

THE SUNRISE TIMES

A Quarterly Magazine of

ROTARY CLUB OF SECUNDERABAD SUNRISE

(100% Paul Harris Fellow Club)

Club No. 57064

R.I. Dist. 3150

Volume 11

Issue 1

President's Message

Thank you Rotarians of Rotary Club of Secunderabad Sunrise for giving me an opportunity and reposing faith in my ability to serve as a President for the year 2010-11.

Let's all get together keeping in view the present circumstances of today's world. What's mandatory and important than are all other avenues of services is health and literacy. Let's all join hands to elevate the literacy levels and focus our attention to improve the standards of health in all spheres.

Rotary being popularly known for its Pulse Polio campaign around the world, let us initiate and collectively work in propogating this project and make this world Polio free. Rotary District 3150 has been taking up all initiatives to build infrastructure at Government Schools helping the economically challenged students. In tune with the current Rotary theme, Building communities and Bridging the continents. let us pledge our commitment for reaching the goal

-- Rtn. Dr. L.R. Surender



Editorial

Dear Rotarians,

This is the first issue of quarterly magazine of the club. I request all the members to contribute and make our magazine rich in content and better in quality.

I feel 4 - way test is little more than a bit of Rotary Legend. The test remains highly valuable,ethical yard stick and still applicable in today's fast moving world.Using the test as guideline, we can become better citizens,better business and professional people and better Rotarians.This test will remind us truthfulness and honesty are next Godliness. This is simple slice of Rotary wisdom.Let us follow it truthfully.

wishing all of us beautiful Rotary year a head

-- Rtn. K. Amarnath



INSTALLATION NITE

The Installation of Rotary Club of Secbad Sunrise was conducted at Hote Minerva Grand at 7.00pm on 11.7.2010. Chief Guest of the evening was Dr. Geetha Reddy, tourism Minister Govt. of A.P. could not attend the meeting due to her indisposition. Guest of Honour Sri. Seyed Hasnain, Vice-Chancellor of Hyderabad university graced the occasion. Asst. Governor Incharge Rtn.Ujjwal Tibrewal attended the function.

Meeting was started by the invocation of Annette Vidushi daughter of Rtn.Sandeep Jhawar(member RCSS). Later meeting was called to order by the outgoing President Rtn.Chandrashekar. He has welcomed the guests consisting Anns,annnetes, Members of other clubs, and totalling 100nos. Rtn. Shekar has briefly outlined the activities undertaken by the club for the year 2009-10 supported by power point presentation. He has also thanked various Rotarians who have helped him in executing his plans. Later outgoing Secretary Rtn.Joseph P George, has presented the report for the entire year specially mentioning the achievements like Arushi, Adoption of the Govt School ec.

Later Rtn. Ujjwal Tibrewal, Asst Governor installed Rtn. Surendar as President and Rtn.Amarnath, as Secretary along with Board of Directors for the year 2010-11..In his acceptance speech Rtn. Surendar has outlined his plan for the current year stating that as he is the tenth President of the club. He plans to contribute \$10,000 for Rotary foundation on all counts and planning to donate 10,000 Nos. Notebooks in the next academic year from the club. He also want to pursue the target given by Dt. Governor Rtn.Rajyalaxmi in respect of planting trees to save the planet earth. President has started his activity of the year by distributing note books to various schools worth Rs. 30,000/- on this occasion

Guest of Honour Seyed Hasnain has praised the previous activities of the club and was surprised to know that End Polio Initiative was started and implemented by Rotary. He has compared India as Gemini i.e. two faced Nation India with Metro cities with all the development and Bharath with lack of development in respect of Medical facilities and Education. He advised the club to focus their work in Rural India for bridging the gap in development of the Nation. Rtn.Ujjwal Tibrewal has praised the activities of the club of the previous year and volunteered to give his fullest cooperation to the current team in executing the plans. The meeting came to an end by thanks giving by Rtn. Amarnath, Secretary of the current year.



President Surender delivering his welcome address



Board of Directors for the year 2010-11

DISTRIBUTION OF NOTE BOOKS



IPP Chandrasekhar donating School Dress to the children



Medical camp at Primary School

As per schedule to day, our team consisting Rtns.Dr.Surendar, Ramayya, J.P.Vasandani have started from Dr. Surendar's clinic at 8.30am, reached Doyton School, Bolanum by 9.00am. At the School Rtn.Chandrasekhar, Rtn.Kailash Guptha joined us. After finishing breakfast, we have started the distribution of 250 nos.Note books, 70 nos.Uniforms to the Students. Later on Dr.Rajesh (Associate of Dr. Surendar) has conducted the Dental camp with Students.

Later on, we have gone to Thimmayipalli to distribute the Note books to the students of Govt.Primary School. We were warmly received by the students and Headmistress Mrs. Niranjani. There we have distributed 120 Note books to the children apart from verifying the 40 nos.Benches donated by us earlier. Students have profusely thanked us.

We have proceeded to Govt.Primary School, Mulugu, there we have been received by local political leaders viz. Sarpanch,MPTC&ZPTC members ,teachers MEO and Headmasters of Primar and High School Sections. The meeting was Started with Vandemataram and introduction of guests by Head master. Students have sung a Beautiful song Praising Rotary club in Telugu(which Moved Us). We have distributed 350nos. Note Books to the students. The meeting was addressed by Our President, MEO. Our effort has been appreciated by Stae Coordinator Of Education Dept(over phone), who has requested us to give details of our work in Mulugu Mandal to issue a letter of appreciation from the Govt. of AP.The meeting ended with National Anthem.The Meeting was also covered by Local TV Channel also. The total cost of all the Note books and Uniforms is approx.is Rs.25,000/- We have returned to Hyderabad by 2.30 pm with our sweet memories.

CLUB ASSEMBLY HELD ON 24-07-10 AT HOTEL MARRIOTT



President Surender welcome address at First Club assembly



Director Community Ramayya presenting his year long program

The first club assembly of our club is conducted today at Hotel Marriott. At first the president has welcomed the Members. In his inaugural speech while appreciating the work of previous president he has informed the members that his plans for the future.

President has advised the Directors viz. Community Service (Rtn. Ramayya), Director Membership (Rtn. J.P. Vasandani), Director Public Relations (Rtn. Srinivas Gumidelli) to present their plans of action for the current year.

Rtn. Ramayya has indicated that he plans to distribute 10,000 Notebooks, 1000 nos. Benches, 10,000 trees to be planted. He also assured to continue the services to the Adopted School i.e. Govt. Primary School, Dovton, Bollaram and complete the implementation of RO Water plant at Godumakurta (Vill). He has also announced the committee of members to implement his plan.

Rtn. Vasandani has informed that he wish to increase the Membership by 10 % i.e. 5 members by the end of current year. He mentioned that, he wish to give preference to the Lady members, as our club is having only two lady members.

Rtn. Srinivas Gumidelli has informed the house that, he will put his best efforts to prove our club is the best in public relations in the district.

Rtn. Ravundranath has informed the club that DG planned for more donations from each member to the Rotary foundation on a continuous basis through out the year. He Distributed the boxes to every member to drop money in to them and return the box at the end of the year. and accumulated donations of all the members of the club shall be sent to foundation at the end of the year

Rtn. Lokesh Jain, Chairman Fellowship has plans to conduct regular fellowships, tour to outside Hyderabad and suggested that, we should have meeting with families including children for every two months, which is accepted by every one.

Rtn. Ajay Seth has suggested that we should have good speakers with diversified topics to attract more members to the meetings and have higher percentage of attendance. Rtn. Amamath, Secretary has informed the forth coming events of the club including District Membership Seminar on 25-7-10 at Vijayawada and requested members to participate in large nos. in the event. Rtn. Samir Gupta has informed the house that the plan of implementing various community service project require heavy funding for which RCSS trust has to be strengthened. President while appreciating the plans of directors and views of the members informed the club that, he wish to have Fund Raising Programme with a popular Musician. Last laugh was presented by Rtn. Ravindranath Meeting ended with enthusiastic note.

SPEAKER MEETING HELD ON 31-07-10 AT HOTEL MARRIOTT

Dr. L. R. Surender, President welcomed the members. Thought for the day was given by Rtn. Mudit Kumar. Rotary information was read out by Rtn. George. Fellowships announcements were made by Rtn. K. A. Ramayya. Mr. Ramana Kapur, speaker for the day was invited to Dais and was escorted by Rtn. S. K. Varma. Secretaries announcements were made by Rtn. Mudit Kumar in the absence of Rtn. Amamath, Secretary. Rtn. Surender, President introduced the speaker giving narration of important highlights of life as well as his passion for philosophy and his profession as trainer.

Mr. Ramana Kapur, Speaker spoke about his life and transformation to philosophy. He emphasized that in general people are concentrating on external development namely taking care of the body its appearance and material pleasures. He elaborated on the current situation in the world including global warming, unrests, frequent accidents and severe mental pollutions. He made it very clear that internal development is the real development required for the advancement of society. Internal development means how a human being has to conduct himself, mentally and spiritually. Quality of life is much more important than quantity. Every human being should consider himself as privileged to be born as human being and question himself everyday "am I behaving like a good human being".

The thought process in any human being is continuous and leads to actions accordingly and intum habits are formed. The habits transform the personality and intum destiny. Hence thought processes should be cultivated to be positive to every person in the world. Body consciousness and material consciousness create unhappiness whereas soul needs happiness and peace. Paradox in society is people like change and simultaneously they would not like to be changed. One has to cultivate positive attitude to others and radiate positive energy and should become philosophical and at the same time living normal life and carrying on profession. Polishing outside is happening which is not essential whereas polishing mind and soul is essential. People carry throughout the life excess baggage of hatred to others, jealous about others and these negative characteristics lead to Blood Pressure, Ulcers, Diabetes and other diseases in human beings.

One has to forgive himself and forgive others, Soul searching has to happen as to his contribution to the planet at large. The only solution for entire problem is to become positive and radiate positive energy by internal clearing and this is how human revolution / evolution will take place for achieving universal peace. The speaker was given a memento by Rtn. Vaman. The speech was appreciated by one and all. Rtn. Ajit Gandhi proposed Vote of Thanks. Rtn. Jitender Agarwal was given last laugh. The meeting was adjourned by president.

MEETING - COFFEE WITH RTN.LT.COL.GEORGE ON 07-08-2010

Rotarians lead by president Rtn.Dr.L R Surender assembled in the business premises of Rtn.George for interaction on his life, profession and achievements.

We were received with warmth and served high tea. Rtn.George gave detailed account of when Christianity entered India, and how his ancestors were part of it. Then he narrated his army life, movements of battalion associated with meticulous planning and counter insurgency operation planning in battlefields. Further he briefly described experiences at high altitudes of 23000 feet with threatening temperature of -55°C. Lastly he briefed about his RCOM Business.

All the Rotarians enjoyed the briefing of Rtn. George and thanked him. A memento was presented to Rtn. George.

MEETING OF ROTARY CLUBS OF TWIN CITIES ON 14-08-2010 ON THE EVE OF INDEPENDENCE DAY

Joint meeting of Rotary clubs of twin cities was organized at 06-30 PM at Hotel Fortune Katriya, Somajiguda on 14-08-2010. The meeting was hosted by Rotary Club of Hyderabad. The meeting was presided by Mr.P.Venkataram, President RC Hyderabad. Meeting was graced by Rtn. Rajyalakshmi, DG 3150. The meeting started with invocation. The president welcomed the chief guest and other invitees.

Rtn Rajyalakshmi, DG dealt in brief on the goals and objectives of Rotary in general and particularly on the activities of Rotary 3150 in the field of service to community and especially in the field of literacy. She called upon all the Rotarians to exhort themselves in the field of service to down-trodden and less privileged.

The Chief guest and speaker for the day, Rear Admiral Julius Zacharias was introduced to the audience. Chief guest initiated his talk with compliments to Rotary movement and services by Rotary to the community at large. He further tried to bring out the similarities between Rotary movement and his organization. He further assured to identify worthy organizations to receive service from Rotary. Before closing he has offered his full support for Rotary for implementing objectives. The speaker was thanked by host club and memento was made over to him as token of respect for the chief guest. The meeting ended with singing of National Anthem.

TREE PLANTATION EVENT AT GOVT. SCHOOL AT MULUGU

To carry forward the declared objective of RCSS for planting 1000 trees during the year, a beginning was made on 15-08-2010. Rotarians Dr. Surender, President accompanied by Dr. Kailesh Gupta proceeded to Mulugu School. Mr Shankaran, DFO who has taken initiative to guide RCSS for achieving the target of tree plantations has accompanied the president for guiding and participating in the event at Mulugu school.

The initiative and involvement of Mr Ramcahndra Reddy, Head Master, Primary school is laudable. His dedication for this cause and his initiative is worth emulation. The students of the school participated and planted the trees and enjoyed the event. More than 200 trees of various types were planted on this day making the event a great success. Mr. Gopaldas Head Master, High school participated with his students and supported the initiative of the RCSS to plant trees.



Rtn Surender at tree plantation

Rtn Dr. Surender, President is the initiator of the event and it was evident that he had passion for tree plantations and he firmly believes its benefits to community at large. Rtn. Surender thanked all the people who supported the RCSS for success of the initiative.

SPEAKER MEETING ON 21-08-2010



Speaker Narasimham addressing RCSS

Speaker meeting was arranged at Hotel Marriott on 21-08-2010 at 08-30 AM. The meeting was Presided by Rtn, Surender, President. The Speaker and Guest Mr. Narasimham was invited to Dais and was escorted by Rt. Chandrasekhar PP. The meeting commenced with welcome address and opening remarks by President. Thought for the day was given by Rt. Vaman. Fellowship announcements were made by Rtn. Ramayya. Secretarys announcements were made by Rtn. Mudit. The speaker was introduced by Rtn Vaman. The speaker, Mr Narasimham initiated his lecture starting from childhood and paintings done during school days. Then he went on to elaborate projects undertaken by him in India and in Gulf countries. He made a point and established that anybody can make a mark if he pursues his talents. By the end it was clear that his contributions especially in Hyderabad are great and second to none. Speaker was appreciated for his simplicity and outright approach to profession.

Vote of thanks was proposed by Rtn. Ajit Gandhi. Memento was given to speaker by President. The meeting concluded with last laugh by Rtn. Ravindranath.

LOVE MY FOUNDATION DISTRICT EVENT HELD ON 25-08-2010

District event LOVE MY FOUNDATION was organized by Rotary club of Hyderabad East On 25-08-2010 at Hotel Marriott from 06 PM onwards on the occasion of Visit of Rtn. Carl Stenhammer, Chairman of Trustee and RI past president and wife Monica. Rtn. Ashok Mahajan Director Rotary international, Rtn. Rajyalakshmi DG, Rtn. Dr. T. Vijayender Rao PDG and Rtn. D K Anand DG elect participated in the event. Prelude to the meeting fellowship was organized for interactions and greetings amongst fellow Rotarians. Rtn. Ravi vadlamani as usual entertained the gathering with his vibrating voice, with and humor and praising the donors to foundation name by name till meeting commenced.

Host club president Rtn. D. Madhubabu welcomed the invitees and guests. Chief guest Rtn. Carl and RI Dir. Ashok Mahajan and Rtn. Rajyalakshmi DG and others were invited to Dais.

Rtn. Rajyalakshmi addressed gathering and assured maximum contributions to the Rotary foundation. Rtn. T. Vijayender Rao District Foundation chair appealed to the audience for liberal donations. Rtn. Ashok Mahajan elaborated on foundation and the necessity to contribute to the same with love. Chief guest Rtn. Carl delivered his address and gave many a details of activities of the Rotary foundation. He appealed to all the people to contribute liberally for annual giving and polio fund.

Rtn. Dr. Surender, President of RCSS donated \$ US 1000 to Rotary Foundation on the spot. The gesture was appreciated and he was honoured by Chairman of the Trustees.

It was great treat for the eyes to see when all the major donors and Paul Harris society members were honoured by Rtn. Carl personally.

On the whole the event was electrifying with the feeling of love for the foundation and giving to the foundation. The event concluded with cocktails and good dinner.



Our Founder President at Foundation



Our President being honored at foundation

FELLOWSHIP AT LUDUS F3 ON 29-08-2010



Rotarians at ludus F3 fellowship



Annas at Fellowship

Fellowship was organized at LUDUS F3 located in Madhapur area on 29th August 2010 from 05-30 to 09-30PM. The fellowship was hosted by Rtn. Shruvan Malani, Rtn. Ashwin Niveti and Rtn. Srinivasa Raju.

Attendance and participation by Rotarians and their families apart from large No. of guests has given a different feeling of colourful festival. All the participants played enjoying Beach Volleyball, Gully cricket and especially Paint ball, Children played X box games. Women also played cricket and volleyball and enjoyed.

Snacks and food was lip smacking and finger licking. Ambience was very different and all were spending time merrily chatting, joking and enjoying. On the whole the fellowship was wonderful and well hosted by all the three hosts and was ably guided by Rtn. Lokesh. Efforts made and planning for the fellowship was visible to make the event a great success.

President thanked all the three hosts and mementos were presented to all the three hosts. The evening ended with great joy and appreciated by all.

AN EVENING WITH RTN RAMANARAYAN-ON 04-09-2010



Members at Rtn Ramnarayan House, No Ur rotarian.



Rtn Ramnarayan giving Presentation

Rtn.Ramanarayan hosted the event at his house located in Karkhana area .Rotarians of our club lead by Rtn. Surender, President were received and welcomed by the hosts with warmth and affection. After preliminary interactions and fellowship Rtn Ramanarayan gave power point presentation covering his personal life,his professional achievements as well as his hobbies Etc.This was followed by interesting interactions to know more about Rtn . ramanarayan and his profession. This was further followed by cocktails and sumptuous dinner. Rotarians enjoyed the dinner and cocktails. Height of the event is dancing by all the Rotarians including the host who has comeout as excellent dancer. By the end of the program it was clear that Rtn. Ramanarayan is a multifaceted personality, thorough professional, a great achiever apart from being a great host. Memento was given to the host as token of appreciation.

INAUGURAL FUNCTION OF RO PLANT AT GODHUMAKUNTA ON 08-09-2010



Inauguration meeting at RO Plant

The function was organized at Panchayat office at Godhumakunta. Chartered President of Rotary club of Emory Druid Hills of Atlanta Donor club of RO Plant. Mr Mike Glanton,House representative of Georgia assembly, Rtn.Suresh PDG and others were received by the local people with affection. RO plant with capacity 250 litres was inaugurated by visiting dignitaries from USA after traditional Puja and breaking of coconuts. There after formal meeting was arranged where in Rtn,Shivakumar Coordinating the project welcomed the gathering. Rtn. Suresh PDG delivered his speech and elaborated on the activities of Rotary in the field of community service. Rtn. Mrs. Paddy Sharma explained how this project was conceived through the initiative of telugu people residing in in state of Georgia. Mr. Mike Glanton, House Rep. of Georgia assembly addressed the gathering and declared that he is adopting the village. He donated 1000 US dollars so that poor people who cannot afford to pay for water are given water free of cost. Further he declared donation of 30 desks to the local school. The generosity of visiting political

dignitary was well appreciated by one and all. The process to be followed to run the operation of RO plant was explained by Rtn. Shivakumar. Rtn Praveen supplier of RO plant explained the salient features of plant. Rtn. Dr. Surender President RCSS was named as incharge for overseeing the operations and to take appropriate actions for smooth operations including supply of water to villagers.

Mr.Narender Reddy, Panchayat secretary who was instrumental for this project and other local people thanked the Rotary representatives and visiting dignitaries profusely for the great services rendered to Godhumakunta villages.

REPORT ON MEDICAL CAMP AT MULUGU SCHOOL

Medical camp was organized at Mulugu school. Rtn Kailash Gupta, Rtn Surender organized the camp. Dr. Rajesh, Dentist attended the camp. Dr. Swetha, Eye specialist from Sadharam Eye Hospital attended the camp. More than 160 people (students and public) attended and benefited by the medical camp. 25 people were identified to cataract surgery and they were moved to sadharam eye Hospital for surgery. More than 1000 combo packets containing brush and tooth paste were distributed.Apart from this free medicines were distributes. Special interactive session and counseling session was conducted by Dr. Kailash Gupta for girls of High School for guiding the girl children reg. the special care to be taken by them.The girls were benefited to a great extent. The initiative was very well supported by Ramachandra Reddy Head master of Primary school and the medical camp was highly successful.



Rtn Kailas gupta alongwith Pres Rtn Surender @ Medical Camp

SPEAKER MEETING ON 18-09-2010- SPEAKER MR. KUMAR

The meeting was presided by Rtn Surender, President RCSS. The Guest and speaker Mr K P Chaitanya Kumar was invited to Dais. President welcomed the members and the chief guest. He briefed the gathering regarding the success story of RO plant inauguration at Godhumakunta village by the visiting Roarians and Dignitaries from USA. Further he mentioned about the donation of 1000 US dollars and 30 Desks for school by visiting dignitaries. Thereafter the usual fellowship announcements, Secretaries announcements and Rotary information followed.

After formal introduction Mr. Kumar delivered his address speaking on climate changes happening and the initiatives taken by him to counter and lessen the evil effects of climate changes. He elaborated the awareness campaigns conducted by him at villages and towns especially involving youth. He further explained how he is raising the levels of campaigns to political level to encourage Govt to initiate counter measures against evil effects of climate changes. Rotarians were impressed with the talk and lively interactions followed. The speaker was given memento as token of respect.

The meeting was adjourned with last laugh.

REPORT ON CLUB ASSEMBLY HELD ON 25-09-2010

The club assembly was arranged at Hotel Marriott. The assembly was presided over by

Rtn. Surender, President. After usual activities of Fellowship announcements, Secretary's report and Rotary information President briefed the gathering with the activities undertaken by the club during September 2010. He stressed on the high success of tree plantation drive at Mulugu school, Inauguration of RO plant at Godhumakunta and Medical camp at Mulugu school. He exhorted the Rotarians to involve more in the activities of RCSS.

After Discussion decision was taken to form sub committee to look after the adopted school at Dowton. Discussion was initiated on payment of subscription for club. Response was positive. The meeting ended with and last laugh.

SEVEN TYPES OF WEALTH

Have you heard about rich people who are not happy at times?

Do you know about those people who have a very good job, they are earning well but complaining that they are not happy? Who is a wealthy person? Do you think that a person is wealthy when he or she has lots and lots of money?

I think there is more to wealth than money only.

We all are wealthy in one way or the other. Really Believe me! In my view, a wealthy person is always happy. Why? Because there are seven types of wealth:

1. Inner wealth:

Having a positive mental attitude is a type of wealth. Positive people with positive outlook of the world can be happy – Always.

Try this: Have a positive mental attitude and try to be sad at the same time. I don't think it's possible. With positive attitude, life appears to be positive. Inner wealth really helps.

2. Physical wealth:

Health is wealth! A person who is not healthy cannot enjoy life. If you want to learn importance of wealth, ask some one who is not feeling well.

3. Family wealth:

Do you have loving parents or a caring brother or sister or friends who can come to your help at any time you want? Family and friends are another form of wealth.

4. Career wealth:

When we reach at the top of our career, we feel a sense of fulfillment. This is another type of wealth.

5. Economic wealth:

Money is not the only important thing in life but it is one of the important things and hence, it is needed. Some one said: The more I have, the more I can give. So, earn more to give more.

6. Adventure wealth:

We feel happy when we visit new place or meet new exciting people. We feel happy when we are able to take a challenge and deliver more than expectation. Adventure is another form of wealth

7. Impact wealth:

What is our mission in life?

What is the impact we can make on our environment? Can we do some thing to improve life of people who need our support or help? Think about it. People who have impact around their environment show that they have impact wealth.

So, next time, think that you are wealthy when you have inner wealth. When you have a caring family or caring friends or when you are healthy or when you progress in your career you are wealthy! Think and thank!

Snapshots



Banner of Installation Nite



Masters of Ceremony Rtn Samir and Ann Ritu



President Surrender being installed



Secretary Amamath receiving Charter



Secretary Amamath Information month long program



RCSS Members, Guest and their family present on Installation nite

THE OTHER SIDE

"A Father was reading a magazine and his little daughter every now and then distracted him. To keep her busy, he tore one page on which was printed the map of the world. He tore it into pieces and asked her to go to her room and put them together to make the map again. He was sure she would take the whole day to get it done. But the little one came back within minutes with perfect map.

When he asked how she could do it so quickly, she said, 'Oh Dad, there is a man's face on the other side of the paper. I made the face perfect to get the map right.'" she ran outside to play leaving the father surprised.. "

Moral : There is always the other side to whatever we experience in this world. This story indirectly teaches a lesson. whenever we come across a challenge or a puzzling situation, look at the other side... You will be surprised to see an easy way to tackle the problem... Always have a positive attitude in life. Even a stopped watch is right twice a day...