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From the Editor's Desk

There are two compelling reasons for reviving our magazine. First reason is that April is the Magazine Month in the Rotary Calendar and the second and more important reason is the sheer amount of good work done by our rotary club which would otherwise go unreported to the rotary world as well as to lot of our own club members.

When I look at the year in retrospect our club has done unprecedented work in four areas namely Community Services, International affairs, Fellowships and Speaker Meetings. I wish to cover one area in each issue of the magazine.

As you might have noticed we have changed the format/outlook of the magazine and wish to have more active participation/contributions from each and every member to make it meaningful. I wish to

have a column which speaks about the contributions of our members in the world around them (might be related to Rotary or not).

This can happen only if the members are forthcoming with events in their life (Events in which they have reached a milestone or overcome a hurdle or the event having a profound impact on their life).We would definitely like to hear from each and every member of our club.

As any editor I would like to have Bouquettes and Brickbats (Bouquettes to give me inspiration and brickbats to avoid pitfalls in the future and improve the overall quality of Sunrise Times). We would also like to dedicate a section to our Rotary Anns and Anettes for articles of their interest preferably written in their own words.

I do agree that critically looking at the workings of an organizations are important for the overall healthy growth of the organization. Let us work towards filling the lacunae and avoid being pessimistic. Sunrise is know in the rotary world as a young, vibrant, dynamic and fun loving club with a big potential. Let us all work with these ideals to take RCSS to greater heights.

RC SEC' BAD SUNRISE LAUNCHES I F C R

Rtn KRP Sarathy (Director, Youth Services/International Relations) was been given the responsibility of building International Relations in our club. The best way of doing that was through the medium of sports, which speaks common language around the globe.

Browsing the Website of Rotary International, he chanced upon the topic of 90 odd Rotary Fellowships out of which CRICKET was one. Coincidentally Sunrise is know for its passion for Cricket. Thus the spark was ignited. With the encouragement of Past Presidents of the club and our GSR Rtn C. Suresh, Sarathy started crystallizing the idea of IFCR (INTERNATIONAL FELLOWSHIP FOR CRICKET LOVING ROTARIANS)

Of the many recreational and vocational fellowships that Rotary have helped to establish,the CRICKET FELLOWSHIP is the only one that is truly a TEAM game.It is designed to bring together Rotarians from across the world who share a common love for the game of Cricket.So when you combine the fellowship of Rotary with the unique values that cricket provides you have a magic formula that provides true International fun and friendship.



The I F C R has five(5) main aims.

- 1)To allow cricket playing countries to tour each other countries and share hospitality and recreation whilst also seeing local sites and experiencing different cultures.
- 2) To get-together once every two or three years in a world festival of cricket and fellowship.
- 3) To arrange cricket matches within each country and district and to also encourage Rotarians who may have given-up the game to get back playing.
- 4) To arrange social events and fellowships for cricket loving Rotarians and families who cannot play or no longer play the game but have lost none of their passion to watch and talk about it.
- 5) To take the game to other Rotarians who know nothing of the game or who reside in a place or country where the game is not widely played.

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As part of above activity, regular practice sessions are being held (about 15 practice sessions during the last six months) in which Rotarians from all cricket active clubs participate. A number of cricket games were also played which included inter club games, combined club games and games with non Rotary clubs also. One flood-lit game against a high profile team consisting of top Police Officials, Bureaucrats and Journalists was also played and covered in leading News papers as part of PR exercise. This game lasted until late in the night (well past Mid-night) but the Rotary families stayed put on the ground to encourage their team. The cricket spirit was at its best. Even in the recently held Twin Cities Rotary Sports meet in our Dist, cricket tournament was the cynosure of all eyes and Rotary Club of Secunderabad Sunrise beat RC of Ameerpet by 5 wickets in an exciting finals played at RRC grounds, Secunderabad on 12th Feb 06, thus lifting the coveted Trophy.



Having been drafted now from DIST 3150 as member of IFCR world fraternity, we have the opportunity to interact with IFCR members of Australia, UK, Pakistan, South Africa, New Zealand and Srilanka.

Rtn Sarathy was invited to Chennai during the visit of SRILANKAN Rotarians there, as part of their annual exchange of visits to play cricket games with each other. He had an exhilarating experience of fellowship thru Cricket. He then realized how IFCR ideals could really cut across the boundaries of the world. We have a standing invitation from IFCR Sri Lanka to take a team from our District there.



Meanwhile on our invitation a cricket team from IFCR Chennai (consisting of members from five Rotary Clubs) visited Hyderabad from 17th to 19th Feb 06 and we had two exciting games, a Day/Night game on our Club Fellowship night at Glendales Academy (Chilkur Road) with Secunderabad Sunrise on 17th Feb and a game between IFCR Chennai and IFCR Hyderabad (consisting of players from RC Hyd Deccan, RC of Ameerpet, RC of Secunderabad and RC of Secbad Sunrise) on 19th Feb 06 at Rajiv Gandhi International Stadium at Uppal. Both the games were won by the Hyderabad teams against a strong Chennai team, thus confirming the tremendous potential available for cricket in our District.

The game at Uppal stadium was attended by Dist. Governor Rtn. D. Goutham, PP Rtn. C. Suresh, Dist. Secy Rtn. Gopal Reddy amongst other officials. Rtn. SK Verma President RC SECBAD SUNRISE, Rtn. Vaman Rao Asst. Governor and rest of the enthusiastic members of Secbad Sunrise who sponsored the event were present. Eminent Sports Personalities like Sri. Mukesh Kumar (Former India Captain and Hockey International), Shri. John Manoj (former State cricketer and now

running a premier cricket coaching Institution) and last but not the least Mrs. Jayanthi Jaisimha and Vidyut Jaisimha from the famous cricketing family of Hyderabad (who are also promoting an Indoor Coaching academy aptly named ML Jaisimha Indoor 365 Cricket Academy) were honoured with Vocational awards for Excellence for their unstinted efforts for sports development amongst youth of our State.

IT WAS A HISTORIC OCCASION WHEN A ROTARY TEAM FROM ANOTHER STATE VISITED OUR DISTRICT FOR THE FIRST TIME TO ENJOY AN EXHILRATING CRICKET GAME AND FELLOWSHIP. REACTING TO THE RESPONSE FOR CRICKET IN OUR DISTRICT, IFCR CHENNAI HAS INVITED A TEAM FROM OUR DIST. TO TAKE PART IN THE TOURNAMENT TO BE ORGANISED IN CHENNAI DURING END SEPT 06 IN WHICH AN IFCR TEAM FROM BRITIAN (UK) HAS ALREADY CONFIRMED THEIR PARTICIPATION. IT WOULD BE INDEED A GREAT INTERNATIONAL FELLOWSHIP.

Incidentally I F C R has also been contributing greatly to COMMUNITY SERVICE PROJECTS, the ideas for which are conceptualised during the above mentioned fellowship games. Meaningful projects, which have thus resulted, were a great boon to Earthquake/ Tsunami victims of recent times.

Through I F C R we can achieve our aims of FUN, FELLOWSHIP, INTERNATIONAL RELATIONS and last but not the least COMMUNITY SERVICE. We are now looking forward to field a team from District 3150, in the next world cricket festival to be held in Srilanka during Aug 2007.



Put your hand on a hot stove for a minute, and it seems like an hour. Sit with a pretty girl for an hour, and it seems like a minute. THAT'S relativity. -Albert Einstein

BALANCING THE ROTARY EXPERIENCE

“ ROTARY ” The word connotes varied meanings for each one of us. For our hard working Rotarians it’s a platform to shoulder Social Responsibility...for our lovely Anns the Fellowships are indeed an amazing place for lot of “gup shup : ghar ghar ka sachin har sunday ko cricket bol ke gayab ho jata hai”...For annets the outings are masti time all the way out...meeting theirs friends at Rotary- wow rotary outing rishi, vidhu , ashu, kirti, gunnu, sue, anu....tina mina, rita, neeta , raju, laddu, bittu..sabse milna aur khelna!
The multi dimensional and multi faceted learning experience that Rotary brings to our lives is indeed remarkable. Being a Finance Grad here’s what I would call the Rotary BALANCE SHEET!

LIABILITIES	ASSETS
1) Two Hours on a Saturday Morning	1) Loads of Satisfaction on contributing to Society
2) Few Hours of Hard work and time to make the projects /fund raisers and other events successful	2) Feeling of Accomplishment on completing projects
3) “ SUSPENSE A/c” **	3) Self development
	4) An arena for intellectual interaction and knowledge sharing
	5) Feeling of Oneness
	6) A common platform for people from various backgrounds/ nationalities/ communities (and the list goes on) to interact and get to know more about each other
	7) Loads of fun , frolic and Masti for all age groups
** For the sake of those new to Balance sheets : A balance sheet should always tally but in our Family that we call “ Rotary” there is more to Gain than Give and hence the “suspense account “.	

Shilpa P Sarathy

The Pretty Lady & Two monks

Once upon a time a big monk and a little monk were traveling together. They came to the bank of a river and found the bridge was damaged. They had to wade across the river. There they found a pretty lady stuck at the damaged bridge who couldn't cross the river on her own. The young monk offered to carry the pretty lady across the river on his back. The lady accepted. The old monk was shocked by the move of the young monk.

"How can big disciple brother carry a lady when we are supposed to avoid all intimacy with females?" thought the little monk. But he kept quiet.

The young monk carried the lady across the river and the small monk followed unhappily. When they had crossed the river, the young monk let the lady down and they parted ways with her. All along the way for several miles, the old monk was very unhappy with the act of the young monk. He was making up all kinds of accusations about the young monk in his head. This got him madder and madder. But he still kept quiet. And the young monk had no inclination to explain his situation. Finally, at a rest point many hours later, the old monk could not stand it any further, he burst out angrily at the younger monk.

"How can you claim yourself a devout monk, when you seize the first opportunity to touch a female, especially when she is very pretty? All your teachings to me make you a big hypocrite."

The young monk looked surprised and said, "I had put down the pretty lady at the river bank many hours ago, how come you are still carrying her along?"

This very old Chinese zen story reflects the thinking of many people today. We encounter many unpleasant things in our life, they irritate and make us angry. Sometimes, they even cause us lot of hurt or make us bitter. But like the old monk, we are not willing to let them go away.

We keep on carrying the baggage of the "unpleasant memory" with us. We let them keep on coming back to hurt us, make us angry, make us bitter and cause us a lot of agony. Why?

Simply because we are not willing to put down or let go the baggage of the "unpleasant memory/feelings". We should let it go immediately after the unpleasant event is over. This will help in removing the agony.

Globalization !!!!

We hear a lot about globalization these days. A perfect example is as follows.....

Question: What is the height of globalization?

Answer: Princess Diana's death

Question: How come?

Answer: An English princess with an Egyptian boyfriend Crashes in a French tunnel, driving a German car with a Dutch engine, driven by a Belgian Who was high on Scottish whiskey, followed closely by Italian Paparazzi, on Japanese motorcycles, treated by an American doctor, using Brazilian medicines! And this is sent to you by an Indian, using Bill Gates technology which he stole from the Japanese. And you are probably reading this on one of the IBM clones that use Taiwanese-made chips, and Korean made monitors, assembled by Bangladeshi workers in a Singapore plant, transported by lorries driven by Pakistanis, hijacked by Indonesians and finally sold to you by Chinese!

Globalization !!!!!

The Four-Way Test

Of the things we think, say or do :

- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER FRIENDSHIPS ?
- Will it be BENEFICIAL to all concerned ?

Sunrise Wishes

Birthdays

08th May - Himanshu (s/o of S K Verma)
14th May - Seema (w/o Anil Goyal)
14th May - G. Nikhil (s/o Srinivas Gumidelli)
15th May - Vrinda (d/o Vikrant Mohan)
17th May - Kanchan (w/o Sanjay Dolwani)
21st May - Mamta (w/o Sandeep Jhawar)
30th May - Ritu (w/o Shri Kant Rathi)
31st May - Suesha (d/o Narender Gauri)

Anniversaries

17th May - Monica and Rajnesh Gossain
17th May - Asha and Pawan Tibrewala

Difference Between Focus on Problems, and Focus on Solutions !!

When NASA began the launch of astronauts into space, they found out that the pens wouldn't work at zero gravity (Ink won't flow down to the writing surface). In order to solve this problem, they hired Andersen Consulting (Accenture today). It took them one decade and \$12 million. They developed a pen that worked at zero gravity, upside down, underwater, in practically any surface including crystal and in a temperature range from below freezing to over 300 degrees C.

and what did russians do.....

The Russians used a Pencil !!!

So, learn to focus on solutions not on problems "If you look at what you do not have in life, you don't have anything
If you look at what you have in life, you have everything."

Brain Teasers

1. If you put a coin in an empty bottle and insert a cork into the neck of the bottle, how could you remove the coin without taking the cork out or breaking the bottle?
2. Why is it better to have round manhole covers than square ones?
3. You want to send a valuable object to a friend securely. You have a box which can be fitted with multiple locks, and you have several locks and their corresponding keys. However, your friend does not have any keys to your locks, and if you send a key in an unlocked box, the key could be copied en route. How can you send the object securely?

The first person to Email me the correct answers will be awarded with a Gift and also have his name published in Sunrise Times.

Smile



"Nurse, get on the internet, go to SURGERY.COM, scroll down and click on the 'Are you totally lost?' icon."

With Best Compliments from



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