a financial shot in the arm for Houston hotels, restaurants, retailers, attractions and many more."

Houston Host Organization Committee chair, Rhonda Kennedy, representing 62 Houston-area clubs and its 2,400 members, said, "as a proud member of the Rotary Club of Sweeny, I am excited not only to welcome our fellow members from around the world to our beloved city, but also to show how Houston-area clubs are taking action to make the world a better place at home and abroad."

With the safety and wellbeing of participants and the wider community a top priority, Rotary's previous two conventions were held virtually due to the global pandemic. Speaking during the press conference, John Smarge, chair of Rotary's International Convention Committee, said, "this convention will also have a virtual component to make the event accessible to all members. And as we continue our planning, we will work closely with global and national health authorities to ensure that our in-person event follows the most current health and safety guidelines."

About Rotary: Rotary brings together a global network of volunteer leaders dedicated to tackling the world's most pressing humanitarian challenges. Rotary connects 1.2 million members of more than 36,000 Rotary clubs in over 200 countries and geographical areas. Their work improves lives at both the local and international levels, from helping those in need in their own communities to working toward a polio-free world. For more information, visit **Rotary.org**



The effects of virus variants on COVID-19 vaccines

This article is part of a series of explainers on vaccine development and distribution. Learn more about vaccines – from how they work and how they're made to ensuring safety and equitable access – in WHO's Vaccines Explained series.

All viruses – including SARS-CoV-2, the virus that causes COVID-19 – evolve over time. When a virus replicates or makes copies of itself, it sometimes changes a little bit, which is normal for a virus. These changes are called "mutations". A virus with one or more new mutations is referred to as a "variant" of the original virus.

What causes a virus to change to a new variant?

When a virus is widely circulating in a population and causing many infections, the likelihood of the virus mutating increases. The more opportunities a virus has to spread, the more it replicates – and the more opportunities it has to undergo changes.

Most viral mutations have little to no impact on the virus's ability to cause infections and disease. But depending on where the changes are located in the virus's genetic material, they may affect a virus's properties, such as transmission (for example, it may spread more or less easily) or severity (for example, it may cause more or less severe disease).

What impact do the new variants of the COVID-19 virus have on vaccines?

The COVID-19 vaccines that are currently in development or have been approved are expected to provide at least some protection against new virus variants because these vaccines elicit a broad immune response involving a range of antibodies and cells. Therefore, changes or mutations in the virus should not make vaccines completely ineffective. In the event that any of these vaccines prove to be less effective against one or more variants, it will be possible to change the composition of the vaccines to protect against these variants.

Data continues to be collected and analysed on new variants of the COVID-19 virus. WHO is working with researchers, health officials and scientists to understand how these variants affect the virus's behaviour, including their impact on the effectiveness of vaccines, if any. See WHO's Disease Outbreak News to get up-to-date information on the impact of COVID-19 virus variants on the effectiveness of the different vaccines. This is an area where the evidence remains preliminary and is developing quickly.

While we are learning more, we need to do everything possible to stop the spread of the virus in order to prevent mutations that may reduce the efficacy of existing vaccines. In addition, manufacturers and the programmes using the vaccines may have to adjust to the evolution of the COVID-19 virus: for example, vaccines may need to incorporate more than one strain when in development, booster shots may be required, and other vaccine changes may be needed. Trials must also be designed and maintained to allow any changes in efficacy to be assessed, and must be of sufficient scale and diversity to enable clear interpretation of results. Studies of the impact of vaccines as they are deployed are also essential in order to understand their impact.

What is WHO doing to monitor and understand the impact of virus variants on the efficacy of COVID-19 vaccines?

WHO has been tracking mutations and variants since the start of the COVID-19 outbreak. Our global SARS-CoV-2 laboratory network includes a dedicated Virus Evolution Working Group, which aims to detect new changes quickly and assess their possible impact.

Research groups have carried out genomic sequencing of the COVID-19 virus and shared these sequences on public databases, including GISAID. This global collaboration allows scientists to better track how the virus is changing. WHO recommends that all countries increase the sequencing of the COVID-19 virus where possible and share data to help one another monitor and respond to the evolving pandemic.

WHO has also established a SARS-CoV-2 Risk Monitoring and Evaluation Framework to identify, monitor and assess variants of concern. It will involve components like surveillance, research on variants of concern, and evaluation of the impact on diagnostics, therapeutics and vaccines. The framework will serve as a guide for manufacturers and countries on changes that may be needed for COVID-19 vaccines.

How can we prevent future new variants of the COVID-19 virus?

Stopping the spread at the source remains key. Current measures to reduce transmission – including frequent hand washing, wearing a mask, physical distancing, good ventilation and avoiding crowded places or closed settings – continue to work against new variants by reducing the amount of viral transmission and therefore also reducing opportunities for the virus to mutate.

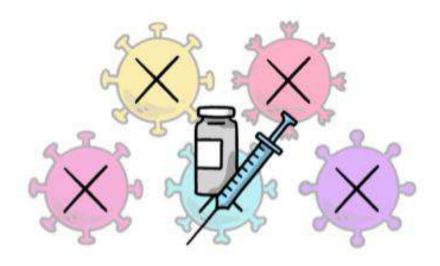
Stop the spread of the virus, and prevent strong new variants by:



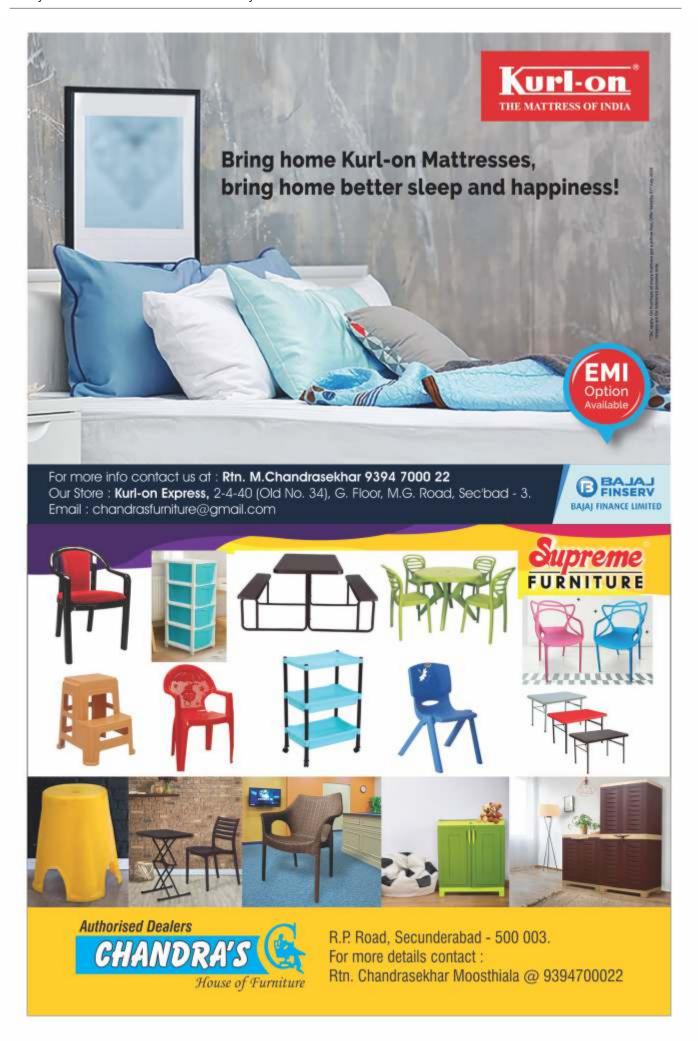
Scaling up vaccine manufacturing and rolling out vaccines as quickly and widely as possible will also be critical ways of protecting people before they are exposed to the virus and the risk of new variants. Priority should be given to vaccinating high-risk groups everywhere to maximize global protection against new variants and minimize the risk of transmission. Moreover, ensuring equitable access to COVID-19 vaccines is more critical than ever to address the evolving pandemic. As more people get vaccinated, we expect virus circulation to decrease, which will then lead to fewer mutations.

Why is it important to get vaccinated even if there are new variants of the virus?

Vaccines are a critical tool in the battle against COVID-19, and there are clear public health and lifesaving benefits to using the tools we already have. We must not put off getting vaccinated because of our concerns about new variants, and we must proceed with vaccination even if the vaccines may be somewhat less effective against some of the COVID-19 virus variants. We need to use the tools we have in hand even while we continue to improve those tools. We are all safe only if everyone is safe.



And researchers are working on ways to alter the composition of vaccines to cover possible new variations.





SERVICE PROJECT UPDATE

Project Brief on Dialysis Project at Qutbullapur

Rotary Club of Secunderabad Sunrise has been dreaming about a long term project from a very long time but was not materializing for some reason or the other. In fact a fund raising project was done some time back by organizing a play "LAST OVER" wherein RCSS had mobilized some decent amount keeping in mind of a long term project.

The year 2021-22 shall be the year wherein this long term project in the shape of Dialysis Centre will be inaugurated. The Dialysis Centre project was shortlisted after analysing various projects in terms of Project costing, sustainability of the project, how the project will be beneficial to the poor and economically backward persons in the society.

There was a brainstorming session amongst the members of RCSS on which would be th right organization who can help us in starting the Dialysis Centre. It was an unanimous decision that Mahaveer Dialysis Team led by Mr.Gautam Choradia was the ideal team because of their experience, professionalism, selfless service attitude and already running around 12 Dialysis Centres successfully and performed 1 million Dialysis.

Then RCSS has approached Mahavir Dialysis team and explained that they are keen to start a Dialysis Centre with a tie-up with them. Then Mahaveer Dialysis team readily agreed that they can assist us in setting up the Dialysis and also run the Dialysis Centre. They have informed that there are lot of patients in the vicinity of Suchitra Circle, Kompally, Bowenpally, Medchal and unfortunately there is no affordable Dialysis Centre nearby. They suggested to search for a suitable place of about 4000sft which is easily approachable in and around Suchitra Circle.





SERVICE PROJECT UPDATE

Project Brief on Dialysis Project at Qutbullapur





The search began and fortunately an ideal place was identified near Suchitra Circle (Qutbullapur) which was on main road, well furnished with all the services as required by the Mahaveer Dialysis Team. This place was approved by Mahaveer Dialysis team and immediately the RCSS team sprung into action to buy the property. Some 14 members of RCSS have been generous enough to come forward as Investors and buy the property and lease it out to Rotary Sunrise Service Trust without any rent. The RSS Trust would in turn enter into an agreement with Mahaveer Dialysis Team to assist in setting up the Dialysis Centre and also take care of the day to day operations of the Dialysis Centre.

Once the property was in place, our CSR partner BHEL GE Gas Turbine Services Pvt Ltd (BGGTS) was approached with a proposal to fund the Dialysis Machines and all the related equipments.

M/s BGGTS was impressed with the proposal and was convinced that the Dialysis Centre can help the poor /economically backward persons in the city by way of very affordable quality dialysis compared to the very expensive dialysis treatments by a lot of Hospitals. They realised that affordable Dialysis is the need of the hour and gave their acceptance to fund all the Dialysis Equipments (Capex) through their CSR funds. The non-capital funds shall be funded by the Rotary Sunrise Service Trust internal accruals.

Hopefully the Dialysis Centre may start in March 2022.

Rtn Srinivas Gumidelli



BIRTHDAYS & WEDDING ANNIVERSARIES -





BIRTHDAY

ANNIVERSARY

01/02- Rtn. Satish Manohar

07/02- Ann. Kanak Kabra

09/02- Rtn. Samir Gupta

18/02- Ann. Devika w/o - Ravindranath

25/02- Rtn. Sanjay Dolwani

26/02- Manish Sharma

09/02 - Rtn. Rajnish & Keerti Pissay

12/02 - Rtn. Sreedhar Raju & Rama Devi

Rtn. Sarvesh & Neha Gupta

13/02 - Rtn. Vinayak & Sheetal Dhuma

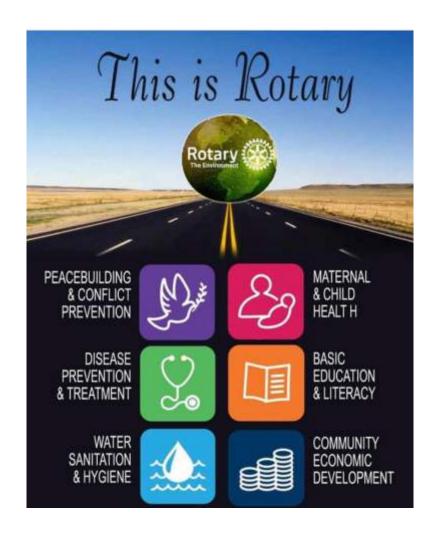
14/02 - Rtn. Ramesh & Sonia Notani

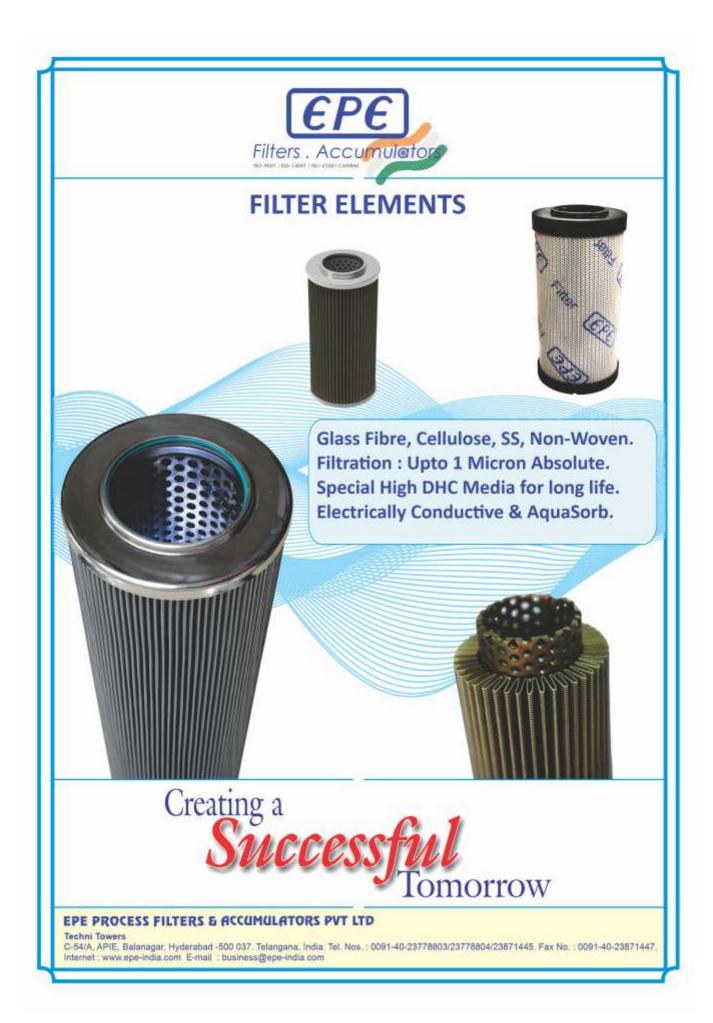
17/02 - Rtn. Ravi & Swati Ladia

20/02 - Rtn. Manish & Indra Sharma

25/02 - Rtn. Anil & Seema Goyal

Rtn. Shyam & Shailaja Gupta





DESIGNATED MONTH





January - Vocational Services

Vocational Service Month During this period, clubs highlight the importance of the business and professional life of each Rotarian. Special activities promote the vocational avenue of service.

- Distribute Four way Test
- Distribute Vocational Awards to outstanding individuals, Arrange Vocational Visits
- Awareness seminar on career guidance, Organise / Arrange in Plant Training
- Start Vocational Education / Skill Guidance Centre. Start Part Time Consultancy centre
- Helping Physically Challenged people to gets jobs





February - World Understanding Month

Vocational Service Month During this period, clubs highlight the importance of the business and professional life of each Rotarian. Special activities promote the vocational avenue of service.

- Organise 'MUNA' (Modal United Nations Assembly) at College Level
- Engage in reconciliation of broken families, restoring relationship
- Help How people can live in peace with their families and their neighbours
- Assist Young Single mothors who are victims of sexually abused through training them with self-help projects. e.g. Opening small business that may help them with their children







ROTARY CLUB OF SECUNDERABAD SUNRISE

Competition No. 4 - Kitchen Gardening





As humans we are always on the look -out for clean air and high on nutrition vegetables and fruits. The answer to all of the above is 'KITCHEN GARDENING'.

KITCHEN GARDENING also known as 'potager' in French and is an exclusive place created to contribute significantly to daily needs like herbs, vegetables and fruits. This not only provides an aesthetic value but is also free of chemicals and cost - effective. The other hidden benefits of gardening like reduced stress, boosts mood and building strength, fostering human connections etc. are like the 'icing on the cake'.

We at RCSS, always believe in a happy community and in activities that help bring a smile on people's faces. As the new norm is being self-sufficient, we are coming up with a 'KITCHEN GARDENING' contest.







Age group :- 5-20 years and above 20 years please send us pictures of your creation (the initial stage and the final product) / 30-60 seconds video of your little green space by March 30th 2022 via Whats App to

Lopa -9949621010 Beena -9246371966 Kanak -9885089031





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Ph.: 040-66325407, 66325408, Fax: 66325400



INTRODUCING OUR MEMBERS

Rtn. Vijay Rathi

Name of Spouse : Ann Kavita Children Names : Ruchika & Nikita

1. Name: Rtn. Vijay Rathi

2. Educational Qualifications: B.E. (Mech) from Birla Institute of Technology, Mesra

3. Profession/Business: Cast Iron Foundry-Cast Iron Cookwares, Machinery items Solar-Rooftop power systems, Water heaters, Street Lights

- **4. Hobbies:** Listening to Music, love to travel to new destinations for holidays. My most cherished destination is Goa.
- 5. Define yourself in 3words: Honest, Truthful (Cannot accept crap or lies.), Emotional

6. Based upon your life experiences what advice will you give to today's youth?

Be calm and cool at work, Avoid arguments, Sharing is caring. For the youth who are starting business or joining parental business-Honour your financial and delivery commitments and earn credibility.

7. How do you define leadership?

Modi is a leader, Mamta is a leader, Mukesh Ambani is a leader, Osama-bin-laden was a leader....

Trust of the people is most important. In business – the trust of workforce and facilitators of business play a very crucial part.

Understanding and acting as per the prevalent situations makes a good leader.

8. What is the most valuable lesson life has taught you?

Don't worry about what others will think. Keep doing what you feel is good for you or your family or people around you.

9. A principle/philosophy/motto you live by.

Strictly maintain commitments. Be simple and maintain low profile. Take Calculated risks.

10. What do you plan to do after you retire?

Travel a lot

11. What is your biggest take away from the ongoing pandemic?

Kal kya hoga, kisko pata... abhi zindagi ka le lo maza. Remain calm & composed and fight the situation

12. What is one thing you regret in life?

No regrets as such.



EDIBLE CUPS



Edible chocolate coated wafer cup

Coffee Cup

These wafer cups can be chocolate coated for drinks like coffee and milkshakes.

Plain baked wafers are ready to fill with sweet or savory ingredients — try hummus, chaat, pudding, dips, tiramisu and other bite size desserts or fresh fruit — the possibilities are limitless.

It can be also used as service cups for sauces and jams at breakfast table.



Chaat cup



Dessert cup



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- 2. Karachi Bakery
- 3. Q Mart
- 4. Balaji Grand Bazar



INTRODUCING OUR MEMBERS

Rtn. K.A.Ramayya

Name of Spouse : Ann KVS Sujata Children Names : Lavanya & KH Malini

1. Name: Rtn. Ramayya K A

2. Educational Qualifications: Graduate in Engineering

3. Profession/Business: Retired General Manager of BSNL

4. Hobbies: Reading, Socializing, Social Service, Travel I have cherished my travel to Australia and New Zealand

"Ageless body, Timeless Mind" by Dr. Deepak Chopra is my favourite book. It opens up many aspects of life

for us.

5. Define yourself in 3words: "Service to Mankind"

6. Based upon your life experiences what advice will you give to today's youth?

Be proud of our ancient culture and philosophy. Nothing is more important than genuine patriotism, respect

for motherland and mother tongue.

7. How do you define leadership?

Leadership by example, by practice and by participation.

8. What is the most valuable lesson life has taught you?

If you help others you will be rewarded apart from getting immense satisfaction.

9. A principle/philosophy/motto you live by.

Basic honesty, service above self to make the world better to live.

10. What do you plan to do after you retire?

I am already retired and am trying to follow what I have stated.

11. What is your biggest take away from the ongoing pandemic?

Limitations of human power is clearly established when nature creates harsh situations. Accept the limitations and adapt accordingly.

12. What is one thing you regret in life?

I could have consolidated my hobbies much earlier in life.







INTRODUCING OUR MEMBERS

Rtn. Raj Hans Banka

Name of Spouse : Ann Anita Banka Children Names : Sanridhi & Sarthak

1. Name: Rtn. Rajhans Banka

2. Educational Qualifications: M.Com

3. Profession/Business: Distribution of industrial plastic packaging products.

4. Hobbies: Numismatics and Travelling

5. Define yourself in 3words: Fun-loving Family Man

6. Based upon your life experiences what advice will you give to today's youth? Respect your parents and family

7. How do you define leadership?

Take opinions from all and take the best possible decisions.

8. What is the most valuable lesson life has taught you?

Circumstances may force you to take certain decisions which may be against your wishes.

9. A principle/philosophy/motto you live by.

Honesty is the best policy.

10. What do you plan to do after you retire?

Businessmen never retire.

11. What is your biggest take away from the ongoing pandemic?

Invest in your health and family.

12. What is one thing you regret in life?

Not attempting for UPSC.





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INTRODUCING OUR MEMBERS

Rtn. Ajay Jain

Name of Spouse : Ann Anita Jain Children Names : Anmol & Aman

1. Name: Rtn. Ajay Kumar Jain Tholia

2. Educational Qualifications: B.Com

- **3. Profession/Business:** Business in automobile industry. Dealers for Sml Isuzu Bus & Trucks in Telangana and Goa. Dealers for VE commercial vehicles and Piaggio commercial vehicles in Mumbai. Distributors for Veedol lubrications, Eneos lubrications ,Exide battery, Mahle Filters, Accurate body parts Owner of Infinity World School.
- **4. Hobbies:** Enjoy good food, Listening to music and Traveling
- **5. Define yourself in 3words:** Focused, Responsible, Approachable

6. Based upon your life experiences what advice will you give to today's youth?

One must be focussed and responsible and have self discipline in life in whatever they do to achieve their goals.

7. How do you define leadership?

During difficult times always be focused on what you want to achieve in life. Before saying anything or doing anything think twice and then take action .

8. What is the most valuable lesson life has taught you?

Always be calm, be patient and most important be a good human. Then everything will be right. Time and your hard work will speak for itself.

9. A principle/philosophy/motto you live by.

If possible and if it is in your hands then try to help others if they come to you asking for any help.

10. What do you plan to do after you retire?

Firstly I don't intend to retire by will but slowly want to spend more my time with the family and also dedicate more time towards the betterment of the society. I would also love to tour the world.

11. What is your biggest take away from the ongoing pandemic?

The pandemic taught us many things but most importantly not to depend on one business. Also having sufficient backup of funds is very important for any unforeseeable future. And most importantly your good deeds always work in difficult times.

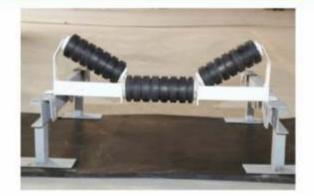
12. What is one thing you regret in life?

One thing I regret in life is not keeping in pace with the use of technology in day to day life.





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Competition No. 3 - Art of Baking Winners

1st Prize of Christmas Rum Cake



by Prashant Pathak

2nd Prize of Eggless strawberry tresleches



by Neha Biyani

3rd Prize of Coffee coconut cake



by Manorama Maloo

PHOTOGRAPHY

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CHALLENGE

Day 1: Self postrait

Day 2: Outfit of the day

Day 3: Clouds

Day 4: Something Green

Day 5: Shadow

Day 6: Water

Day 7: Landscape

Day 8: Black and White

Day 9: Jewelery

Day 10: Childhood Memory

Day 11: Eyes

Day 12: Sunset

Day 13: Coffee or Tea

Day 14: Something Blue

Day 15: Silhouette

Day 16: Flowers

Day 17: Your Pet

Day 18: Your Shoes

Day 19: Window Reflection

Day 20: Travel

Day 21: Faceless Self Portrait

Day 22: Music

Day 23: Your favorite Hairstyle

Day 24: Something Red

Day 25: Strangers

Day 26: Door

Day 27: Trowback 10 years ago

Day 28: Hobby

Day 29: Fruit

Day 30: Someone You Love

Start 1st of March and

End 31st March

Submission guidelines followed by next issues



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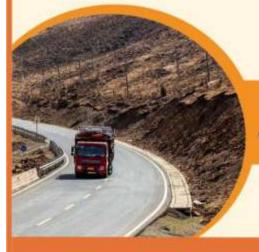
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We value your suggestion





Your opinion matters.

Like anything in this world, Rotary Club of Secunderabad Sunrise needs to remain agile and adapt to the changing needs of our tribe and community. How can we expect to continue doing 'good' in a World we can't properly understand or relate to?

For this reason, we'd love to hear your suggestions on how we could make our club better and/or help guide Rotary International in a more modern direction. Do drop a line at

Editor / Webmaster

rajesh_pamnani@hotmail.com webmaster@rndwafers.com



ROTARY CLUB OF SECUNDERABAD SUNRISE www.rcss.in



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