A Bulletin of Rotary Club of Secunderabad Sunrise District 3150. India

Dist. Gov.: N V Hanmanth Reddy | President: Rtn. Vijay Rathi | Secretary: Rtn. Ravi Ladia | Editor: Rajesh Pamnani

(This Magazine is for Private Circulation Only.)

December 2020



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frican region declared free of wild poliovirus - Rotary and its GPEI partners celebrate a monumental achievement, say global eradication of wild polio is possible with the continued dedication and persistence of Rotarians.

FROM THE EDITOR'S DESK



Our world as well as our organization has changed in 2020.

It is now clear that there is no going back to the "old normal" in rotary.

Rotary's new flexibility is blending in, with the new digital culture, to new possibility of attending online meetings or catching up with new friends across the globe on Zoom platform.

Our club meets and manages most of its activity now online, to engage members; if needed; on a 24x7 format for the projects, as it were done in the past six months.

Recently we did an Ambulance project;...

We donated to Mahavir Hospital an ambulance, in three weeks time from start to finish. It would not have been possible in normal circumstances...in such express fashion.

To guote from Rtn. Holger Knaack (our RI President of 20-21)

"We will choose to remember 2020 as a year of great change and strength for us. Rotary didn't stop, despite the pandemic.

We removed obstacles and found new ways to connect, and embraced new approaches to offer services".

We wish our fellow members and well wishers a very happy & safe new year.

Together we shall connect the world and engage in meaningful projects that will fill the world with new hope and light.

Stay Safe Your Editor. Rtn. Rajesh Pamnani www.rcss.in



Ann Seema jain W/o Rtn. Lokesh Jain



Ann Mamta Jhawar W/o Rtn. Sandeep Jhawar W/o Rtn. Samir Gupta



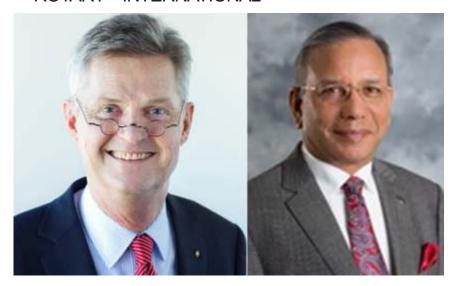
Ann Ritu Gupta



The editorial team... Ann Seemajain. Ann Mamta Jhawar Ann Ritu Gupta.



ROTARY - INTERNATIONAL



RI President & TRF Chair on 'Our Involvement with COVID-19 vaccination'

Dear district governors,

In these difficult days, we are so heartened to receive such uplifting reports on the unrelenting efforts of our Rotary members who have responded in their communities against the COVID-19 pandemic.

Today, the single question we hear time and again as we traverse the virtual world is, "Are we getting involved with COVID vaccination?" Considering the success and expertise we have gained in our polio eradication effort, this question is both natural and timely.

The answer is yes. We will have an important role in the months ahead.

This does not mean we will deviate in any way from our avowed commitment to eradicating polio, which remains our highest priority and will continue to be our only corporate program. Polio vaccinations and surveillance activities must continue unabated, as must our effort to raise \$50 million per year for this effort.

But as we know, there is a pandemic sweeping the world. The Board of RI and the Trustees of our Foundation met in joint session and have agreed that we have a role to play.

We ask you, then, to encourage your clubs to :- Utilize Rotary's knowledge of vaccine safety and efficacy based on our polio eradication experience to conduct vaccination education and communication outreach in your communities. This will need to be tailored to local contexts to address unique cultural and regional needs. Your leadership will be critical in crafting the appropriate messages and strategies.

- Engage, where appropriate, with our current polio eradication partners WHO and UNICEF at the country level to offer Rotary's support to COVID-19 response activities, including vaccination efforts.
- Partner at the local level with governments, corporations, and foundations to support Rotary activities at the country level.
- Through hundreds of global grants and projects, Rotary members have demonstrated what we can accomplish to raise awareness, deliver critical personal protection equipment, and provide support for frontline health workers. As you learn of work being done in your area, please encourage clubs to add to the more than 3,000 projects already registered on Rotary Showcase (please log in to My Rotary first, and navigate to Rotary Showcase). We would like to know about them.

We have one final call to action: Help us combat the powerful, growing force of vaccine resistance and misinformation. Our advocacy in our communities will be critical — we need to spread the message about the power of vaccines to save lives. Working together, we have done so much to adapt to the COVID-19 pandemic, to care for our communities, and to prepare Rotarians for the work ahead.

We do this for ourselves and for future generations. We do this as part of our obligation to support our world as it faces the most significant challenge of this generation.

Thank you.

Holger Knaack President, Rotary International K.R. Ravindran Chair, The Rotary Foundation

Courtesy: eFlash Rotary Kalamassery



Clifford L. Dochterman President, Rotary International 1992-93



Part 6 of 12

Literacy Projects

An estimated one billion people — one-fourth of the world's adult population — are unable to read. Illiteracy among adults and children is a global concern in highly industrialized nations and in developing countries.

The tragedy of illiteracy is that those who cannot read are denied personal independence and become victims of unscrupulous manipulation, poverty, and the loss of human dignity. Illiteracy is demeaning. It is a major obstacle for economic, political, social, and personal development and a barrier to international understanding, cooperation, and peace.

Many Rotary clubs have surveyed the needs of their community for literacy training and developed projects to meet those needs. Some clubs provide basic books for teaching reading. Others establish and support reading and language clinics, provide volunteer tutorial assistance, and purchase reading materials. Rotarians can play a vitally important part in their community and in developing countries by promoting projects to open opportunities that come from the ability to read. For example, Australian Rotarians developed Lighthouse for Literacy projects in four schools in Thailand. The project's innovative teaching method proved so successful that the Thai government adopted it for all the nation's schools. Other Rotary clubs have used this model to develop literacy projects in Bangladesh, Brazil, South Africa, and other countries.

The International Convention

Each May or June, Rotary International holds a worldwide convention "to stimulate, inspire, and inform all Rotarians at an international level." The convention, which is generally held in a different part of the world each year, is the annual meeting to conduct the business of the association. The planning process usually begins several years in advance. In selecting the site, the RI Board determines a general location and invites cities to make proposals.

The conventions are truly international, attended by 20,000 to 40,000 Rotarians and guests. In addition to being fun events, international conventions offer Rotarians unique opportunities for vacation travel. All members should plan to participate in an RI Convention to discover the real internationality of Rotary. It is an experience you'll never forget.

Intercountry Committees

In 1931, Rotarians in France and Germany organized the petit comite, a small group with the goal of fostering better relations between the people of these neighboring nations. Since that time, Rotarians throughout Europe have led the way in creating intercountry committees to encourage contacts between Rotarians and Rotary clubs across national boundaries.

Intercountry committees have now been established in many parts of the world to promote friendship as well as cooperate in sponsoring World Community Service projects, student exchanges, and other activities to improve understanding among nations. Frequently, intercountry committees sponsor visits of Rotarians and their families across national borders and arrange intercity meetings and conferences.

In some instances, intercountry committees are created between countries separated by great distances in an effort to encourage goodwill and friendship with matched or partner areas of the world. The intercountry committees coordinate their efforts with the district governors of their countries and always serve in an advisory capacity to districts and clubs.

Intercountry committees provide an additional means for Rotary clubs and Rotarians to fulfill the responsibilities of the fourth Avenue of Service: international understanding, goodwill, and peace.



Clifford L. Dochterman President, Rotary International 1992-93



RIBI

The structure of Rotary International in Great Britain and Ireland (RIBI) forms an interesting chapter in our history. In 1914, after Rotary expanded across the Atlantic to Great Britain and Ireland, the British Association of Rotary Clubs was established as part of the International Association of Rotary Clubs. During World War I, there was little contact between the international clubs, and the British association held the small number of Rotary clubs together in Great Britain, Ireland, and a few other European communities.

Following the war, a new Rotary International Constitution was adopted in 1922 that established the principle that whenever a country had 25 Rotary clubs it could become a

"territorial unit" and thus have a representative on the RI Board and receive other specific powers. The clubs in Great Britain and Ireland immediately petitioned for and received the status of a territorial unit. No other group in the world made such a request or received that status.

In 1927, RI terminated the territorial unit concept and organized Rotary clubs by "areas" of the world. However, all of "the rights, privileges, and powers of existing territorial units" were forever protected and perpetuated. Thus, RIBI has continued to function as an independent unit of Rotary International, subject to certain approvals by the RI Constitution.

The RIBI form of administration is uniquely appropriate to Great Britain and Ireland because of geography, language, tradition, and custom. Because of this historic relationship, RIBI maintains a slightly different administrative structure from all the other Rotary clubs and districts in the world, even though it is a full member of Rotary International.

Council on Legislation

In the early days of Rotary, any change in the RI Bylaws or Constitution was proposed and voted on at the annual convention. As attendance at conventions increased and open discussion became more difficult, the Council on Legislation was created in 1934 as an advisory group to debate and analyze proposals before they were voted on by the convention.

Finally, at the 1970 Atlanta convention, it was decided that the Council on Legislation would actually become the legislative or parliamentary body of Rotary. The Council is composed of one delegate from each Rotary district as well as several ex officio members. It was agreed that the Council would meet every three years at a site and time other than the RI Convention.

The Council has the responsibility of considering and acting upon all enactments, which are proposed changes in the RI Bylaws and Constitution and the Standard Rotary Club Constitution, and resolutions, which are recommendations to the RI Board for policy, program, and procedural changes. Proposals may be submitted by any Rotary club or district or the RI Board. The Council's actions are subject to review by all the Rotary clubs of the world before they become final. If a Council action is opposed by 10 percent of the voting strength of the clubs, such legislation is suspended and submitted to all the clubs for a final vote.

The Council on Legislation provides the membership of Rotary a democratic process for legislative change in the operations of Rotary International.

Global Networking Groups

The interests and hobbies of Rotarians are as diverse as the membership itself. Global Networking Groups offer a way for Rotarians to share their common interests with other members worldwide. Two types of groups fall under this umbrella: Rotary Fellowships, which center around recreational or vocational interests, and Rotarian Action Groups, which focus on specific issues. Rotary Fellowships represent an abundance of recreational and vocational pursuits, including tennis, music, and quilting among the recreational activities and professional interests such as accounting, law enforcement, and pharmacology. Their activities are as varied as their interests. For example, the International Fellowship of Rotarian Convention Goers promotes the annual RI Convention and assists at the



Clifford L. Dochterman President, Rotary International 1992-93



orientation session for first-time convention goers, while the International Fellowship of Flying Rotarians organizes "fly-ins" for members to meet in various parts of the world. For example, the Rotarian Action Group of Dental Volunteers provides dental services to developing countries, and the Rotarians Fighting AIDS Rotarian Action Group aims to mobilize Rotarians and provide global leadership in the fight against HIV/AIDS.

Rotary Friendship Exchange

Rotary Friendship Exchange encourages Rotarians and their families to visit with Rotarian families in other parts of the world. Friendship exchanges may be conducted club-to-club (individual Rotarians and their families) or district-to-district (four to six Rotary couples).

On a Rotary Friendship Exchange, several Rotarian couples travel to another country. Later, the hospitality is reversed when the visit is reciprocated. After a successful pilot experiment, the Rotary Friendship Exchange became a structured program of Rotary in 1988.

Rotary Friendship Exchange is frequently compared to the Group Study Exchange program of The Rotary Foundation, except that it involves Rotarian couples or families who personally pay for all expenses of their intercountry experience. Doors of friendship are opened in a way not otherwise possible. Rotarians seeking an unusual vacation and fellowship experience should learn more about the Rotary Friendship Exchange. Some exciting Rotary adventures are awaiting you!

Rotary Youth Leadership Awards (RYLA)

Each year, thousands of young people are selected to attend Rotary-sponsored leadership camps or seminars held in districts throughout the world. In an informal atmosphere, groups of outstanding young people ages 14-30 spend several days in a challenging program of leadership training, discussions, inspirational addresses, and social activities designed to enhance personal development, leadership skills, and good citizenship. The official name of this activity is the Rotary Youth Leadership Awards (RYLA), although these events are sometimes referred to by other names, such as camps, youth leaders seminars, or conferences.

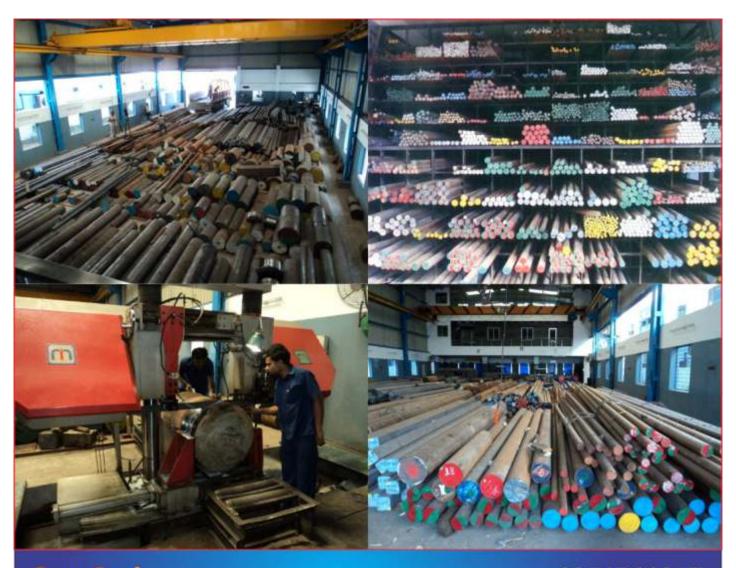
The RYLA program began in Australia in 1959, when young people throughout the state of Queensland were selected to meet with Princess Alexandra, the young cousin of Queen Elizabeth II. The Rotarians of Brisbane, who hosted the participants, were impressed with the quality of the young people and decided to bring youth leaders together each year for a week of social, cultural, and educational activities. The RYLA program gradually grew throughout all the Rotary districts of Australia and New Zealand. In 1971, the RI Board adopted RYLA as an official program of Rotary International. While RYLA is generally conducted as a district activity, an international RYLA is now held each year before the RI Convention.

Rotary Community Corps

One of the programs in Rotary's panoply of worldwide service activities and projects is the Rotary Community Corps (RCC). Formerly known as Rotary Village Corps (or Rotary Community Service Corps in urban areas), this form of grassroots selfhelp service was initiated by RI President M.A.T. Caparas inn 1986 as a means of improving the quality of life in villages, neighborhoods, and communities. The program is built on the premise that there is frequently an abundance of available labor in an area but no process for mobilizing men and women to conduct useful projects of community improvement.

A Rotary Community Corps is a Rotary club-sponsored group of non-Rotarians who want to help their own community by conducting service projects. Rotarians provide professional expertise, guidance, encouragement, organizational structure, and some material assistance for the RCC, whose members contribute the manpower and knowledge of community needs to help their own community. Thus, the Rotary Community Corps offers another way for Rotarians to serve in places of great need.

(... to be continued)



Ram Goel Ranjay Goel Sanjay Goel



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BIRTHDAYS & WEDDING ANNIVERSARIES -





BIRTHDAY

ANNIVERSARY

02/01- Ann. Tanvi Pamnani

17/01 - Ann. Nagini Gumideli

21/01 - Rtn. Rajnish Pissay

27/01 - Rtn. Bimal

29/01 - Rtn. Praveen Sharma

16/01 - Rtn. Ajay & Anita Jain 16/01 - Rtn. Mudit & Madhu

30/01 - Rtn. Vikram & Lopa







RCSS - CLUB IN ACTION (LAST MONTH)

20 12th

Rotary ICU Ambulance for Old Age Homes

Venue : Mahaveer Hospital, Masab Tank, Hyderabad









0 026th

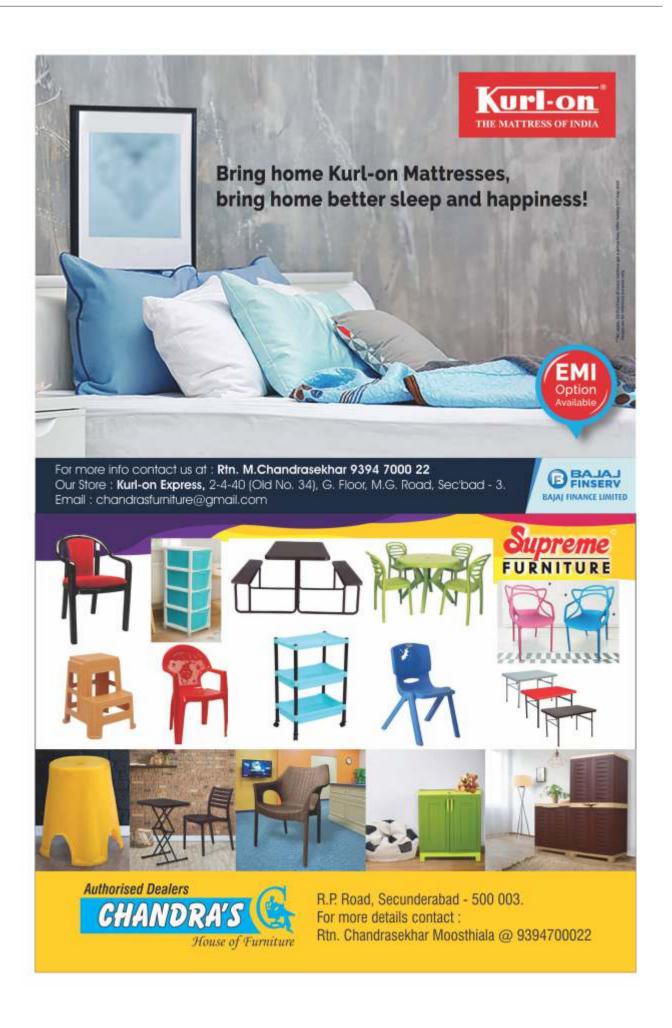
20th Charter Nite CelebrationsVenue: Hotel Taj Banjara, Banjara hills, Hyderabad











RC KYIV (Ukraine) - RI 2232 Our Project in KYIV



Natalya Radovanskaya, International RC Kyiv



Polyclinics for Children in Kyiv.







Mentally retarded kids who are staying in the specialised medical centre in settlement Hlynske, Sumy region, Ukraine



DESIGNATED MONTH



December - Decease Prevention and Treatment

Area of Focus: Disease Prevention and Treatment Month. This month includes: World AIDS Day on the 1st and International Day of Disabled Persons on the 3rd of December.

- Organise Medical Camp Health Awareness for Eye Care / Dental Care.
- Providing equipment such as Artificial Limbs, Wheel Chairs and Calipers to the Physically Challenged Peoples i.e. Polio Sufferers.
- Provide low-Income, underinsured or underinsured Persons with the knowledge, skills, an opportunities to improve their diet, physical activity and other life habits to prevent, delay, or control, chronic diseases.
- Initiate Actions to Prevent and control Diabetes, Heart Diseases, Obesity and Associated Risk Factors.



January - Vocational Services

Vocational Service Month During this period, clubs highlight the importance of the business and professional life of each Rotarian. Special activities promote the vocational avenue of service.

- Distribute Four way Test
- Distribute Vocational Awards to outstanding individuals, Arrange Vocational Visits
- Awareness seminar on career guidance, Organise / Arrange in Plant Training
- Start Vocational Education / Skill Guidance Centre. Start Part Time Consultancy centre
- Helping Physically Challenged people to gets jobs



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Ann Kavita Agarwal W/o Rtn. Pankaj Aggarwal





I am kavita Agarwal
I have done my B.COM from Stanley degree college. Married to Pankaj Agarwal
I am House maker With 2 kids Chehak Agarwal & Madhur Agarwal
My hobbies r Listening to music Specially old songs, Cooking and love to explore new places.

Ann Jyoti Surana W/o Rtn. Rajesh Surana





Name: Jyoti Surana

Born and brought up amidst the natural beauty and Hills of Darjeeling, I did my High School from St. Joseph Convent Siliguri. I was rewarded by a Gold Medal from the Governor for topping the North Bengal University. I always aspired to become a CA and went on to pursue it even after tying knots with a handsome and jolly man, Rajesh.

But God had other plans and am blessed with a loving family and with adorable kiddos, Saloni and Armaan.

Being a home maker in a Joint Family, i love taking care of the complete family and rejoice the benefits and warmth of living in a joint family. Baking and singing are my favorite hobbies. Old bollywood music never fails to cheer me up. Watching movies is also something I really really enjoy.

I have always believed in living the journey and am a strong believer of family values, traditions and rich culture which we all have been gifted with. I wish n pray that we all shine with positivity and be empowered to face the challenges, lows n ups with utmost grace n joy.

Ann Neha Gupta W/o Rtn. Sarvesh Gupta





Name

: Neha Gupta : Gardening ,Cooking and Nature walks. Hobbies

Qualification: B.com

Ann Asha Tibrewala W/o Rtn. Pawan Kumar Tibrewala





I'm Asha Tibrewala I've done M.A (English literature) Christ Church College, Kanpur. Married to Pawan Kumar Tibrewala.

Women entrepreneurWith 3 Kids Pracheta Agarwal, Praneet Tibrewala & Vedika Tibrewala Hobbies - Listening music, Cooking, Travelling.

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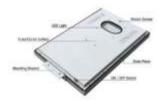
SOLAR

Rooftop on grid systems (Make: Tata Power Solar / Rathi Solar)









Rooftop off grid system(Make: Tata Power Solar) Water heating systems(Make: Rathi Solar) Street lighting system(Make: Systellar)

ELECTRICAL

LED Lighting (Make: Opple, Stanjo)



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RITU'S COLUMN - HINDUISM

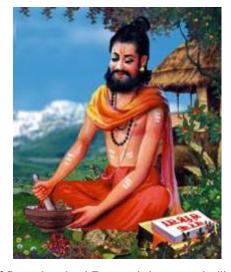
HINDU DHARMA & AYURVED



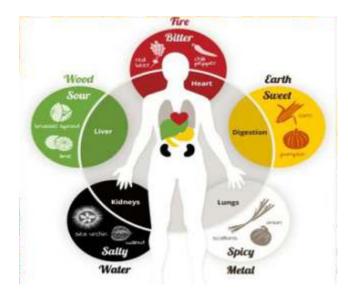


The source of Vedic medicine is some hymns of the Rigveda and Atharvaveda. They provide us many facts connected with physiology, anatomy, embryology, toxicology etc. The Vedic sages knew the remedial measures to cure the bite of poisonous animals. India's long and renowned tradition of toxicology has been derived from basic knowledge found in Vedas. With the passage of time, further advancement gave birth to Ayurveda system of healing. It means Science of longevity. It is linked to Rishi Bharadwaj who lived about 6000 years ago. In his state of meditation, he found the medicinal minerals and plants. His students especially 50 of them propagated this system of treatment. The two most prominent of them are Punarvasu and Agnivesh.

Then we have sage Charaka whom world hardly knew. He was a great specialist in Medicine and was first Physician to establish the problems and Medicinal treaties in fields like Physiology, Embryology, Digestion, Sexual disease, Immunity etc. His works on Ayurveda i s well arranged in a book called Charaka Samhita which is profound and all comprehensive treatise. The great Surgeon of the time, sage Sushruta was the first to carry out different Surgeries which included Plastic surgery and Cataract surgery. His works are composed in his book called Sushruta Samhita.



The Ayurveda goes to source of creation. The Body is composed of five physical Draya (elements), (i) Akash (ether), (ii) Vayu (air), (iii)Agni (fire), (iv) Jala (water), (v) Prithvi (earth) and five meta-physical Draya (elements), (vi) Vacuum (darkness), (vii) Kaal (time), (viii) Disha (space), (ix) Manas (mind), (x) Soul (lightness). These elements make three Dosha in the body namely, (a) Vata Dosha (b) Pitta Dsha, (c) Kapha Dosha.



It is said that body Dhatus (tissues) get diseased because of imbalance of these three Dosha or any combination of them. These Dosha can be balanced by six Rasas (taste) which are, (a) Katu (pungent), (b) Tikta (bitter), (c) Lavana (salty), (d) Madhur (sweet), (e) Amla (sour), (f) Kashaya (astringent); and by three Gunas which are, (a) Sattva (goodness), (b) Rajas (passion), (c) Tamas (ignorance).

The seven body Dhatus (tissues) are, (i) Rasa (plasma), (ii) Rakta (blood), (iii) Mamsa (flesh), (iv) Meda (fat), (v) Asthi (bones), (vi) Majja (marrow), (vii) Sukra (semen), which are affected in a disease. Hence, while choosing a food item, we must see its nature and property viz its rasa & g u n a .

Ayurveda provides a natural way of curing a disease, but it lays more emphasis on prevention of disease. It talks about simple living and high thinking. Following are six pillars, (a) Aaahaar: It should be Satvik vegetarian food, (b) Vichaar: Our thought process, especially at the time of taking food, should be very calm and peaceful with no ill will for any one, (c) Vyavhaar: We should be concerned and think of wellbeing of everyone, (d) Vyaayaam: For physical fitness, yoga asana and pranayama should be regularly done, and those who cannot do it must have a morning walk, (e) Vihaar: A person must devote some time for his entertainment and for doing things what pleases him like listening to music or doing painting as a hobby, (f) Vishraam: A person must find time to relax especially 6 to 7 hours sound sleep in the night is must. A person should sleep early so that he gets up at 4 a. m. (brahma muhurta). It is considered best for health.

If proper lifestyle is not maintained, then food is not properly digested and ama (undigested food) remains in the gastro-intestinal tract. If this toxic sticky residue is not quickly burned up by the digestive fire, it accumulates in gastro-intestinal tract. Once ama becomes plentiful, it is removed by the Dosha and transported to the Dhatus. Once ama is deposited in the Dhatus, it begins a chain of events that debilitates them and impairs their function. This results in a weakened immune system that makes the Dhatus susceptible to infection and degenerative disease. It further spoils the Dosha and nourishment of Dhatus stop. The doshic process that eliminates mala (stool) and other toxin gets affected setting a negative cycle.



Ayurveda provides what is known as Panchakarma therapy so as to remove all the accumulated toxin and to Rejuvenate the body. It consists of, (a) Vamana karma & Nasya karma, (b) Virechana karma, (c) Basti karma, (d) Raktamokshana karma. The German doctors have carried out research on the efficacy of Panchakarma therapy and have found that body is fully detoxified by this process. It should be taken once in a year to maintain proper health all through life.





Ann. Ritu Gupta





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Carrot Halwa - RECIPE

Ingredients -

Carrots - 1 kg
Milk - 2 liter
Ghee - 60 gm
Sugar - 100 gm
Handful of chopped dry fruits

FROM MY KITCHEN



By Ann Usha Gupta

Method:

Peel and grate carrots. Roast them in 1 table spoon of ghee for 5 mins. Add all the milk and let it cook for half hour to one hour or till all the milk boils off. Then add remaining ghee and cook for another 10 minutes. Lastly add all the sugar and cook for another 5 minutes. Garnish it with roastes dry fruits while serving.

Kitchen Measurements (approx.)

Table spoon 15 grams
Teaspoon 5 grams
Cup 200 ml
Glass 250 ml





Servings P

Preparation Time

Apple Pie - RECIPE

FROM MY KITCHEN

Ingredients

All purpose Flour Salted Butter Cinnamon powder Nutmeg powder Sugar Apple Cold water





By Ann Lopa Mehta

Crust:

Take 2 and a half cups of all purpose flour. Add 180 GMs of cold butter and mix well. Knead it with 6-7 tbsp of cold water.

Refrigerate the dough for an hour After an hour roll the dough into a circle (depending on the size of the baking dish) with a rolling pin and place it into the dish

Apple Filling:

Take 6-7 Apples of your choice. Peel and cut them into small pieces. Add 2 tsp of cinnamon powder and 1/4 tsp of nutmeg powder

Keep the mixture aside

Sauce for the filling:

Melt 8 tbsp of butter in a pan, stir in 3 tbsp of flour, 3/4 cup of granulated sugar and bring this to a boil. Reduce the heat to low and keep stirring till it thickens slightly.

Once it is thick add the above apple mixture and the filling is ready

To assemble the pie, grease the glass dish, place the rolled dough into the dish. Add the filling

For the top layer, roll the dough with a pin, cut thin strips with a pizza slicer and make the weave layer

Use milk to wash the top

Baking settings -Preheat the oven for 10 minutes at 220c. Bake for 15 minutes at 220c and 45 minutes at 170c

Kitchen Measurements (approx.)

Table spoon 15 grams
Teaspoon 5 grams
Cup 200 ml
Glass 250 ml





Servings

Preparation Time







Ann B. Apeksha

Every New Year's I resolve to lose 20 pounds and I do. The problem is that I gain 30.

Money can't buy love, but it improves your bargaining position.

A boy got rejected and a girl got selected in an interview for same reason. Think? They both had the first two buttons of their shirts open in front of the CEO....Jokes!!

Heated gold become ornaments, beaten copper become wires, compressed rocks become diamonds and mentally tortured men becomes BEST HUSBANDS.

Mada:Who searched Ï Love You'?

Titu:China! Madan: How?

Titu: It has no warranty. If works, till forever. If not, then no ever.

Relationship status and singer, Before Relationship, Honey Singh! When in Relationship, Arijit Singh! After breakup, Jagjit Singh!

Police Inspector: Why didn't you report your stolen credit card?

Husband: The thief was spending less than my wife.

Inspector: Then why are you reporting it now?

Husband: I think now the thief's wife has started using it!

Real Astronomers are in our family, 1st Mother who showed moon in childhood. 2nd papa who used to show the whole universe in just 1 slap. Third wife - who shows stars during the day. This Nasa is just Confusion.

Husband ne office mein baithe baite FB pe post kiya, "Panchi bana udha phiru mast gagan mein"tabhi wife ka comment aaya "dharti chute hi sabji le aana apne bhawan mein...warna ek bhi baal nahi bachenga tumhare chaman mein!"



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We value your suggestion



Your opinion matters.

Like anything in this world, Rotary Club of Secunderabad Sunrise needs to remain agile and adapt to the changing needs of our tribe and community. How can we expect to continue doing 'good' in a World we can't properly understand or relate to?

For this reason, we'd love to hear your suggestions on how we could make our club better and/or help guide Rotary International in a more modern direction. Do drop a line at

Editor / Webmaster

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