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# **Team Rotary Club of Secunderabad Sunrise for 2020-21**

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Secretary - Rtn. Ravi Ladia
Treasurer - Rtn. Ranjay Goel

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Vocational Service - Rtn. Rajhans Banka
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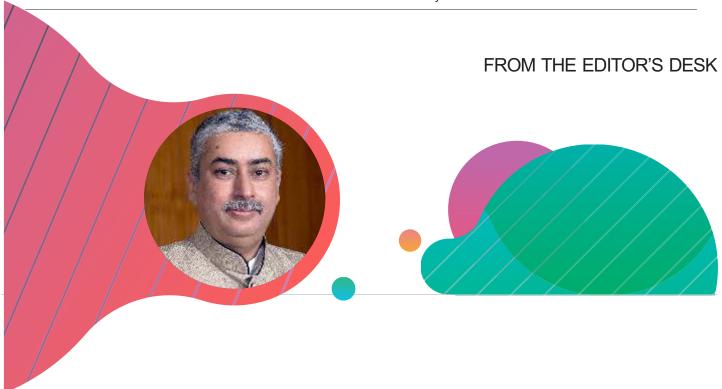
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frican region declared free of wild poliovirus - Rotary and its GPEI partners celebrate a monumental achievement, say global eradication of wild polio is possible with the continued dedication and persistence of Rotarians.



"Wide Angle"

In the name of Lockdown

What were you doing in this Lockdown?

My friends often ask me "What extra thing did you do during the Pandemic Lockdown"

- Did you make yourself useful to yourself or to the Society?
- Did you raise money for a programme cause?
- Did you learn a new skill and post selfies of your new achivement with this new skill?

My answer to them is always the same "No comments"

Not because I have been idle, but because I'am a moderate person who does not want to mark anyone feel mark by exposing them to the shell scale of my ambitions.

Men whose outer limit of culinary experience used to be boiling water (~for bath) have overnight blossomed into master chef... others have taken up gardening.

Do share with us your lockdown stories (and images). We would love to hear about it.

Stay Safe Your Editor. Rajesh Pamnani





Ann Seema jain W/o Rtn. Lokesh Jain



Ann Mamta Jhawar W/o Rtn. Sandeep Jhawar



Ann Ritu Gupta W/o Rtn. Samir Gupta





#### **ROTARY - INTERNATIONAL**



We all know Rotary's tremendous power to transform our communities and ourselves. However, in every community, people have been left out, and we have not made a strong enough effort to reach them.

The RI Board of Directors is taking action to make Rotary more welcoming and diverse. We formed a task force to promote diversity, equity, and inclusion to help clubs attract new members regardless of gender, race, religion, age, or other factors. This will help us speed up the change we all want and need. The selection of Jennifer E. Jones as Rotary president for 2022-23—the first woman to lead our organization—is another step in this direction.

At the grassroots level, clubs drive inclusion and diversity. Alia Ali — who serves on the board of directors at the Big West Rotaract Multidistrict Information Organization and is a Rotary Youth Leadership Awards alumna and past president of the Rotaract Club of Surrey-Newton, British Columbia — offers her perspective.

I still remember the relief I felt as a RYLA participant four years ago. I had finally found my people: people who cared as much as I did. All over the world, Rotary has the same heart. We serve our communities and take action where others feel paralyzed by the size and scope of a problem.

Let's continue that spirit, especially when the conversation is difficult. Racism, prejudice, and discrimination take on different forms but exist in every country, in every city, and in every person. How do we root it out?

As a diversity, equity, and inclusion consultant, I help organizations create a culture that empowers and attracts everyone using the power of empathy. When we feel with others as if they were ourselves, we cannot hold prejudice in our hearts. When every child reminds you of your own child, when every woman or man reminds you of your mother or brother, you start seeing the world differently.

We can apply The Four-Way Test through the lens of empathy. Are we building goodwill and friendship with everyone in our area, including women? Are things fair and beneficial to people of all ages? Who has to make choices that you don't have to make?

I made a heartbreaking choice between Rotary and my religion when a Rotary convention was held during Ramadan. I wondered: When we ask if this is fair and beneficial to all concerned, did that not include me as a Muslim? Would the convention ever be held over Easter? Only by asking difficult questions can we begin the work of creating a more inclusive and diverse Rotary.

We already connect so many people across the world. Imagine the possibilities when we bring even more people along for the ride. That's the future of Rotary I want to see: one where we are unstoppable in our service, relentless in our kindness, and intentional in the change we want to see.

Rotary has a big enough heart. If we open our door wider, we might find a lot of interesting people with new voices and new perspectives. We already have a variety of clubs offering different styles, cultures, and opportunities — and those who do not feel welcome in any particular club might be great candidates for new clubs created on different models. It's important that we make sure every new Rotary member is a good fit for their club. Rotary Opens Opportunities through diversity.

Holger Knaack President 2020-21

Source: Rotary International

Courtesy: eFlash Rotary Kalamassery



Clifford L. Dochterman President, Rotary International 1992-93



#### Types of Membership

Part 5 of 12

There are two types of Rotary club membership: active and honorary.

An active member is one who has been elected to membership under a business or professional classification and enjoys all the obligations, responsibilities, and privileges of membership as provided in the RI Constitution and Bylaws. Active members may hold office in their clubs and serve RI at the district and international levels. They are expected to meet attendance requirements, pay dues, and bring new members into Rotary.

Honorary Rotary membership may be offered to people who have distinguished themselves by meritorious service in the furtherance of Rotary ideals. An honorary member is elected for one year only, and continuing membership must be renewed annually. Honorary members cannot propose new members to the club or hold office and are exempt from attendance requirements and club dues. Many distinguished heads of state, explorers, authors, musicians, astronauts, and other public personalities have been honorary members of Rotary clubs, including King Gustaf of Sweden, King George VI of England, King Badouin of Belgium, King Hassan III of Morocco, Sir Winston Churchill, Albert Schweitzer, Charles Lindbergh, Jean Sibelius, Sir Edmund Hillary, Thor Heyerdahl, Thomas Edison, Walt Disney, Bob Hope, Albert Sabin, Margaret Thatcher, and many of the presidents of the United States.

#### Membership in Rotary International

If you asked a Rotarian if he or she belonged to Rotary International, the individual probably would look puzzled and answer, "Of course, I'm a member of Rotary International." But in this instance, the confident Rotarian would be technically wrong. No Rotarian can be a member of Rotary International! The explanation of this apparent contradiction is simple. The constitutional documents of RI state that membership in Rotary International is limited to Rotary clubs. More than 32,000 Rotary clubs belong to the organization we call Rotary International.

A Rotary club is composed of persons with the appropriate qualifications of good character and reputation and a business or professional classification and who serve in an executive or managerial capacity. The Rotarian belongs to a club; the club belongs to Rotary International. This technical distinction is not obvious or even known to most Rotarians and seldom does it create any problems or complications. It does explain, however, why the RI Board of Directors places expectations on and extends privileges to Rotary clubs, rather than to individual Rotarians.

If someone asks if you belong to Rotary International, your most accurate answer would be, "No, I belong to a Rotary club." But it is doubtful anyone would understand — or, in fact, care about — the difference.

#### **District Governor**

The district governor performs a very significant function in the world of Rotary. He or she is the single officer of Rotary International in the geographic area called a district. The district governors, who have been extensively trained at the International Assembly and regionally at the governors-elect training seminar, provide guidance and leadership to the more than 32,000 Rotary clubs of the world. They are responsible for maintaining the high performance of the clubs of their district.

The district governor is a very experienced Rotarian who generously volunteers more than a year to leading the district; has a wealth of knowledge about current Rotary programs, purposes, policies, and goals; and is a person of recognized high standing in his or her profession, community, and Rotary club. The governor makes at least one official visit to each club in the district. The governor must supervise the organization of new clubs and strengthen existing ones. He or she performs a host of specific duties to ensure that the quality of Rotary does not falter in the district and is responsible for promoting and implementing all programs and activities of the RI president and Board of Directors. The governor plans and directs training for incoming district officers and also oversees the organization of the district conference and other special events.



Clifford L. Dochterman President, Rotary International 1992-93



#### Role of Assistant Governors

The office of assistant governor was created in 1996 as a key element of the District Leadership Plan, the organizational structure for all districts that was adopted by the RI Board in an effort to help district governors better support their clubs. Assistant governors are appointed by the district governor to assist in the administration of assigned clubs. These key Rotary leaders help incoming club presidents plan for their year and for the governor's official visit, advise clubs on strategies to achieve goals, and visit their assigned clubs at least four times a year.

In addition to providing more responsive support for clubs, assistant governors also form a pool of well-trained district leaders from which to select future governors. The assistant governor serves as an important resource for both the clubs and the district governor, helping to ensure that everything runs more smoothly within the district.

#### The International Assembly

The International Assembly is held each year before 15 February to prepare district governors-elect from around the world for the office they will assume on 1 July. Accompanied by their spouses, the 530 incoming governors join a host of experienced Rotarian leaders for a week of training and motivational sessions. At the assembly, they meet the special Rotarian who will serve as RI president during their year as governors, and they learn the RI theme for the coming year, around which they will build their district's activities. The first International Assembly was held in Chicago in 1919. Since then, assemblies have been held throughout the United States: Lake Placid, New York; Kansas City, Missouri; Boca Raton, Florida; Nashville, Tennessee; Anaheim, California; and, most recently, San Diego, California. But regardless of the venue, the message on the sign above the plenary hall remains unchanged: "Enter to learn . . . go forth to serve."

# The District Assembly

In view of the annual turnover of Rotary leadership each year, special effort is required to provide the more than 32,000 club leaders with appropriate instruction for the tasks they will assume. The annual district assembly is the primary training event for incoming club officers.

The district assembly offers motivation, inspiration, Rotary information, and new ideas for club officers, directors, and committee chairs. Experienced district leaders conduct informative discussions on all phases of Rotary administration and service projects. The assembly gives participants valuable new ideas to make their club more effective and interesting. Usually, 8 to 10 delegates from each club are invited to attend the training session, which is held in April or May.

The district assembly also offers the incoming district governor a chance to introduce the RI theme and presidential emphases for the coming year. District goals and objectives are also described, and plans are developed for their implementation.

Participation in the annual district assembly greatly contributes to the success of each Rotary club during the following year.

# The District Conference

A district conference brings together all club members and their families — not just club officers and committee members — to enjoy fellowship and inspirational speakers and discuss matters that make one's Rotary membership more meaningful.

Every person who attends a district conference finds that being a Rotarian becomes even more rewarding because of the new experiences, insights, and acquaintances developed at the conference. Those who attend a conference enjoy going back, year after year.

Every Rotary district has a conference annually. These meetings are considered so important that the RI president selects a knowledgeable Rotarian as a personal representative to attend and address each one. The program always includes several outstanding entertainment features, interesting discussions, and inspirational programs.



Clifford L. Dochterman President, Rotary International 1992-93



# Presidents-elect Training Seminar (PETS)

The Bylaws of Rotary International require that incoming club presidents attend a presidents-elect training seminar (PETS) organized by the district governor-elect in cooperation with the current governor. Generally held in March, this two- or threeday motivational and leadership training meeting is designed to prepare incoming club presidents for the office they will assume on 1 July. Among the subjects covered are the RI theme for the coming year, effective service projects, and The Rotary Foundation. Incoming club presidents learn about their role and responsibilities, goal setting, selection and preparation of club officers, club administration, membership recruitment and retention, public relations, and RI and district resources. In some areas of the world, two or more neighboring districts conduct multidistrict PETS. Multidistrict PETS groups have found that their larger numbers help them attract popular Rotary speakers, provide incoming presidents with a perspective beyond the district, and generate more diverse strategies for effective club leadership.

# Club Leadership Plan

Building on the success of the District Leadership Plan, the RI Board of Directors approved the Club Leadership Plan in 2004 as the recommended administrative structure for Rotary clubs. The plan is designed to strengthen Rotary clubs by focusing on building continuity among leadership, achieving consensus for decision making and planning, and involving all members in club projects and activities. Rotary clubs should follow nine steps to implement the plan, which can be adapted to meet the club's specific needs and culture. The plan also includes a streamlined committee structure focusing on club administration, membership, public relations, service projects, and The Rotary Foundation.

#### Youth Exchange

Rotary Youth Exchange is one of the most popular programs to promote international understanding and develop lifelong friendships. Beginning in 1927 with the Rotary Club of Nice, France, exchanges in Europe continued until World War II and resumed in 1946. In 1939, an extensive Youth Exchange was created between California, USA, and Latin America. Since then, the program has expanded around the world. In recent years, more than 7,000 young people have participated annually bin Rotary club- and district-sponsored exchange programs. The values of Youth Exchange are experienced not only by the high-school-age students involved but also by the host families, sponsor clubs, receiving high schools, and the entire community. Youth Exchange participants usually provide their fellow students in their host schools with excellent opportunities to learn about customs, languages, traditions, and family life in another country.

Youth Exchange offers young people interesting opportunities and rich experiences to see another part of the world. Students spend a full academic year abroad through the long-term exchange program. A growing number of clubs and districts are sponsoring short-term exchanges of several weeks or months.

A structured program of RI since 1974, Youth Exchange is a highly recommended activity for all Rotary clubs to enhance international understanding and goodwill.

#### No Personal Privileges

Frequently, friends ask whether Rotarians receive special business benefits from their Rotary membership. Should Rotarians expect a special discount or some preferential service just because they are dealing with a fellow Rotarian? The answer is clearly no. The RI Manual of Procedure expressly states the Rotary position on this matter. The policy, originally approved by the RI Board in 1933, is that in business and professional relations, "a Rotarian should not expect, and far less should a Rotarian ask for, more consideration or advantages from a fellow Rotarian than the latter would give to any other business or professional associate. . . . Any use of the fellowship of Rotary as a means of gaining an advantage or profit is contrary to the spirit of Rotary."



Clifford L. Dochterman President, Rotary International 1992-93



## Every Rotarian an Example to Youth

In 1949, the RI Board adopted the slogan Every Rotarian an Example to Youth as an expression of commitment to children and youth in each community in which Rotary clubs exist. Serving young people has long been an important part of the Rotary program.

Youth service projects take many forms around the world. Rotarians sponsor Boy Scout and Girl Scout troops, athletic teams, centers for disabled children, school safety patrols, summer camps, recreation areas, safe driving clinics, county fairs, child care centers, and children's hospitals. Many clubs provide vocational counseling, establish youth employment programs, and promote use of The Four-Way Test. Increasingly, drug or alcohol abuse prevention and HIV/AIDS awareness projects are being supported by Rotarians.

In every instance, Rotarians have an opportunity to be role models for the young people of their community. One learns to serve by observing others. As our youth grow to become adult leaders, it is hoped each will achieve that same desire and spirit to serve future generations.

The slogan accepted over 50 years ago is just as vital today.

## World Community Service

World Community Service (WCS) is the Rotary program by which a club or district in one country provides humanitarian assistance to a project of a club in another country. Typically, the aid goes to a developing community where the Rotary project will help raise the standard of living and the quality of life. The ultimate object of World Community Service is to buildgoodwill and understanding among peoples of the world.

An excellent tool for finding a club in another country that needs help on a worthy project is the WCS Projects Exchange, a database at www.rotary.org that features hundreds of activities in developing areas. Updated monthly, the projects exchange lists project descriptions, estimated costs, and contact information.

Clubs seeking help with a humanitarian project may register their needs, and clubs seeking to assist a WCS project may easily review the list of needs registered in the projects exchange. Every Rotary club is urged to undertake a

new World Community Service project each year.

# Women's Groups Associated with Rotary Clubs

Some very significant programs of Rotary service are conducted not by Rotarians but by organizations of Rotarians' wives and other female relatives associated with Rotary clubs around the world. Generally organized before Rotary clubs admitted women to membership, these groups served, and continue to serve, as a way for spouses of Rotarians to support the Rotary ideal of service and make valuable contributions to their community.

Women's groups — often called Women of Rotary, Rotary Ann Clubs, Las Damas de Rotary, or the more formalized organization, Inner Wheel — annually conduct hundreds of notable projects of humanitarian service. They work with schools, clinics, food and clothing distribution centers, hospital facilities, orphanages, and homes for the elderly.

Many of the women's groups actively conduct international as well as local service projects.

In many countries, the wives of Rotarians have been called "Rotary Anns," a tradition that began at the 1914 Rotary Convention in Houston. "The Rotarian's Ann" — which soon became Rotary Ann — and created a Rotary Ann chant, which was taken up at the Houston station when the group discovered another wife named Ann among the greeters. Rotary Ann thus

became a term of endearment for Rotary wives.

In 1984, the RI Board of Directors recognized the excellent service and fellowship of the clubs and organization of female relatives of Rotarians and encouraged all Rotary clubs to sponsor such informal organizations.

(... to be continued)

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BIRTHDAYS & WEDDING ANNIVERSARIES -





# **BIRTHDAY**

**ANNIVERSARY** 

01/12 - Ann. Meera

04/12 - Ann. Jyoti Surana

08/12 - Ann.Keerti Pissay

17/12 - Rtn. Sandeep Jhawar

21/12 - Ann. Ammu Joseph

31/12 - Rtn. Rajesh Surana

Rtn. Vikram Mehta

02/12 - Rtn. Praveen & Rekha Jain

02/12 - Rtn. Pankaj & Kavita Agarwal

07/12 - Rtn. Sudhir & Manju Agarwal

08/12 - Rtn. Ajit & Shilpa Gandhi

08/12 - Rtn. Mehul & Bijal Shah

10/12 - Rtn. Jitender& Monica Agarwal

10/12 - Rtn. Gaurav & Seema Nyati

11/12 - Rtn. Sandeep & Mamta Jhawar

27/12 - Rtn. Lokesh & Seema Jain

28/12 - Rtn. Rajesh & Tanvi Pamnani

28/12 - Rtn. Chandrashekar & Vijaylaxmi



# RCSS - CLUB IN ACTION (LAST MONTH)

RCSS Club Assembly (Venue: Zoom Meeting)







# EDIBLE CUPS



Edible chocolate coated wafer cup

# Coffee Cup

These wafer cups can be chocolate coated for drinks like coffee and milkshakes.

# Savoury Cups

Plain baked wafers are ready to fill with sweet or savory ingredients — try hummus, chaat, pudding, dips, tiramisu and other bite size desserts or fresh fruit — the possibilities are limitless.

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#### **DESIGNATED MONTH**



# **November** - Rotary Foundation Month.

Clubs and Districts call attention to the programs of The Rotary Foundation and frequently cultivate additional financial support for the Foundation by promoting contributions for Paul Harris Fellows and Sustaining Members.



# **December** - Decease Prevention and Treatment

Area of Focus: Disease Prevention and Treatment Month. This month includes: World AIDS Day on the 1st and International Day of Disabled Persons on the 3rd of December.

- Organise Medical Camp Health Awareness for Eye Care / Dental Care.
- Providing equipment such as Artificial Limbs, Wheel Chairs and Calipers to the Physically Challenged Peoples i.e. Polio Sufferers.
- Provide low-Income, underinsured or underinsured Persons with the knowledge, skills, an opportunities to improve their diet, physical activity and other life habits to prevent, delay, or control, chronic diseases.
- Initiate Actions to Prevent and control Diabetes, Heart Diseases, Obesity and Associated Risk Factors.



Ann Sanju Giria W/o Rtn. Vineet Kumar Giria





Diwali greetings to all,

I was born in Nepal and did most of my studying in different places in India.

Being the oldest of 4 children, I was always filled with a sense of duty and responsibility from my early ages.

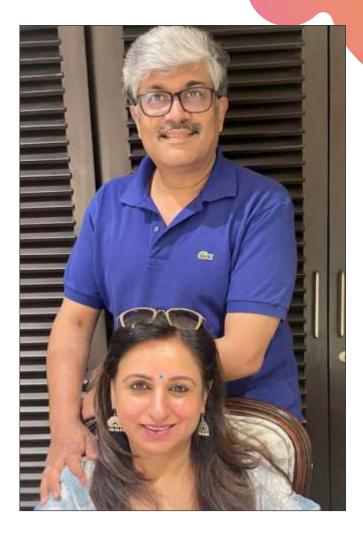
Did my Honors in Political Science and Music. Singing and Music has been my passion since the childhood. I have been blessed with a lovely family, my husband, Vineet Giria is a Businessman, and I have two children. The elder one is Tushaar who is pursuing his BBA from SP Jain Global, and Tripti who is in Grade 12. I am a stay-at-home mom, and I love to decorate my house, it makes me really Happy.

My passion for music took wings once I had free time when the kids grew up. I now practise music 2-3 hours every day and love to give performances in front of family and friends whenever possible and even beyond that. My singing fills me with confidence and lets me enjoy my life to the fullest.

Another thing that I really enjoy is to travel with family and friends, travelling is something that gives me an understanding and feel of different cultures, societies, countries and so much more. I have been a part of Mahaveer International for over 10 years which is a service organisation. To share what we have been blessed with is something I believe to be our responsibility and not charity. Itry to follow the principles of Lord Mahaveer in my life, "To Live and Let Live".

Ann Ashu Gauri W/o Rtn. Narender Gauri





Ann Ashu Gauri Married to Rtn PP Narender Gauri for 26 years Blessed with two loving daughters Gunjan & Suesha

Lived and graduated from Punjab till I got married in Hyderabad. Back then, wasn't much for me in Hyderabad other than the family. I was married in hence the city appeared conservative and boring. As time passed, I find Hyderabad to be the best place for anyone to live with so many activities, socialites, simple and transparent folks.

Love making friends and socializing and miss that during these Covid days. Love experimenting with dishes I churn out from my kitchen. Happy as long as my family and friends term me super-chef.

Would love to go out and watch movies, due to the present day limitations, watch a lot of series on TV and loads of movies. Real stories excite me and get me glued to the screen.

In my own way I contribute my time to some of the social causes including spending time at our family Ashram.

Ann Ammu Joseph W/o Rtn. Joseph P George

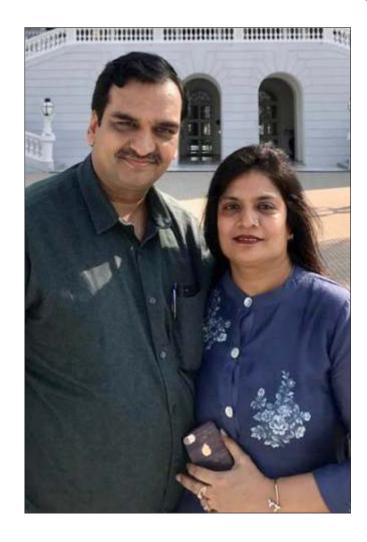




MA literature, B Ed, been a teacher in College and School in Places where staying with my husband, last job held I was Vice Principle of Army School, Vairengte. I am fond of Reading of Fiction & traveling to places. Thank you.

# Ann Anita Jain Tholia W/o Rtn Ajay Kumar Jain Tholia





Name : Anita Jain Tholia

Qualification: B.com

**About Me**: I was born in the city of Water Falls Ranchi, Jharkhand. Completed my schooling from Ursuline Convent School, Ranchi and my Graduation from Marwari College, Ranchi. From the beginning I always had a passion for Art and Cooking. I always loved travelling to new places and learn their cultures. I am a proud wife of a hardworking business man Rtn. Ajay Kumar Jain Tholia. I am also a proud mother of two lovely boys Anmol, who is also a businessman, and Aman a BBA student. I am a homemaker in a family of six.

**My hobbies**: Cooking, going on long Drives, Travelling and listening to music.

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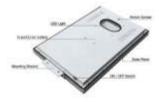
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Rooftop on grid systems (Make: Tata Power Solar / Rathi Solar)









Rooftop off grid system(Make: Tata Power Solar) Water heating systems(Make: Rathi Solar) Street lighting system(Make: Systellar)

# ELECTRICAL

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Contact: Vijay Rathi Call: +91 9848020046 Email: energydevices@gmail.com

# RITU'S COLUMN - HINDUISM

#### HINDU DHARMA AND SECULARISM

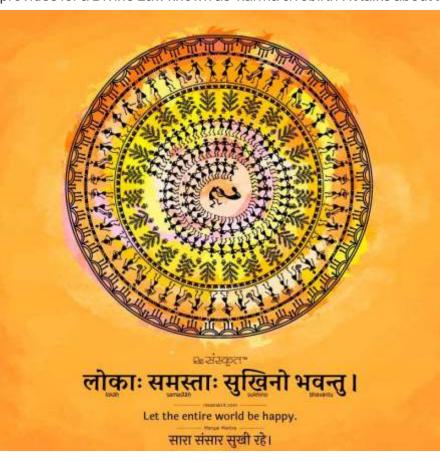


The word Secularism is a political concept coming from the western world. This concept developed during French revolution of 1789 when slogan of Liberty, Equality and Fraternity became popular. Earlier in the Christian world, the Church played a very important role in the affairs of the State. This led to discrimination between people based on religion. The liberal thinkers found it against humanism and principle of natural justice. Hence, a need was felt to separate religion from the State. The ideology of Secularism had taken shape during the European Enlightenment (18 - 19 centuries).

The word Secular means being separate from religion. The three pillars of Secularism are,

- (1) Separation of religion from the State i.e. its political, economic, social & internal aspects of life,
- (2) Freedom, (3) Equality: Religion is treated as purely personal matter of people. It provides freedom to profess all religions with tolerance for each other. It also stands for equality and equal opportunities for all without discrimination on any ground.

The concept of Secularism also flows from Sanatan Hindu Dharma but with much wider meaning. It provides for a Divine Law known as 'karma & rebirth'. It talks about transmigration of soul based on one's



karma. It says 'as you sow, shall you reap'. A person's good deeds will be rewarded and bad deeds will be punished including going in lower forms of evolution (animal life, plant life etc.). The four pillars of this Divine Law are, (i) Truth, (ii) Non-violence, (iii) Equality, and (iv) Love. What is good or bad is absolute, not relative b a s e d o n m o r a l s o f a n y society/civilization.

The code of conduct is not confined to any particular sect or community. So, no person or sect or community should do unto others what he or she or it does not like to be done unto him or her or it. There is a sloka in Sanskrit which means (I state in half a couplet what has been said in million treatises: Do not do unto others what you find unpalatable for yourself). All rules of ethics and morality flow from the Law of 'karma & rebirth'.

Some of the guiding principles of Sanatan Vedic Dharma are:

- (1) Vasudhaiv Kutumbakam: Whole world is one family, includes everything, living or non-living.
- (2) Ahimsa Parmo Dharma: Non-violence is best creed.
- (3) Satyamev Jayate: Truth alone triumphs.
- (4) Sarve Bhavantu Sukhina: Let all beings be happy.
- (5) Jiyo Aur Jeene Do: Live and let live.
- (6) Ekam Sat Vipra Bahudha Vadanti: Truth is one, learned say it differently.

# RITU'S COLUMN - HINDUISM

#### HINDU DHARMA AND SECULARISM



- (7) Asto Ma Sad Gamaya: Lead me from unreal to real.
- (8) Sarva Dharma Sambhav: All religions are equal.
- (9) Aa No Bhadra Krtavo Yantu Vishwatah: Let noble thoughts come to me from all directions.
- (10) Satyam Bruyat Priyam Bruyat Na Bruyat Satya Apriyam: Speak truth, speak love but not the truth which may hurt.

Hence, Sanatan Hindu Dharma treats everyone equal and wishes welfare of everyone without discrimination of any kind on the ground of ethnicity, nationality, religion, language, region, colour, caste/sect, sex etc. It is most tolerant, inclusive and talks of universal brotherhood. The wellbeing of humanity lies in Sanatan Hindu Dharma since it provides complete freedom to a man of thought, expression, belief, speech, action and to relate with God. The only condition is that a person in the exercise of his freedom should not encroach or interfere with the freedom of another person or living things else he will be doing bad karma liable for punishment under Divine Law of karma & rebirth. It is very flexible as it does not chain a person with any particular ideology which cannot be questioned.

On the other hand, Christianity & Islam have close connection with their books. Both these Semitic religions say that God is one but Allah of Islam does not accept Non-Muslims and Father of Christianity does not accept Non-Christians. Quran says Non-Muslims will burn eternally in the fire of Hell and Bible says Non-Christians will burn eternally in the fire of Hell. There is lot of hatred and jealousy in the Gods of other religions. Except Sanatan Hindu Dharma, all other religions divide God and humanity.

Sanatan Hindu Dharma also speaks about one formless God. Vedas say 'Eko Bramh Dwittya Nasti'. It is also said 'Na Tasya Pratima Asti' meaning which does not have any form (idol). According to Hindu sages, everything in the Nature, whether living or non-living is the manifestation of the God. Hence, there is divinity in everything, and Hindus also worship rivers, mountains, trees, natural forces (light, air, fire, water etc.) and animals so as to express our gratitude to them and the Divine, for these things in the nature sustain our lives. So, the God of Hindus is all inclusive, it is for entire humanity. It was not difficult for Hindu Dharma to accept any other form of worship as provided in other religions e.g. Judaism, Islam, Christianity etc. Hindus assimilated any other religious thought that came to India and Indian society became a pluristic society. Secular traditions are very deep rooted in the Sanatan Hindu Dharma.



History and culture of India is based on the blending of various spiritual traditions. It basically allowed to develop as a holistic religion by welcoming different spiritual traditions and trying to integrate them in a common mainstream. The Vedas, Shastras, Upanishads & Puranas highlight the plurality of Hinduism. The Hindu society throughout its long history, had neither displayed any sort of religious fanaticism, nor ever used the state power for spreading its faith. To preach Secularism to this Society was showing lamp to the Sun. However, the country did not adopt even western concept of Secularism i.e. religious neutrality (dharma nirpeksha).

# RITU'S COLUMN - HINDUISM HINDU DHARMA AND SECULARISM



Although, Jawahar Lal Nehru, the first Prime Minister of free India talked about separation of state from the religion and described a Secular state as one in which 'the state practices all religions, but does not favour one at the expense of others and does not itself adopt any religion as the state religion', the cardinal principle that the state should neither support nor supress any religion was ignored. He got a Constitution drafted and passed that does not fully separate religion from the State. It treats followers of all religions other than Hinduism as minorities (without defining it) and goes out of way to provide special provisions for them in respect of imparting religious education and managing their religious affairs including managing their places of worship. The irony is that second largest majority is also treated as minority. And such rights are not available to Hindu majority. This is a clear case of discrimination against Hindus, but this is Nehruvian secularism.

Perhaps because of this anomaly, initially the word Secularism was not used anywhere in the Constitution of India. However, Mrs. Indira Gandhi as P.M. during Emergency in 1976, added the word Secular in the Preamble of the Constitution. Now at least articles 28, 29 & 30 which grant special rights to minorities should have been deleted.

Instead of doing that Secularism has been further distorted by making a 'Minorities Commission' by an enactment in the year 1992. Hence, in the name of Secularism what has been practiced in the country is pseudosecularism. During 70 years of Indian National Congress rule, a clear narrative has been set that if you talk against Hinduism then only you are Secular otherwise not.

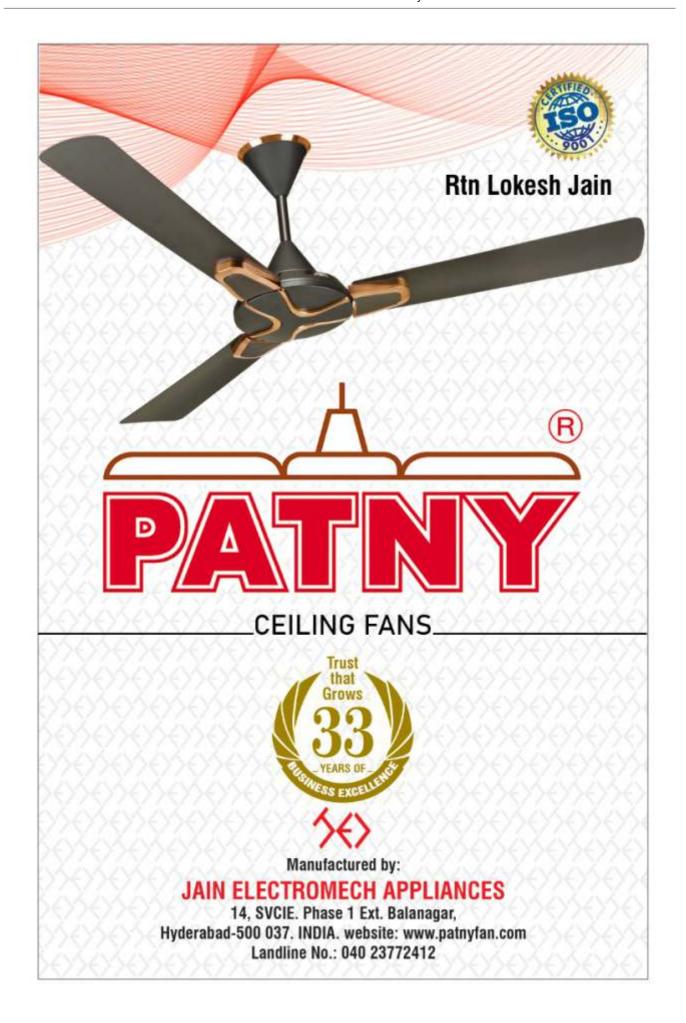


Francoise Gautier says that it is a myth to call Hindus intolerant. The so called urban naxals/pseudo-intellectuals/ communists/pseudo-secularists/liberals call Hindutva forces communal & intolerant just to defame the Hinduism and the country. If there are any signs of Hindu fundamentalism now, it is a reaction to radical fundamentalism displayed by other religions.

Maharishi Dayanand Sarasvati as well as Maharishi Aurobindo, both have said that salvation of India and the humanity at large lies in going back to Sanatan Hindu dharma which stands for truth & non-violence leading to love, equality and freedom of every kind to everyone. Following this Dharma only, Mahatma Gandhi also laid total emphasis on truth and non-violence. Hence, India should be declared a Hindu state. But that will not be enough. A Uniform civil code should also be immediately enacted and implemented. This alone can make Indian Secularism real, true and safe for all times to come.



Ann. Ritu Gupta



# Velvety Paneer Makhani - RECIPE

# FROM MY KITCHEN

#### Ingredients -

Paneer - 400 gms
Tomato - 6 Large
Onion - 2 Medium
Cashew - 10 to 15

Cardamom - 3
Dried Red Chilli - 8
Oil - 2 tbsp
Ghee - 2 tbsp

Fresh Coriander Leaves - 1to 2 tbsp

Kasoori Methi - 1 TSP

Butter - 1 tbsp

optional

Malai - 2 tbsp

Red Chilli Powder - 1 tsp Garam Masala - 1/4 tsp Condensed Milk - 2 tbsp

Salt to taste



By Ann Seema Nyati



# For the puree

- 1. Heat Oil in a vessel.
- 2. When heated add Dried Red Chilli, Cashew and Onion.
- 3. Saute for a minute till onions turn pink.
- 4. Add tomatoes and salt and cover and cook till tomatoes become soft.
- 5. Cool and grind properly in a grinder mixer and keep aside.

#### Method:

- 1. Heat Ghee in a vessel.
- 2. Add Cardamom, Red Chilli Powder, Salt & Garam Masala.
- 3. Then Add finely chopped Coriander Leaves and Kasoori Methi and saute for half minute.
- 4. Then Add the kept aside Tomato Puree and cook for 4 to 5 minutes on low flame to give it a soft texture.
- 5. Then add malai.
- 6. Then add condensed milk and simmer for 1 minute while stirring.
- 7. Now add diced Paneer. Mix well.
- 8. Lastly add butter before serving and serve hot.

# Kitchen Measurements (approx.)

Table spoon 15 grams
Teaspoon 5 grams
Cup 200 ml
Glass 250 ml



40 - min

Servings

**Preparation Time** 

# Marwadi winter special - RECIPE Authentic Haldi Sabji

# FROM MY KITCHEN

#### Ingredients

Haldi 250 gms.
Ghee 250 litres.
Garlic crushed one knob or one whole garlic.
Red chili powder 4 table spoon
Dhania powder 1 1/2 tb spoon
Curd 250 grams.
Salt as per taste.
Chopped Coriander.



By Ann Rekha Jain

#### Method:

Take ghee in a pan add jeera and crushed garlic....then add finely chopped. Haldi (very finerly chopped or grated), Let it cook untill ghee leaves it's roghan. Then add red chilli powder dhania powder, salt and curd..... Cook it untill the curd leaves it's natural oils.....

Then garnish with coriander. And it's ready to serve.

This serves for four or as per ur appetite.

Enjoy it with rice or baati.



#### Kitchen Measurements (approx.)

Table spoon 15 grams
Teaspoon 5 grams
Cup 200 ml
Glass 250 ml





Servings Prepa





# OUR HIGHLIGHT **SERVICES**

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We provide smart tax planning solutions and help you understand how it is an integral part of an overall financial plan of individual. We also help you maximize benefits while staying compliant at the same time.

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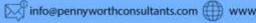
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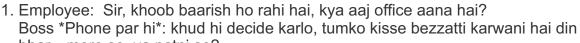
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bhar...mere se, ya patni se?

Employee: theek hai sir, main aa raha hoon.



Ann Jyoti Surana

2. Husband\*apni diabetic biwi se\*: self control toh koi tumse seekhe! Manna padega!! Biwi \*Khushi aur garv ke saath\*: voh toh hai! Par kis baat par? Husband: shareer mein itni "sugar" hai par majaal hai kabhi zubaan par aane di ho!!!

3. Teacher: Name seven different types of cheese.

Banta: Ricotta, Cottage, Mozarella, Cheddar, Swiss Blue, Bekhudi, Zindagi

Teacher: wait a minute, what is 'Bekhudi' and 'Zindagi'?

Banta : hosh waalon ko khabar kya, 'Bekhudi' kya cheese hai. Ishq kijiye phir samajhiye, '

Zindagi' kya cheese hai...

4. Yamraaj : Main teri yaan lene aaya hoon Aadmi : Le jaiye, pados mein rehti hai

\*When visiting someone sick\* American: 'get well soon'

British: 'wishing you a speedy recovery'

Indian: 'I know someone who died with the same illness'

5. Dear algebra, please stop asking us to find your X, she is not coming back... ....we don't know Y either!!

6. Super insult:

Maths Teacher: jab main tumharejitna tha, mere maths mein 100 marks aate the. Student: aate honge bhai... aapko koi acha teacher padhata hoga!

#### \*BIGGEST JOKE OF THE CENTURY\*

Mobiles and computers were made to save our time so we use our time productively! Patni, pati se lad rahi thi

Pati ne tang aakar apni saas ko message kiya

'aapka product mere mutaabik nahi hai, iske production mein inbuilt kai galtiyaan hai jo mujhe delivery ke samay nahi batayii gayi thi. Isiliye, mein ise lautakar aapse EXCHANGE ki demand karta hoon'

Saas ka turant jawab aaya:-

Warranty khatam ho chuki hai

Refund ya exchange ki aisi koi policy nahi hai

Product ki performance behtar karna aapke haat mein hai

Product ko use karne ke niyam aur saavdhaaniyaan delivery se pehle aapko faire ke samay detail mein bata diye gaye the

Ab vaise bhi company ne naye prouduct banana band kardiya hai !!

\*Ladka train mein safar kar raha tha, saamne baithi aunty ne poocha,Kahaan ke ho beta? Ladka bola: meri shaadi ho gayi hai aunty, ab mein kahi ka nahi raha.





# Rotary Club of Secunderbad Sunrise



We would like to invite you to participate in the competition as below.

Children (Below 15 yrs) Youth (16-30 yrs) Women (30 yrs +)

Competition subject open "category" (Any subject Photographs can be submitted)

Details required

- 1. Camera Used
- 2. Subject
- Title for each image (if possible)
   Name the Participate / Age also to be indicated with each image

Last date of entries before 15th Dec 2020. Winners will be announced by 30th Dec 2020.

By Email : webmaster@rcss.in

By Whatsapp : Ritu Gupta - +91 9849006984

Mamta Jhawar - +91 9949042481

All participates will get a certificate of Participation (by email/whatsapp) All winner will get a printed certificate & a Prize.



# We value your suggestion



Your opinion matters.

Like anything in this world, Rotary Club of Secunderabad Sunrise needs to remain agile and adapt to the changing needs of our tribe and community. How can we expect to continue doing 'good' in a World we can't properly understand or relate to?

For this reason, we'd love to hear your suggestions on how we could make our club better and/or help guide Rotary International in a more modern direction. Do drop a line at

Editor / Webmaster

editor@rcss.in webmaster@rcss.in



# ROTARY CLUB OF SECUNDERABAD SUNRISE www.rcss.in

# Disclaimer

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