

RCSS

Rotary



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TIMES

A Bulletin of Rotary Club of Secunderabad Sunrise District 3150. India

Dist. Gov. : Rtn. K Prabhakar | President : Rtn. Ravi Ladia | Secretary: Rtn. Vineet Giria | Editor: Rajesh Pamnani

December 2021

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2022

HAPPY NEW YEAR

Team Rotary Club of Secunderabad Sunrise for 2021-22

President

-

Rtn. Ravi Ladia

Secretary

-

Rtn. Vineet Giria

Treasurer

-

Rtn. Vikram Mehta

Club Trainer

-

Rtn. Sandeep Jhawar

IPP

-

Rtn. Vijay Rathi

Vice President

-

Rtn. Anil Goel

President elect

-

Rtn Rajhans Banka

Sargeant-at-arms

-

Rtn Ranjay Goyal

Director

Community Service

-

Rtn. Chandrasekhar

Club Administration

-

Rtn. Lokesh Jain

Youth Service

-

Rtn. Pankaj Agarwal

Membership

-

Rtn. Sanjay Kabra

International Service

-

Rtn. Kappana Ramnarayan

CSR

-

Rtn. Srinivas Gumidelli

Foundation

-

Rtn. Pawan Kumar Tibrewala

Chairman

Club Program

-

Rtn. Mehul Shah

ebulletin & Website

-

Rtn. Rajesh Pamnani

Member Retention

-

Rtn. Krishna Narella

New Member

-

Rtn. Gaurav Niyati

Vocational Training

-

Rtn. Gaddam Sathish Manohar

Speaker Meeting

-

Rtn. Ajit Gandhi

Existing Projects

-

Rtn. Vaman Rao

Fund Raiser

-

Rtn. Shravan Malani

Polio

-

Rtn. Dr. Surender

Finance

-

Rtn. Sandeep Gupta

New Projects

-

Rtn. Sameer Gupta

Know your Member

-

Rtn. Krishna Narella

Long term Projects

-

Rtn. Praveen Lunawath



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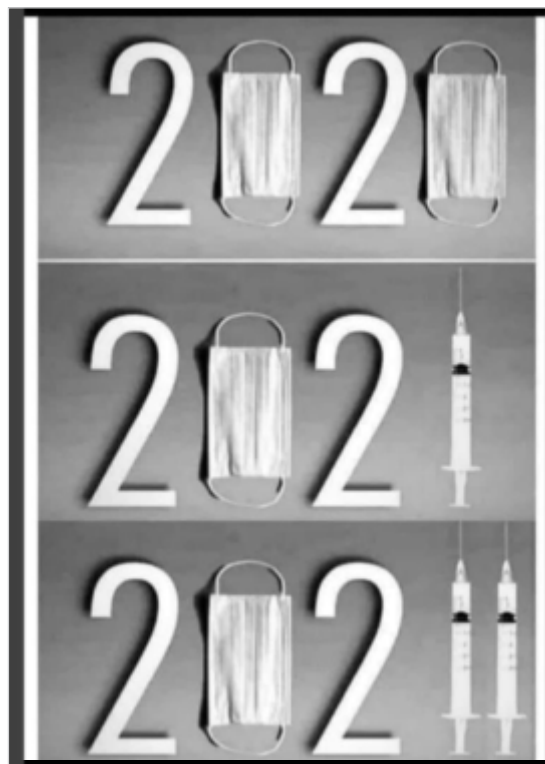
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New Year Resolutions

The end of the year is traditionally a time for reflecting on lessons learned from the past 12 months and looking to the future with optimism. New Year's resolutions offer us a chance to identify specific ways we can improve our lives and make concrete changes for the better. But for many of us, 2021 had more lowlights than highlights with the pandemic still raging, women's rights being rolled back, a terrifying climate report from the Intergovernmental Panel on Climate Change, and the economy still not working for many of us.



It's hard to lay down a path toward a better future when so much of what's wrong with your present is out of your control. But perhaps we can find some motivation in helping to improve the lives of others, while working toward bigger changes where and when we can.

Wish all our readers a very Happy & Healthy New Year. Stay Safe, Stay Happy.

Rajesh Pamnani

Editor (2021-2022).



Introducing our Editors (2021-2022)



Ann Seema Jain

W/o Rtn. Lokesh Jain

Qualification Mcom from Rajasthan university
& Home maker.

Ann Mamta Jhawar

W/o Rtn. Sandeep Jhawar

Qualification B.com Hons in Accountancy from
Kolkata University, but that was not an end to my
learning, I aspire to learn something new
everyday.



Ann Ritu Gupta

W/o Rtn. Samir Gupta

BA degree and Masters in Computers, I have
kept myself engaged professionally in our
consultancy firm for foreign education -
providing solutions to students for education
abroad.

Ann Beena Ramnarayan

W/o Rtn. Kappana Ramnarayan

Graduation in commerce from SV University.

I worked with a corporate for a while and had to
give up my career to be a full time mom.



Ann Kanak Kabra

W/o Rtn. Sanjay Kabra

Qualified Company Secretary, Sujok therapist,
certified Angel Practitioner Executive Director
(finance, HR and legal compliances) in Avishkar
Industries Private Limited.

Ann Lopa Mehta

W/o Rtn. Vikram Mehta

I am an educator by profession and a people's
person by heart. I enjoy my work and make sure
to do my best each time.



THE PRESIDENT SPEAKS



ANOTHER YEAR STARTS WITH BIG HOPE

A year of great ups and downs has just come to an end. It would not have been an exaggeration if the year 2020 was called the worst year in the mankind's history for it brought with itself the most mysterious enemy we have fought so far, the COVID 19. The year 2021 started on a positive note of the vaccines but the emergence of the Delta variant wiped out families together and, in the process, also made 2021 a year filled with regrets and sorrow for many. Just when we thought that we had overcome the final hurdle and vaccines are defeating the nuisance, we have been pushed in to the unknown once again with the emergence of Omnicorn variant of the virus. Unfortunately, as I write this article, the variant seems to be spreading its legs in the country and around the globe and the entire world is back in prayers for reprieve from the nuisance.

The situation makes me remember a quote by the famous author Robert Fitzhenry

"Uncertainties and mysteries are energies of life. Don't let them scare you unduly, for they keep boredom at bay and spark creativity."

I think the time has come when the world must accept the fact that the virus is probably here to stay for a while and start to learn to live with it. I think the time has come to recognise this as an opportunity and do as much service to the mankind as possible. I think one fact which is undeniable is surely that the pandemic has opened up more and more avenues for serving the society.

It was an excellent year for us as Indians. The recent appointment of Parag Agarwal as CEO of Twitter adds him to the illustrious list of Indians heading multinationals. India's best ever performance in Olympics also raised hope for the future. India's growing stature as a techno giant is also marked by the fact that Indian start-ups raised a record USD 36 bn during 2021 which was 3x more than the same number in 2020 and the year also saw a number of them getting listed on stock exchange. The progression to listing is important as it marks the confidence of global markets in Indian products which will improve further investments in India and thereby leading to better socio-economic growth of the country.

Let us pray for this year to mark India's rise to a point where no more of India's best minds need to step out of the country in search for a better opportunity and Indian companies occupy the status of global multinationals. It would be a dream come true if the reverse of today's times someday happens and India well and truly occupies the podium in technology and business.

For RCSS it has been happy times with excellent fellowships and preparation for projects running simultaneously. Hopefully, the execution will also start within a short time and we will live up to our motto of service to humanity.

The history of civilization tells us that mankind has bounced back from ashes after each major catastrophe, and it is this killer instinct to survive against all odds that keeps the spirit alive. So let this year rise with the positive hope that by this time next year, this VIRUS would be a distinct past, a bad dream and a painful but forgettable chapter in recent history.

Happy New Year to all my RCSS Family.

Thank You

Rtn. Ravi Ladia
President (2021-2022).



SERVE TO CHANGE LIVES

ROTARY - INTERNATIONAL



RI President's Message - December 2021

Public health is on everyone's mind due to the global pandemic that still threatens the safety of ourselves and our loved ones. In a sense, COVID-19 has made all of us much more aware of the roles and responsibilities of medical professionals

than we were before we had to wear masks and maintain social distance. In addition, while moving through this pandemic, we have also learned about the role we can play in keeping others safe.

December is Disease Prevention and Treatment Month in Rotary. The pandemic unfortunately has schooled most people on the toll that disease takes on our communities. But fighting disease is something that Rotarians around the world have been

doing for decades. In fact, it is one of Rotary's seven areas of focus.

As Rotarians, we believe that good health and well-being is a human right — even though 400 million people across the globe do not have access to essential health services. The work we do in establishing clinics, eye hospitals, and blood banks,

as well as in building infrastructure for medical facilities in underserved communities, all returns to a central belief that access, prevention, and education are the keys to stopping deadly outbreaks that harm the most vulnerable.

My exposure to health work began with my Rotary club, Calcutta-Mahanagar. There, among other things, I helped pioneer a program called Saving Little Hearts that over the years has provided more than 2,500 free heart surgeries for children from

India, Pakistan, Bangladesh, Nepal, and Africa. Before the program went international, it started locally with the goal of performing just six surgeries within our community. Today, our goal is to complete another 20,000 surgeries over the next five years.

The world relies on Rotary to tackle challenges like these and to set an example for others. Over the past decade, medical professionals and government workers have provided free health services to 2.5 million people in 10 countries during Family

Health Days, which are organized by Rotarians around the world. Similar health camps in India also provide thousands of surgeries to those in need. Medical missions from India to Africa each year are an excellent example of hands-on service in disease prevention

and treatment. Rotary members can also get involved at a local level; clubs in the United States and Mexico, for example, fund a free health clinic in Guerrero, a small town in Mexico.

And of course, our effort to eradicate polio is by far the best story in civil-society health care.

This month, think about how your club can focus on preventing and fighting disease. This is the time to take a bigger, better, bolder approach through both club and district projects that can impact more people. Re-evaluate where you are with

your goals. Create strategies that can sustain change over years, not months.



Everyone deserves a long, healthy life. When you Serve to Change Lives, your actions today can help extend the lives of others.

Shekhar Mehta


President 2021-22

Source: Rotary International







Rtn Lokesh Jain



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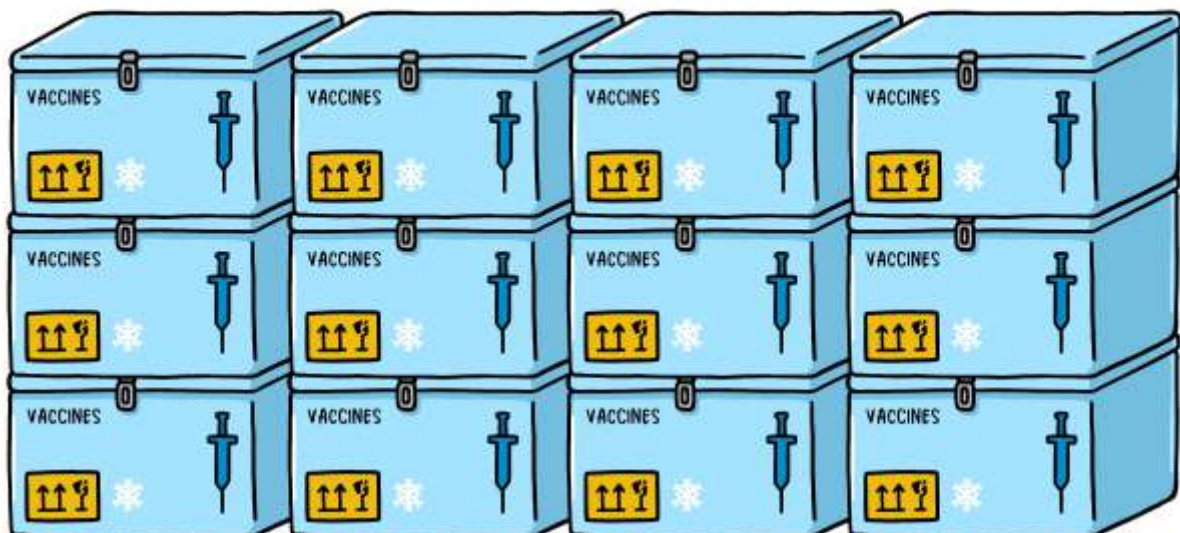


Country readiness for COVID-19 vaccines

This article is part of a series of explainers on vaccine development and distribution. Learn more about vaccines – from how they work and how they’re made to ensuring safety and equitable access – in WHO’s Vaccines Explained series.

Countries are beginning to deploy COVID-19 vaccines, bringing new hope to the fight against the global pandemic. WHO, UNICEF, Gavi and many other partners are working together to support countries in preparing for COVID-19 vaccine introduction. They have provided a COVID-19 vaccine introduction toolbox that has all the resources a country needs to get ready for delivering COVID-19 vaccines. Within this toolbox, training is available for national/subnational focal points and health workers to equip them with the necessary knowledge and skills.

With careful planning, countries can ensure that the infrastructure is in place and the technical support available to safely deliver COVID-19 vaccines



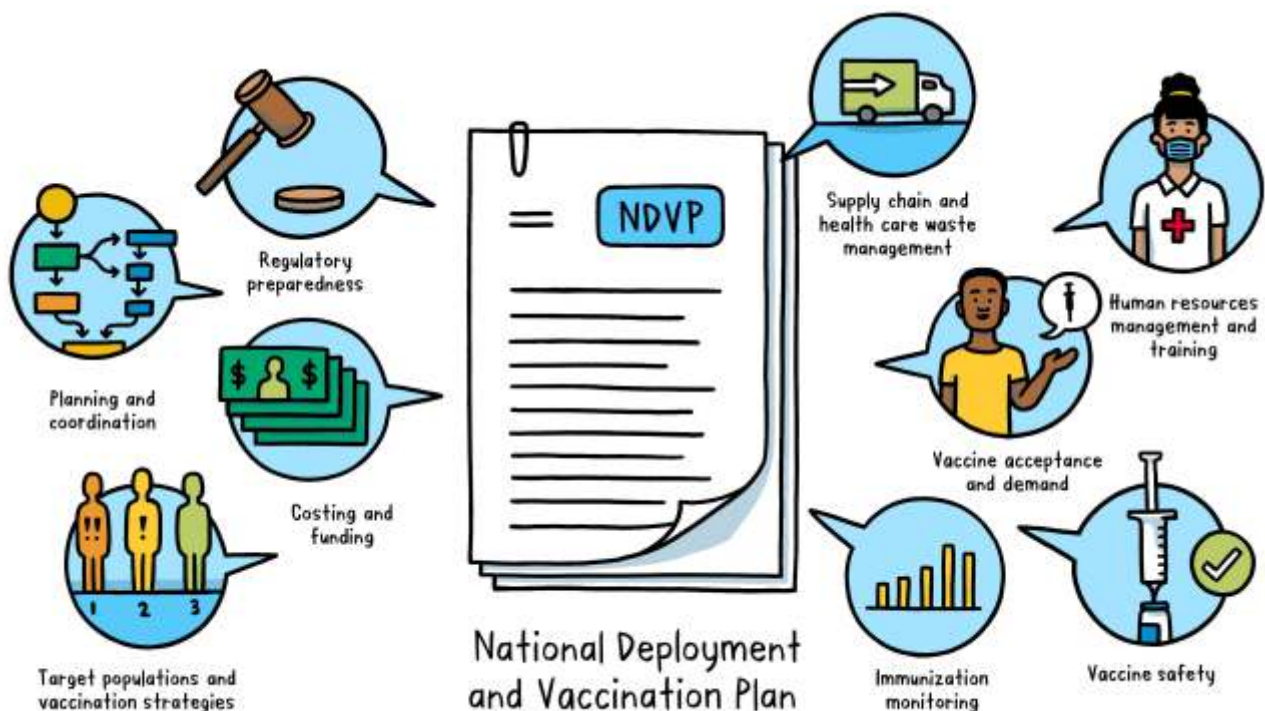
What is the process for countries to get COVID-19 vaccines from the COVAX Facility?

A total of 92 low- and middle-income economies will be able to access COVID-19 vaccines through the COVAX Facility Advance Market Commitment (AMC).

The COVAX AMC is the innovative financing instrument that will support the participation of 92 low- and middle-income economies in the COVAX Facility – enabling access to donor-funded doses of safe and effective COVID-19 vaccines. The AMC, combined with additional support for country readiness and delivery, will make sure the most vulnerable in all countries can be protected in the short term, regardless of income level.

These AMC92 countries must develop a COVID-19 National Deployment and Vaccination Plans (NDVPs) which is reviewed by WHO, UNICEF and other partners to help the country be sure the plan is as good as it can be. NDVPs can be submitted through the Partners Platform.

Once a country's NDVP is reviewed to ensure the key readiness criteria are met, they can be allocated vaccines through the COVAX Facility. Non-AMC countries are also welcome to submit their NDVP for review and receive feedback to strengthen their plan.



What is a National Deployment and Vaccination Plan?

A National Deployment and Vaccination Plan is an operational plan to implement and monitor COVID-19 vaccination rollout in a country. The NDVP serves as the “one-country plan” and main framework for a country’s vaccine introduction and vaccination efforts.

The NDVP outlines key aspects of readiness, including:

- **Regulatory preparedness:** legal requirements for importing vaccines, regulatory authorization for using vaccines, and procedures to expedite vaccine availability
- **Planning and coordination:** governance and management structure at both country (such as a national coordinating committee and national immunization technical advisory groups) and subnational levels to oversee the deployment, implementation and monitoring of COVID-19 vaccines

- **Costing and funding:** a realistic budget – including funding sources and budget gaps – for vaccine deployment and vaccination
- **Target populations and vaccination strategies:** order of priority for different population groups to receive vaccination and how each group will be vaccinated
- **Supply chain and health care waste management:** critical supply chain activities to prepare for vaccine deployment (such as cold chain assessment and secure distribution and logistics) and to ensure safe handling of health care waste
- **Human resources management and training:** staff requirements for the vaccine rollout and a plan for training and supervision
- **Vaccine acceptance and demand:** an integrated approach to achieve high uptake of COVID-19 vaccines, including strategic communication activities that promote vaccination, manage misinformation and convey risk in the event of any adverse effects
- **Vaccine safety:** steps to prepare for, monitor and address vaccine safety and potential adverse events and ensure injection safety
- **Immunization monitoring:** a strategy for collection and reporting of immunization data, disease surveillance to monitor vaccine impact, and evaluation of the overall implementation process

Each country's NDVP should be developed through a consultative process, led by the country's Ministry of Health and supported by other organizations, including WHO, UNICEF and other relevant partners, to fine-tune the plan until it is complete. The Country Readiness and Delivery workstream of the ACT Accelerator has issued guidance on developing a national deployment and vaccination plan for COVID-19 vaccines, which helps countries produce their plan for COVID-19 vaccine introduction.

Why should countries develop a National Deployment and Vaccination Plan?

Developing an NDVP helps countries prepare for COVID-19 vaccination, identify resource needs and streamline the process for introducing vaccines. Once an NDVP is developed, countries work on its implementation, including the detailed planning of vaccine delivery strategies, logistics, HR and funding mobilization.

How will country readiness be assessed?

A review process has been set up to provide support and feedback to countries for improving and finalizing their plans. This ensures that a country's NDVP includes the necessary elements to rapidly deploy vaccines and implement COVID-19 vaccination, and that any recommendations for improvement are addressed.

Once an AMC92 participant submits its NDVP, a Regional Review Committee (RRC) assesses the plan and evaluates country preparedness and capacity for vaccine allocation, deployment and administration. Those participants with an NDVP that meets the standardized readiness assessment join the process for allocating COVID-19 vaccines from the COVAX Facility. Countries should take into account the recommendations from the review to further improve their preparedness for vaccine introduction.

EDIBLE CUPS



Coffee Cup

These wafer cups can be chocolate coated for drinks like coffee and milkshakes.

Plain baked wafers are ready to fill with sweet or savory ingredients — try hummus, chaat, pudding, dips, tiramisu and other bite size desserts or fresh fruit — the possibilities are limitless.

It can be also used as service cups for sauces and jams at breakfast table.

Edible chocolate coated wafer cup



Chaat cup



Dessert cup



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BIRTHDAYS & WEDDING ANNIVERSARIES - JANUARY

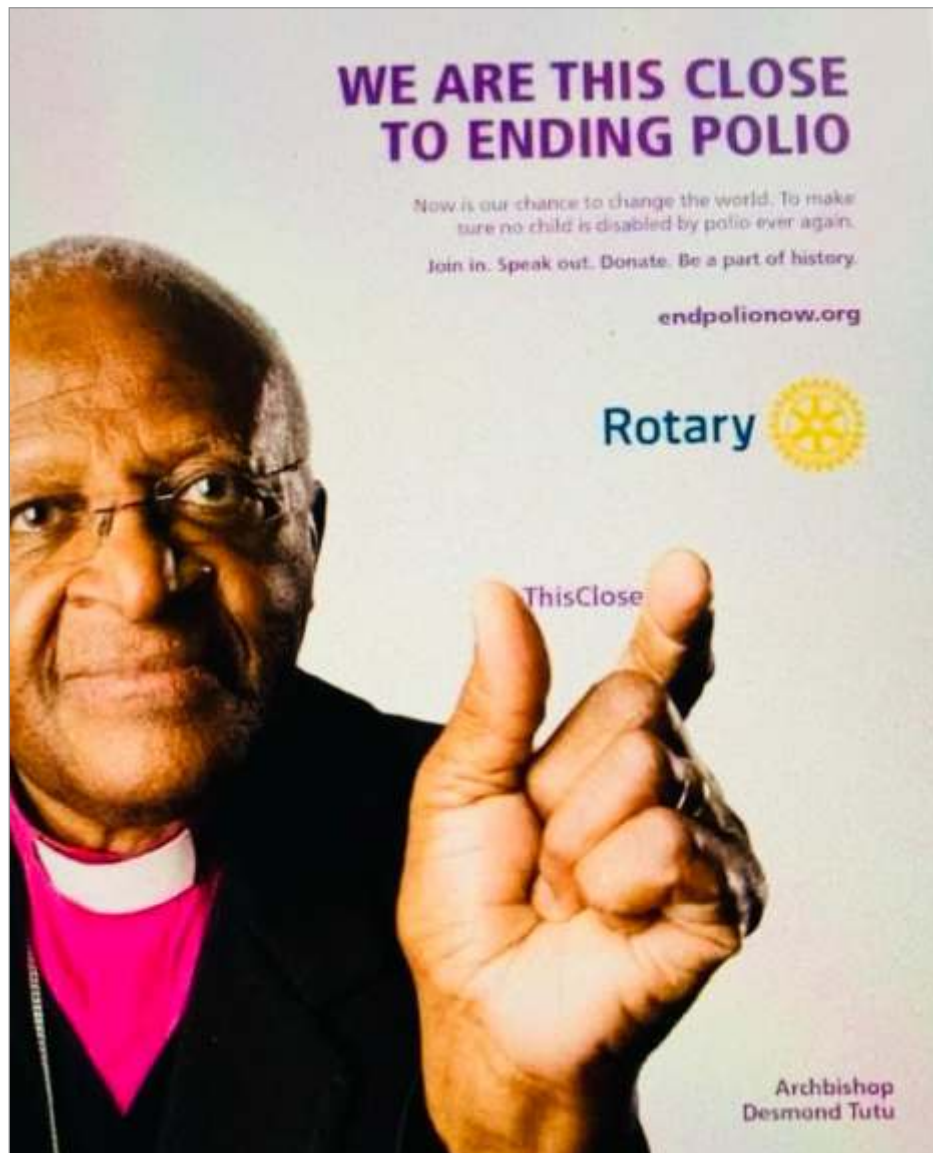


BIRTHDAY

02/01- Ann. Tanvi Pamnani
17/01 - Ann. Nagini Gumideli
21/01 - Rtn. Rajnish Pissay
27/01 - Rtn. Bimal
29/01 - Rtn. Praveen Sharma

ANNIVERSARY

16/01 - Rtn. Ajay & Anita Jain
16/01 - Rtn. Mudit & Madhu
30/01 - Rtn. Vikram & Lopa





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DESIGNATED MONTH



December - Disease Prevention and Treatment

Area of Focus : Disease Prevention and Treatment Month. This month includes : World AIDS Day on the 1st and International Day of Disabled Persons on the 3rd of December.

- Organise Medical Camp - Health Awareness for Eye Care / Dental Care.
- Providing equipment such as Artificial Limbs, Wheel Chairs and Calipers to the Physically Challenged Peoples i.e. Polio Sufferers.
- Provide low-Income, underinsured or underinsured Persons with the knowledge, skills, an opportunities to improve their diet, physical activity and other life habits to prevent, delay, or control, chronic diseases.
- Initiate Actions to Prevent and control Diabetes, Heart Diseases, Obesity and Associated Risk Factors.



January - Vocational Services

Vocational Service Month During this period, clubs highlight the importance of the business and professional life of each Rotarian. Special activities promote the vocational avenue of service.

- Distribute Four way Test
- Distribute Vocational Awards to outstanding individuals, Arrange Vocational Visits
- Awareness seminar on career guidance, Organise / Arrange in Plant Training
- Start Vocational Education / Skill Guidance Centre. Start Part Time Consultancy centre
- Helping Physically Challenged people to gets jobs

RCSS - CLUB IN ACTION

Speaker : Life Coach Dinesh Jhahhariya, Venue : Courtyard by Marriot on 4th December



Speaker Meeting

RCSS Anniversary Celebration on 26th December



RCSS - CLUB IN ACTION

Venue : Gumidelli towers opp shoppers stop Begumpet on 19th December



RCSS Fellowship



RCSS - CLUB IN ACTION

Venue : Gumidelli towers opp shoppers stop Begumpet on 19th December



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INTRODUCING OUR MEMBERS

Rtn. Rajnish Pissay

Name of Spouse : Ann Keerthilatha Pissay

Children Names : Tushar Pissay

- 1. NAME : RAJNISH PISSAY**
- 2. EDUCATION/QUALIFICATION:** B.Com (Hons), Grad CWA, FCA, CISA.
- 3. PROFESSION/BUSINESS :** CHARTERED ACCOUNTANT.
- 4. HOBBIES :** RESTORING OLD STUFF, PLAYING TT, NUMISMATIST.
- 5. DEFINE YOURSELF IN 3 WORDS :** RELIABLE, UNPRETENTIOUS, DETERMINED.
- 6. BASED UPON YOUR LIFE EXPERIENCES WHAT ADVICE YOU WOULD GIVE TO TODAY'S YOUTH?**
NEVER EVER GIVE UP.
- 7. HOW DO YOU DEFINE LEADERSHIP?**
A LEADER DOES NOT LET OTHERS KNOW THAT THEY ARE BEING LEAD.
- 8. WHAT IS YOUR BIGGEST TAKE AWAY FROM THE PANDEMIC?**
LIFE GOES ON, EVERYTHING SHALL ULTIMATELY PASS.
- 9. WHAT DO YOU PLAN TO DO AFTER YOU RETIRE?**
NO PLANS FOR POST RETIREMENT. WORK TILL THE END.
- 10. WHAT ARE THREE THINGS IN YOUR BUCKET LIST RIGHT NOW?**
A TRIP TO THE NORDIC COUNTRIES DEVELOP MY FARM AND FARMHOUSE
OWN AN YAMAHA Rd350
- 11. SHARE A FUNNY INCIDENT FROM THE DAYS OF YOUR COLLEGE?**
BEING THE TALLEST GUY IN THE CLASS, I WAS ASKED TO SIT IN THE FIRST BENCH DURING A ROUTINE TEST BY MY FRIEND FOR OBVIOUS REASONS.
- 12. WHAT IS ONE THING YOU LIKE TO HAVE/EAT/DO WHICH KEERTHI HAS ASKED YOU NOT TO BECAUSE IT'S NOT GOOD FOR YOUR TEETH BUT YOU DO NONETHELESS?**
I LOVE TO EAT CHIPS AND HAVE HOT CHOCOLATE MILK LOADED WITH HERSHEY'S EVEN THOUGH ITS PROHIBITED BY KEERTHI.



INTRODUCING OUR MEMBERS



Rtn. Sarvesh Gupta

Name of Spouse : Ann Neha Gupta

Children Names :

1. Name: Rtn. Sarvesh Gupta

2. Educational Qualifications: B.Com (Hons)

3. Profession/Business: Business of Jewellery

4. Hobbies: Enjoy good food , music and travel.

5. Define yourself in 3 words: Pleasant, loving and responsible

6. Based upon your life experiences what advice will you give to today's youth?

Follow your dreams....have love, compassion and gratitude for everything and everyone around you

7. How do you define leadership?

Working with a VISION and trusting your instinct.

8. What is your biggest take away from the pandemic?

Value of human beings over all material possessions

9. What do you plan to do after you retire?

Travel and serve the society

10. A person whom you idolize and why?

Mother Teresa..... Exemplary service to mankind

11. What is your biggest stress buster?

Music

12. What according to you is the most iconic thing you have achieved in life so far?

To build business from scratch and take care of my family





INTRODUCING OUR MEMBERS

Rtn. Gaurav Niyati

Name of Spouse : Ann Seema Nyati

Children Names : Yash & Kriti Nyati

1. Name: Rtn. Gaurav Nyati

2. Educational Qualifications: Bachelor of Engineering (Electrical) from University of Jodhpur

3. Profession/Business:

1. Associated with M/s. Splendeur Projects Pvt. Ltd. as GM
2. Providing stock broking services as sub-broker of M/s. Swastika Investmart Ltd.

4. Hobbies: Listening to music, Travelling, Watching sports.

I have had many great vacations to US, Switzerland, Singapore, China, Dubai, Hong Kong, Malaysia, Thailand but my most cherished vacation was 7 Days Mediterranean Cruise with Norwegian Cruise liner with the whole extended family, though missed the company of my son – Yash as he was busy in his exams. We had a gala time on the ship and in Spain, Italy and France. I would love to go on a cruise to Alaska.

5. Define yourself in 3 words: Simple, Mirthful & Fun-loving

6. Based upon your life experiences what advice will you give to today's youth?

Be focussed. Enjoy each and every moment of life. Never postpone things, be it enjoyment or work. Explore the world when you are young.

7. How do you define leadership?

Doing challenging things yourself to serve as an example to others.
Appreciating the good works of the team first and then highlighting the points for improvement.

8. What is your biggest take away from the pandemic?

Life is uncertain – live a meaningful life and maintain good relations with others. Be helpful in need without expectations.

9. What do you plan to do after you retire?

Spend time with family and friends. Inculcate the habit of reading. Go to hill stations and relax.
Indulge in social service Party.

10. A person whom you idolize and why?

Lord Krishna – The most practical person (God)

11. What are three things you do not leave your home without?

Wallet, Mobile & House keys

12. After how many drinks do you lose control? Did you tease anytime after you drink and lose control?

1. Keep everybody happy
2. Anybody leaving the world should leave without any sufferings
3. Make India the Super Power in the world.



INTRODUCING OUR MEMBERS



Rtn. Praveen Lunawath

Name of Spouse : Ann Rekha

Children Names :

- 1. Name:** Rtn. Praveen Lunawath
- 2. Educational Qualifications:** Discontinued graduation to join business
- 3. Profession/Business:** Johari jo parkhey pathar ko tarashney se pehley
- 4. Hobbies:** Playing Cricket, Social Service, Music.
- 5. Define yourself in 3 words:** Mein apni tarrif toh khudh hi kara hoon, kyon ki meri burrai to pura zamana karta hai.
- 6. Based upon your life experiences what advice will you give to today's youth?**
Khudh key liye toh har koi tayaari karta hai, asli youth woh hai jo samaj seva key liye bhi tayari karta ho.
- 7. How do you define leadership?**
Abhi toh asli manzil pana baki hai, Abhi to iradon ka imtihaan baki hai, abhi toh toli hai muthi bhar zameen, abhi tolna saara asmaan baki hai.
- 8. What is your biggest take away from the pandemic?**
Asli kamai hai parivaar, rishtey-natey, bakki dhan-daulat hai attey-jattey.
- 9. What do you plan to do after you retire?**
Chalta rahoonga path par, chalney mein mahir ban jaoonga, ya toh manzil mil jayeegi yaa chaamusafir ban jaaonga. (Samaj seva aur jan kalyan sey judkar rahoonga)
- 10. What are three things in your bucket list right now?**
Saal mein ek bar aisey jagah jaana, jahan kabhi nahin gaya. (Kuch naya milega sikhney)
- 11. What is one rule/motto/principle you live by?**
Jiyo aur jeeney do.
- 12. What two things you wish you had with you had you been shipwrecked on an isolated island (assuming your basic needs of food and shelter are provided for)?**
Sangani ka sath issey badh kar aur kya ho sakta hai.



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ASK 09
Manual Key with Dual Locking



ASK 07 Bio (3 in 1)
Bio + Electronic + Key



ASK 06 Hundi Roller
Manual Key with Dual Locking



Vasthu
Manual Key with Dual Locking



ASK 03
Manual Key with Dual Locking



ACR 2535 N
Electronic



ACR 3642 N
Electronic



ASK 04 Bio
Biometric + Electronic



ASK 02
Manual Key with Dual Locking



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4 MP AHD



Dome Camera
4 MP AHD



PTZ Camera
4 MP 30X IP



Biometric ATR
Facial Reader



Biometric ATR
Thumb Impression



Cash Counting Machine LED
With fake note Detection



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With fake note Detection



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Competition No. 3 - Art of Baking

Coffee coconut cake

Ingredients :

Maida:	100 gms
Butter:	70-80 gms
Coffee:	3 Table spoons
Dry coconut Powder:	2 Table spoons
Powdered Sugar:	70 gms
Baking Powder:	½ tea spoon
Chopped almonds:	¼ cup
Dark Chocolate for garnishing	



by Manorama Maloo

Method :

1. Soften butter, add sugar and beat until smooth
2. Sieve and strain maida. Add maida and coconut powder. Keep beating until smooth and all lumps have disappeared
3. Take ½ cup of hot water and dissolve coffee powder in it and add the batter. Ensure that coffee is mixed properly into the batter.
4. Finally add baking powder and nuts.
5. Pre-heat oven for 10 minutes at 250 degrees.
6. Grease pan with butter and pour batter in it.
7. Bake for 35 minutes at 180 degrees. Check with toothpick. If not done bake for few more minutes.
8. Take it out from oven and keep outside to let it cool.
9. Melt dark chocolate in double boiler and drizzle over the cake once the cake is cooled down.
10. Cut and serve.

Kitchen Measurements (approx.)

Table spoon	15 grams
Teaspoon	5 grams
Cup	200 ml
Glass	250 ml



Servings



Preparation Time



Competition No. 3 - Art of Baking

Special Christmas Rum Cake

Ingredients :

For Berries in Rum -

- 1/8 Cup Blueberry
- 1/8 Cup Blackberry
- 1/8 Cup Strawberry
- 1/8 Cup Goji berry
- 1/8 Cup Raisin
- 1/8 Cup apricot
- 180ML Dark Rum



by Prashant Pathak

For batter -

- 2 cup refined flour
- 1/2 cup powdered sugar
- 150gms white butter
- 1 teaspoon nutmeg powder
- 1 teaspoon cinnamon powder
- 1 teaspoon cardamom powder
- Pinch of salt
- 2 teaspoon baking powder
- 1 teaspoon baking soda
- 1 teaspoon vanilla extract
- Some Orange zest

Method -

Soak all berries in rum for 7-10days.

For batter whip butter and white sugar till a smooth paste is formed. Sieve all dry ingredients and mix.

Now add berries and all the rum infusion. Form a smooth but not runny batter.

Put batter in a baking tin and put it in a pre heat oven at 180°C for 45mins.

Test the cake with a toothpick and if needed bake for some more time.

After the cake is baked properly, let it cool down and in the end make some small holes with toothpick and add some rum infusion.

Enjoy this scrumptious cake with family and your favourite beverage!

Kitchen Measurements (approx.)

Table spoon	15 grams
Teaspoon	5 grams
Cup	200 ml
Glass	250 ml



Servings



Preparation Time



Competition No. 3 - Art of Baking

Banana Bread

Ingredients :

150gm Butter
 1/2cup Powdered sugar
 3 big Riped banana
 1 1/2 cup of all purpose flour
 1tsp Cinnamon powder
 1tsp Baking powder
 1/2tsp Baking soda
 1tbsp Vanilla extract
 1tbsp Instant coffee
 6-8 Almond



by Vertika Pathak

Method :

To a bowl mash the ripe bananas with help of a fork until a smooth paste is form. Keep it aside.
 To a big bowl, whip room temperature butter with hand mixer for 2-3 mins and then add sugar and mix untill a fine creamy texture is formed.
 Now add the banana paste and mix for 2-3 mins more.
 Now sieve all dry ingredients except coffee and mix untill a smooth but thick mixture is formed.
 Now add coffee to warm water and pour this to the batter and mix again.
 Grease a rectangular tin with butter and pour the batter.
 Garnish it with chopped almonds.
 Now put the tin to a preheated oven at 180°C for 50mins.
 Wait untill the bread is cool and sprinkle some powder sugar for some extra flavour and look.



Kitchen Measurements (approx.)

Table spoon	15 grams
Teaspoon	5 grams
Cup	200 ml
Glass	250 ml



Servings



Preparation Time



Competition No. 3 - Art of Baking

Eggless Strawberry Sponge Cake

Ingredients :

Strawberry Puree
250g (2 Cups) Strawberry
75g (1/3 cup) Sugar
15ml (1 tbsp) lemon Juice

Eggless Strawberry Sponge Cake
I'm using 6x6x3-inch pam

150ml (1/2 cup+2tbsp) milk
1 tbsp vinegar

240g (2 cups) cake flour
2 tbs baking power
100g (1/2) fine sugar
112g (1/2 cup) oil
120g (1/2 cup) strawberry puree

3 Milk Bath

80g (1/3 cup) sweetened condensed milk
25g (2 tbsp) strawberry puree
80g (1/3 cup) evaporated milk
80g (1/3 cup) whole milk

Instructions:

Strawberry Puree

1. Place the fresh strawberries in a milk pot.
2. Cook over a medium low until the strawberries are softened. Mash the strawberries. Cook for another 1 minutes or until the sauce is thickened. Remove the pot from the heat.
3. Strain the sauce. Set it aside and use only when it is completely cooled.



by Neha Biyani

Kitchen Measurements (approx.)

Table spoon	15 grams
Teaspoon	5 grams
Cup	200 ml
Glass	250 ml



Servings



Preparation Time



Competition No. 3 - Art of Baking

Eggless Strawberry Sponge Cake

Eggless Strawberry Sponge Cake

1. Preheat oven 180 C/355 F
2. In a glass, add milk and vinegar. Stir well and let it rest for 5 minutes.
3. Sift the flour and baking powder, Set aside.
4. In a large mixing bowl, add sugar and oil, Mix to well combine.
5. Add in the strawberry puree, Mix vigorously until well combined. Mix until you no longer see the oil.
6. Add in the milk mixture in 3 batches, alternate with the dry ingredients. Mix until combined.
7. Add in the dry ingredients in 3 batches, alternate with the milk mixture. Mix just until combined, do not over mix.
8. Transfer batter into 6x6x3 inch pan. Drop the pan few times on the table to release air bubbles.
9. Bake in preheated oven at 180 C/355 F for 35 minutes or until an inserted skewer comes out clean.
10. Let it cake cool completely.
11. Once the cake is cooled, trim the cake top to get an even surface. This is optional if you like crispy top.
12. Transfer the cake onto a non-stick parchment paper. Place the cake onto a larger pan, aluminium and any glassware is fine, as long as you can fit the cake in it.
13. Prick some files in the cake. Set aside.

3 Milk bath

1. In a glass, add condensed milk and strawberry puree. Mix until well combined.
2. Gradually add in the evaporated and whole milk. Mix until well combined.
3. Pour the milks over the cake slowly, as the liquid may takes a few seconds to sip in.
4. Cover the cake with cling film and refrigerate it at least 1 hour or overnight.

Cream & Strawberry Frosting

1. In a large, chilled bowl, add the whipping cream. Place it over a bowl of ice. *Mix on low speed until slightly thickened or almost soft peak.
2. *for many of you had asked me how to make the cream stable. Placing the bowl of whipped cream is one way to do that because the cream can get stiff faster and stable.
3. Transfer half the cream into another bowl. Refrigerate while working on the next step.
4. For the remaining half, place it back into the bowl of ice. Add the strawberry puree. Mix until well combined and the cream is stiff.
5. Spread the strawberry cream on top of the chilled cake. Refrigerator for 1 hour.

Kitchen Measurements (approx.)

Table spoon	15 grams
Teaspoon	5 grams
Cup	200 ml
Glass	250 ml



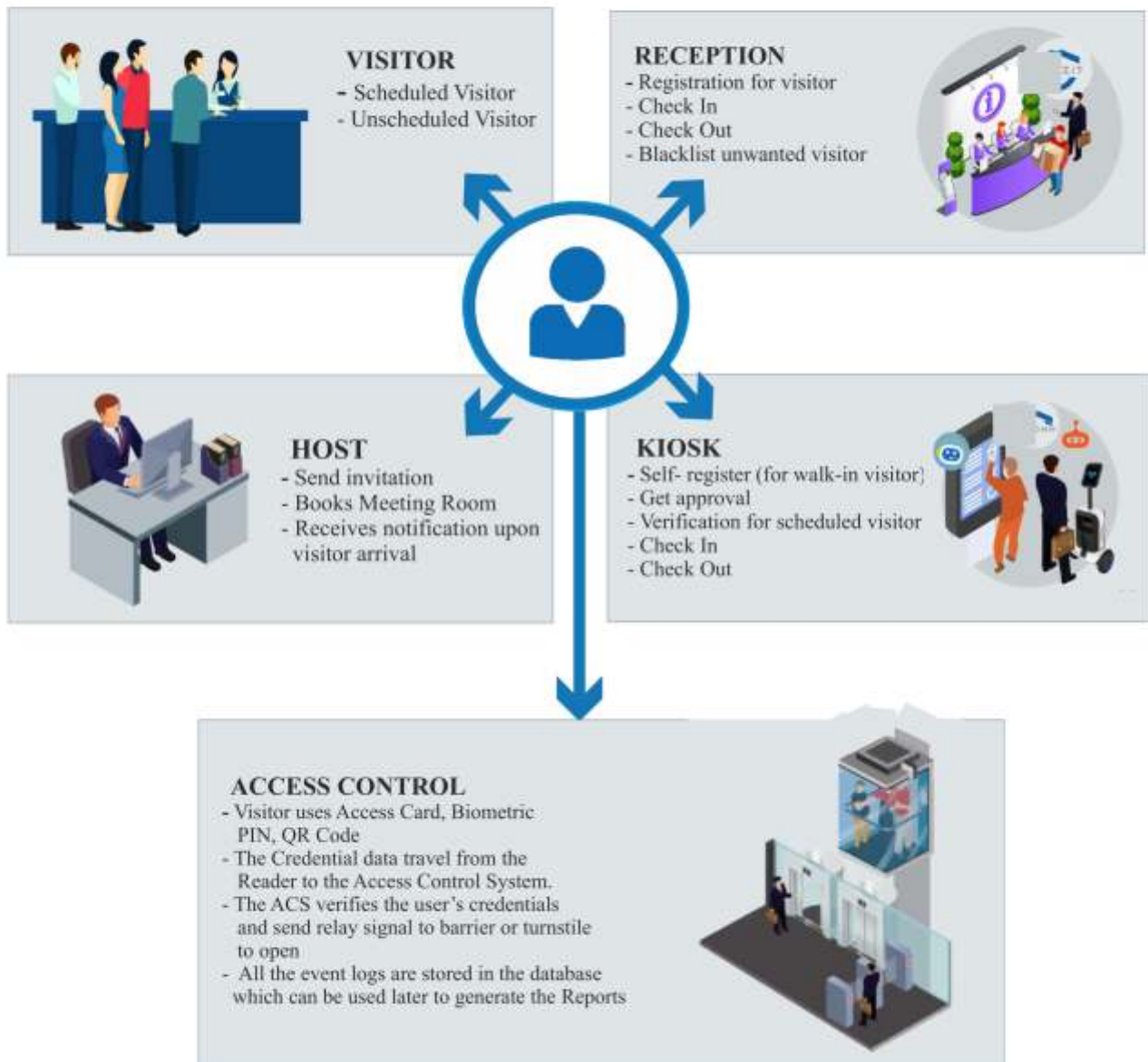
Servings



Preparation Time



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“WE ARE A GENERATION THAT WILL NEVER COME BACK.”

A generation that walked to school and then walked back.

A generation that did their homework alone to get out asap to play in the street.

A generation that spent all their free time on the street with their Friends.

A generation that stayed close to the only landline phone ; missed call from friends...meant stay close to the phone after parents go to bed.

A generation that found, collected and washed & Returned empty coke bottles to the local grocery store for 50 paise each.

A generation that made paper toys with their bare hands.

A generation who bought tapes to play on 2-in-1 players.

A generation that collected photos and picture post cards from foreign lands.

A generation that played board games and cards on rainy days.

A generation whose TV went off before midnight , after playing the National Anthem.

A generation that had two to three generation parents staying under the same roof.

I loved Growing up when I did.

Do share your favourite story or picture of growing up...do share it with us.

***Learn from the past, and apply the good things we learned to the future;
while embracing the Change that makes the world go round.***



We value your suggestion



Your opinion matters.

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For this reason, we'd love to hear your suggestions on how we could make our club better and/or help guide Rotary International in a more modern direction.

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